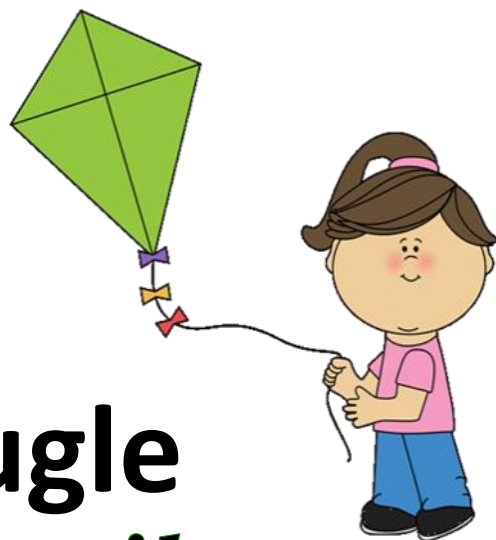




Burnett
County

4-H Bugle

April 2023



A Note from the Educator -

Beth Rank

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4-H has a unique culture that can be quite confusing for adults and youth who are new to the program. We can take steps, however, to break down cultural barriers that may be present so that the 4-H program is seen as a more welcoming, inclusive organization. Culture includes:

- Expectations for member's behavior (spoken or unspoken)
- Rules, rituals, and language
- Set of commonly held beliefs and attitudes

Culture helps define who we are and creates a sense of belonging for those who understand and are familiar with it.

However, culture can also be a barrier to expanding the program. People unfamiliar with the rules and rituals of the group appear as outsiders ... and feel like outsiders.

4-H Culture should include

- a positive relationship with a caring adult
- a warm, friendly environment
- opportunities to master skills
- opportunities for youth to fully participate
- and chances to provide service to others.

Techniques to overcome barriers during 4-H meetings include:

- posting words to the 4-H Pledge
- distributing agendas
- seeking new member input
- providing volunteer and officer contact information
- welcoming new members openly

The 4-H culture provides a unique bonding opportunity. We need to remember that the unity we feel may keep others from feeling welcome. Bringing new members to our shared experience should always be a goal.

Article adapted by Beth Rank from: <https://extension.purdue.edu/4-H/docs/volunteer/resources-and-development/volunteerin-4-h-toolkit/2007/4-h-cultural-awareness-fact-sheet.pdf>



Calendar

APRIL

- 1 2023 Summer Academy Registration opens in 4-HOnline
- 3 Food & Clothing Revue Registration **DEADLINE IN 4-HONLINE**
- 7 Good Friday, *UW-Extension Office Closed*
- 8 Horse Project Meeting, 4pm, Gov't Center
- 9 Easter
- 10 Summer Camp Staff Application **DEADLINE**
- 13 Archery Project Meeting, Webster School
- 17 Leaders' Association Meeting, 7pm, Gov't Center
- 20 May Bugle Submission **DEADLINE**
- 22 Earth Day
- 23 Food & Clothing Review, Shell Lake School 1:00 pm
- 27 Archery Project Meeting, Webster School
- 30 Record Book Progress Party hosted by Jr Leaders 2-4pm, Gov't Center
- 30 Jr Leaders' Meeting 4pm

MAY

- 6 Fishing Opener
- 10 Summer Camp Counselor Meeting, zoom
- 14 Mothers' Day
- 15 Leaders' Association Meeting, 7pm, Gov't Center
- 19 Siren Graduation
- 19 Grantsburg Graduation
- 20 Webster Graduation
- 20 June Bugle Submission **DEADLINE**
- 29 Memorial Day, *UW-Extension Office Closed*

JUNE

- 17 Interstate Livestock Youth Show, Polk County Fairgrounds
- 11 Jr Leaders' Meeting
- 17 Interstate Livestock Show, Polk Co Fairgrounds
- 18 Fathers' Day
- 19 Leaders' Association Meeting, 7pm, Gov't Center
- 19-21 Summer Academy, UW-Madison
- 20 July Bugle Submission **DEADLINE**
- 28 Area Animal Science Days, Barron County

Office Hours

Beth Rank is now in a split position between Burnett and Washburn County serving the county 4-H programs. For now, please call or email before driving to the office to meet her. She occasionally works remotely as needed. She can be reached via email at beth.rank@wisc.edu or call her cell at 608-347-6994. Tammy is in the Land Services Office Monday - Friday from 8:30 am until 4:30 pm.

Bugle Submission

Deadline

The **DEADLINE** to submit all *Bugle* articles, news, photos, etc. is the 20th of the month. Please drop your items off at the office or email Beth Rank.

Cloverbuds

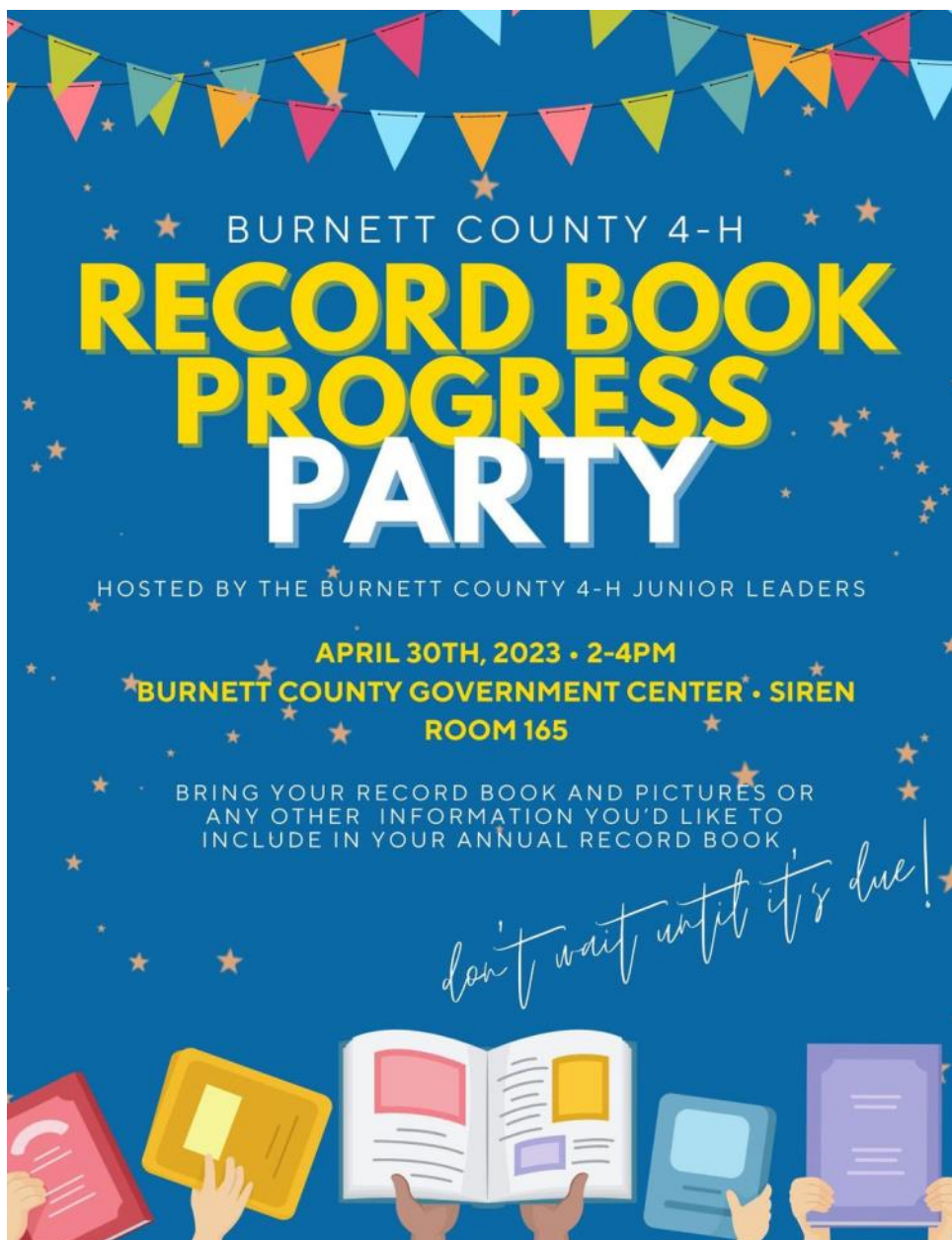
Cloverbud Activity/Record Books will be mailed to members as they enroll in the 4HOnline system. If you do not currently have a Cloverbud Book but are enrolled and need to get one, please contact Tammy Johnson at 715-349-2109 or email her: tjohnson@burnettcounty.org. Cloverbud lessons are offered at club meetings or can be completed independently.

Summer Camp

Burnett, Douglas, & Washburn Counties 4-H Summer Camp will be Tuesday-Thursday, July 11-13, 2023 at Luther Park Camp in Danbury, WI. The cost will be \$140/person with 50% camperships available. Registration link coming soon.

Crex Outdoor Skills Day Camp

An Outdoor Skills Day Camp is being planned for Monday, August 14th 9am-3pm. This day camp is being planned for youth in 3rd grade and up at Crex Meadows Wildlife area near Grantsburg. Activities include challenge course, archery, and more! Registration link coming soon.



Summer Camp Staff

Beth and the Camp Committee are seeking youth who want to serve as camp staff for Summer Camp and/or Day Camps throughout the summer. Applications are due April 10, 2023 via Google Form. <https://forms.gle/eCsWq2ABC1NW2HRX7>

Record Book Progress Party

Burnett County 4-H Jr Leaders are hosting a Record Book party on Sunday, April 30th from 2-4pm in Room 165 of the Government Center. Come learn about Record Books, get forms, binders, and everything you need to be successful in completing your book in 2023. Start your book if you haven't already or continue the work you've already started. Snacks will be provided!

Summer Academy

Here is an exciting new twist on the old 4-H & Youth Conference. Summer Academy will be focused on youth sparks and has seven different tracks to select from. Each year's tracks will be slightly different, so attending yearly while youth are eligible (open to grades 7-10) is an option. It's worth checking out for only \$350 for a four-day, three-night conference in Madison. Transportation will be provided from central locations throughout the state.

We want to encourage all age-eligible youth to explore the Summer Academy if they are eligible.

Registration opens April 1st in 4-HOnline.

Scholarship for Educational Experiences

Thanks to the Wisconsin 4-H Foundation, Wisconsin 4-H can now provide need-based scholarship opportunities for those looking to participate in Statewide Educational Experiences! The funds are separate from any county-specific scholarship, any youth may apply. Scholarship form can be found here:

<https://4h.extension.wisc.edu/opportunities/statewide-events-and-opportunities/statewide-scholarships/>

Food & Clothing Revue

The Tri-County Food & Clothing Revue will be on Sunday, April 23, 2023 at the Shell Lake School Commons & Auditorium starting at 1pm. Registration is open in 4-HOnline and will remain open until the [registration deadline, April 3rd in 4-HOnline](#). This event is open to anyone in Food & Nutrition, Clothing, Knitting, or Crocheting projects.

What is the Foods Revue?

The Foods Revue gives participants the opportunity for youth to showcase a food related activity or experiment and discuss the results; and to show off their creative table setting skills (if you've ever dreamed of owning or designing a restaurant, this event is for you!). There are two ways to participate.

Action Exhibit/demonstration: Select food activity or experiment and set up as an action exhibit.

Table Setting: Display a complete place setting of a nutritious meal or snack, displaying one prepared food and a menu. Themes are encouraged!

What is an Action Exhibit? An action Exhibit is a demonstration related to food. It can be a demonstration about how to make something. It can be a food related science experiment. It can be a demonstration about food safety. As long as it relates to food and is an engaging demonstration, it works!

What is a Table Setting? A table setting is a great way to express your creativity. Youth create a single place setting based around a theme. They also prepare a single dish that fits the theme for the judge to try. Additionally, youth prepare:

- Recipe card, with the recipe of the food you prepared.
- A complete menu (as if you were serving a full meal)
- One complete table setting and centerpiece (arranged in an attractive display)
- Your prepared food product (Bring only one prepared food) and proper utensil to serve your food (the judge will try this)

Reach out to Beth to see the sample score sheet to help you prepare for Foods Revue. Your display will be judged Face to Face and you will receive a ribbon. Special Awards may be given.

What is the Clothing Revue?

The purpose of the 4-H Clothing revue is to give Clothing, Knitting, and Crocheting project members the opportunity to show off the wearable items they have made!

Youth will model the outfit they made then receive constructive feedback on the overall look from a judge (reach out to Beth to see judging sheet for criteria). This is less about clothing construction and instead focuses more on how to items fits the person. Members can make items for themselves or others to model.

The Garment Description forms need to be turned in prior to the event, or can be sent with registration.

The purpose of the 4-H Clothing Revue is to put the spotlight on youth sewing, knitting, and crocheting. They are scored on the overall look of the outfit(s) they have sewn.

Both events are considered pre-fair events and if included in your Fair Entry submission prior to the fair and create a poster about the experience, you can get both 4-H Adult Leaders' premiums AND Fair premiums!!

Also, Foods & Nutrition members who have been in the project for two years may be eligible to receive the Foods Award at Achievement Celebration if they participate in the Foods Revue.

Ag Society Fair Updates for 2023

- The Burnett County Ag Society Fair is preparing now and wants to spread the word that they will be using the Fair Entry system at the 2023 fair. Fair entries will be submitted through 4-HOnline for enrolled 4-H members and non-4-H youth and adults will need to create an account online to enter their items for the fair. The Fair entry deadline (2 weeks prior to the fair) will be firm this year to give Coke and Bruce enough time to prepare everything using the new system.

- Entry tags will be available on Wednesday night of fair week. Fair tags will have a barcode and there will be scanners used to check in, during judging, and at check out for all entries.
- Please use the new email address to communicate electronically with the Fair Board. It is gburgfair@gmail.com.
- The fair will be replacing the rabbit and chicken cages in that barn thanks to a grant from Compeer Financial. If you have any suggestions for good cages, please email Fairboard at gburgfair@gmail.com
- The fair would like 4-H to help promote the fair. They want to create a sign contest. The fair will provide the 4'x8' sheet of plywood and paint for each club. Participating clubs would make a sign and put it up on a major Burnett Co Hwy one month before the fair. The sign must contain:
 - Fair name
 - 4-H club name
 - Fair dates
 - Fair theme

Voting for prizes will take place during the fair using photos of each sign. It will be a people's choice contest. For more information, contact the fair board.

- Kids Day at the Fair (Saturday) is looking for a few clubs or projects to organize activities. The fair has someone to sponsor a milk drinking contest but needs help running it. They are very open to ideas and have funds available to increase the number of kids who come to the fair.
- Fair Food Stand will be operated in a similar way as 2022 with the same people coordinating it.

Wildlife & Woods Virtual Classes

Wildlife and Woods is Wisconsin 4-H's statewide natural sciences, wildlife, and forestry monthly, virtual event.

Outdoor enthusiasts connect with other 4-H youth of all ages from around the state. Together, we explore the natural world with a special focus on wildlife, wildlife habitats, and trees. Participants learn about wild places across the United States

following the 4-H Wildlife Habitat Education Program (WHEP) and the 4-H Forestry Program. Materials are designed for all ages and knowledge levels, so everyone can benefit. Since the sessions are co-presenter by youth and adult leaders, the youth leadership opportunities are plentiful.

Youth leaders research about wildlife, trees, management concepts and management practices; prepare slides; lead activities; present topics from slides; record videos; or read announcements. Youth leaders also meet virtually the week before for prep and practice. Being a part of this team is great preparation for WHEP and Forestry competitions. For more information or to join the Wildlife & Woods Leader Team, contact: Lee Delcore and Kerri Ast wi4hwildlifeforestry@gmail.com

To register for the virtual sessions, log into your family account in 4HOnline. Under the EVENTS tab look for "Wildlife & Woods Virtual Series," register and then you will receive an email with the Zoom link. Registration is open until 6:30 the night of each session. If you need help registering or are registering as a participant, please visit the VLC website here.

Mark your 2023 calendars for the fourth Wednesdays, 7- 8 pm.

- May 24

4-H & Webster Library Summer Reading Program

Webster Library Summer Reading Program is open to having Burnett County 4-Hers either attend or assist with programming. Connect with Sheryl Summer at the Larsen Family Public Library for more information or to make arrangements. The summer reading program theme is "We are all in this together!"

4-H Horse

April 8th 4:00pm 4-H Horse project meeting will be on equine first aide. We will be building first aid kits for the horses. For more specifics or to let Rachael Trittelwitz know you are planning to attend, email her at rtittelwitz@gmail.com

TEACHING SHOW

SATURDAY, APRIL 29

BARNEY CENTER
1000 E. MONTGOMERY
SPARTA, WI



The Fur, Fin and Feather Show is open to all youth in grades 3-13. There are some classes available for K-2nd. The show gives our youth an opportunity to show their rabbits, poultry, cats and small pets, with face-to-face judging. They get pointers and learn hands-on about their animal and how to improve when showing at the fair.

In addition to the animals, there will also be a poster and an animal photography show. Join us for educational sessions, a poster exhibition, and raffle fundraiser. Lunch will be available for purchase.



SMALL PET & CAT SHOW

Cats, birds, reptiles, amphibians. Youth judged on knowledge, care, health. Cat vaccination cert. required.



POULTRY SHOW

All breed/type show. Showmanship competition. Testing paperwork required.



RABBIT SHOW

All breed/type show. Showmanship and breed judging competition.

To Enter Online: <https://forms.gle/ocAG42U62SMXUR6b7>

The Teaching Show is hosted by La Crosse, Monroe, Richland and Vernon County 4-H. Full rules, regulations, and paper entry forms can be found: <https://vernon.extension.wisc.edu/4-h-youth-development/4-h-opportunities/>



Youth Rabbit Clinic

April 15, 2023

10:00 a.m. Start Time

Bloomer High School Ag Room
1310 17th Ave, Bloomer WI



This clinic is for any youth and their parents, who wish to learn more about rabbits for pets, 4-H, FFA or just regular shows.

What will be covered:

- Housing and care
- Rabbit Body Types and Fur Types
- Feeding
- And So Much More through discussion, breakout sessions and booths.
- Diseases
- Showmanship
- Breeding and Kindling

Each family will receive a packet of information on rabbits to take home.

There will be rabbit bucket raffle. Each youth that is pre-registered will receive a chance to win a pedigreed, showable rabbit.

Cost is \$15 for first youth and \$5 for each additional youth in the family. This cost covers lunch and materials. Pay at the event cash or check.

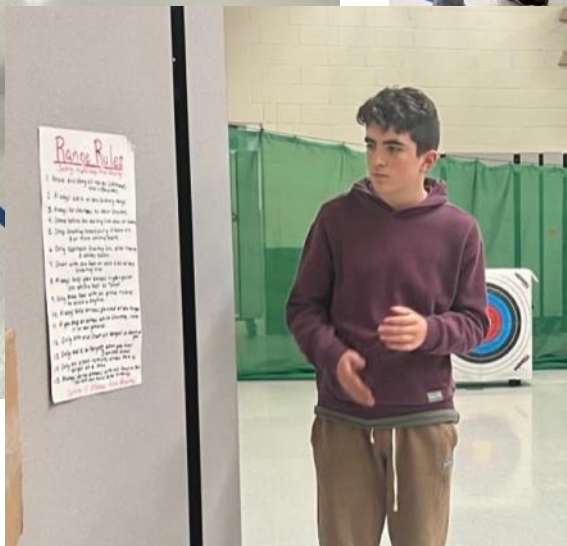
RSVP by emailing names and ages of youth attending and feel free to include one thing you would like to learn about rabbits. Please email Shelly Longdo at longdos@hotmail.com or text Shelly at 715-704-0134 for any other information.

Archery Project Meetings

Archery project meetings are being held on the 2nd and 4th Thursday of every month in the Webster Elementary School Cafeteria from 5:45-6:45pm for youth in 3rd grade and up. Project leadership is using the app Band to stay connected to project members. For more information reach out to Anna Treague (treaguea@gmail.com) or Avery Pope (bushlandapeckfarmwi@gmail.com).



Photo credit: Betsy Kelley



Youth get time to review range safety, document growth in their abilities, and best of all they get time to experience archery hands on!

Do. Reflect. Apply.

LEGO Meet Ups

Calling All Master Builders! Our LEGO Club is back and we'd love for you to join us at our project meet up and challenge days.

Webster Library Meet Ups: 2nd and 3rd Tuesdays 10am-noon

Siren School Meet Ups: 4th Tuesdays 5:30-7:30pm

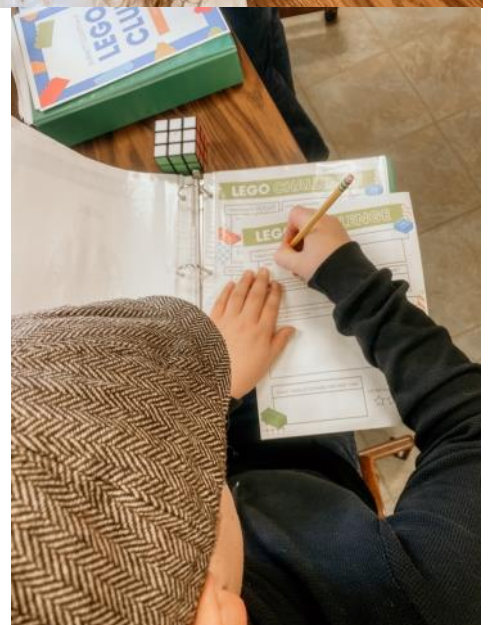
LEGO Club is using the app Band, contact Betsy from Orange 4-H for the link to join.



Photo credit: Betsy Kelley



We want to shout out appreciation for the people who have donated LEGOs or money for LEGOS to help the project continue to grow and welcome new members!





JOIN TODAY

4-H

BURNETT COUNTY



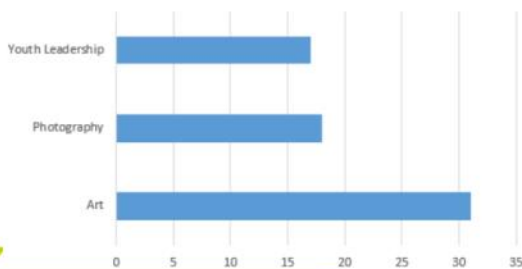
Club Membership

As a community club member, youth choose a club to join and meet with others throughout the year. Each club has a club leader who regularly communicates with members; and in most community clubs youth officers are elected to guide the activities of the club. Burnett County has 4 active 4-H Clubs. Families can join any club at any time, or start a new one! In addition to club activities, members can also choose to participate in organized projects and individual efforts.

Animal ownership not required

The top 3 4-H projects in Burnett County 4-H do not have anything to do with animals. They include: art, photography, and youth leadership. The numbers below represent the number of youth enrolled in each of those projects.

Burnett County 4-H Top 3 Projects 2022-2023



What is 4-H?

Through 4-H, kids and teens complete hands-on projects in areas of interest including: arts, health, science, agriculture, civic engagement, etc. Youth can also build leadership skills and develop life skills. 4-H is unique for each individual as they choose what they want to be involved in and how much time they can commit.

4-H highlights include:

- Open to youth in 5K-12, plus 1 year
- 100 project areas
- Fun for the whole family!!
- Club Activities/Leadership
- County Projects (Cloverbuds, horse, shooting sports, arts, STEM, more)
- County Fair Participation
- 4-H Camps
- Cultural Arts Festival
- Food and Clothing Revue
- In-person hands on learning; and/or virtual learning opportunities
- State & National Experiences



ENROLL HERE
wi.4honline.com

Learn More: <https://washburn.extension.wisc.edu/4-h-clubs/>

Contact us: beth.rank@wisc.edu | 608-347-6994

An EEO/AA employer, University of Wisconsin-Madison Division of Extension provides equal opportunities in employment and programming, including Title VI, Title IX, the Americans with Disabilities Act (ADA) and Section 504 of the Rehabilitation Act requirements. If you need accommodations to participate in this programming, please call Beth Rank 608-347-6994 as soon as possible.



Easter Egg Food Safety

If dyeing Easter eggs is a tradition in your family, make sure to keep food safety in mind as you carry out your annual ritual. Eggs can contain bacteria such as *Salmonella*. Make sure you are handling your eggs correctly, keeping them stored in the refrigerator until ready to use, and following good hand washing practices before and after handling the eggs. If you wish to eat the eggs after dyeing them or hiding them, then you must follow good food safety and food storage practices. The Partnership for Food Safety Education provides the following tips for keeping your Easter eggs safe:

- Only use eggs that have been refrigerated, and discard eggs that are cracked or dirty.
- Be sure to use food-grade dyes. It is safe to use commercial egg dyes, liquid food coloring, and fruit-drink powders. When handling eggs, be careful not to crack them. Otherwise, bacteria could enter the egg through the cracks in the shell.
- Keep hard-cooked eggs chilled on a shelf inside the refrigerator. Be sure your refrigerator is 40°F or less by using a refrigerator thermometer.
- Hide the eggs in places that are protected from dirt, pets and other potential sources of bacteria.
- Remember the two-hour rule. Eggs should only be out of the refrigerator for a maximum of two hours. Make sure the “found” eggs are back in the refrigerator or consumed within two hours.
- Remember that hard-boiled eggs are only safe to eat for one week after cooking.

Sources

<https://preservingfoodathome.com/page/4/>

<https://www.fightbac.org/egg-stra-care-for-spring-celebrations/>



Red Beet Eggs

- 1 cup red beet juice (from canned beets)
- 1½ cups cider vinegar
- 1 teaspoon brown sugar
- a few canned whole tiny red beets (or several slices of beets can be used)

Dilled Eggs

- 1½ cups white vinegar
- 1 cup water
- ¼ teaspoon dill weed
- ¼ teaspoon white pepper
- 3 teaspoons salt
- ¼ teaspoon mustard seed
- ½ teaspoon onion juice or minced onion
- ½ teaspoon minced garlic or 1 peeled garlic clove

Cidered Eggs

- 1½ cups pasteurized sweet apple cider or apple juice
- ½ cup white vinegar
- 6 thin slices of onion
- 1½ teaspoons salt
- 1 teaspoon whole pickling spice
- 1 peeled garlic clove

Sources

<https://www.cdc.gov/mmwr/preview/mmwrhtml/mm4934a2.htm>

https://nchfp.uga.edu/how/can_06/pickled_eggs.html

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Adult Leaders April Agenda

**Burnett County 4-H Adult Leaders' Association
APRIL 17, 2023 7:00 P.M.**

Room 165 Burnett County Government Center, Siren OR via Zoom

CALL TO ORDER

PLEDGE

SECRETARY'S REPORT

TREASURER'S REPORT

REVIEW CLUB WRITTEN REPORTS

REVIEW WRITTEN EXTENSION REPORT

REVIEW WRITTEN JUNIOR LEADER REPORT

REVIEW WRITTEN PROJECT UPDATES

SMART goals 2022-2023-reminder

- Starting November 1, 2022, Burnett County 4-H will increase exposure of 4-H consistently (monthly) to previous, current and future members in 2 different platforms. This can be done via fliers, social media, papers, after school programming and will be worked on by the Jr. Leaders also.
- 4-H members, leaders and 4-H Educator will help new members feel welcomed by focusing on belonging at club meetings, creating a welcome packet for new and prospective members, and adding the two page new member information into the monthly Bugle newsletter that is mailed to enrolled members and leaders as well as emailed and available in 4-H Online and the Extension website.

OLD BUSINESS

Cultural Arts Festival

-Saturday, March 25th 9am-noon Siren High School & Auditorium!

-Review Arts & Crafts conference judging process

-Review overall event and collect suggestions to improve event for 2024

Vacant Land Insurance

Burnett Medical Center – Casual for a Cause donation

ANY OTHER OLD BUSINESS

NEW BUSINESS

Leaders Retreat to plan 2023-2024 4-H year

ANY OTHER NEW BUSINESS

NEXT MEETING: May 15, 2023 7:00 p.m. Room 165 of Government Center





Siren, WI 54872

7410 County Road K, #107

Burnett County Extension Office

UNIVERSITY OF WISCONSIN-MADISON

Extension



Burnett County 4-H Bugle



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Government Center

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Fax: (715) 349-2102

Email: beth.rank@wisc.edu

Website: www.burnett.uwex.edu/4h

Beth Rank, 4-H/ Positive Youth

Development Educator

Julie Yezeck, Nutrition Education Program

Tammy Johnson, Office Support Staff

Burnett County 4-H Leaders Association Executive Committee
Don Strabel: President; Caylin Muehlberg: Vice President
AnnaTreaque: Secretary; Avery Pope, Treasurer

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