



*Burnett  
County*

# 4-H Bugle

*February 2023*



## A Note from the Educator -

*Beth Rank*

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Now is a good time to, if you haven't already, start your 4-H Record Book for the 2022-2023 4-H year. By completing and submitting a Record Book, you become eligible for awards at the Achievement Celebration in November and if you are old enough, you may be selected to receive scholarships to attend educational experiences outside Burnett County. See pictures in this newsletter from the November Achievement Celebration to get an idea of what you might be able to receive.

If you are a new member, or haven't yet received one, the office has a 3-ring binder for you to use to hold your Record Book. Cloverbuds get a 1" black binder and members 3rd grade and up get a 2" green binder. Please contact Tammy in Land Services Department to make arrangements to pick one up.

Record Book forms for members 3rd grade and up are available to be printed and picked up or on our website. <https://burnett.extension.wisc.edu/4-h-youth-development/for-members/member-forms/#RecordBooks>. I'm still looking in to having them converted as a whole document to Google Docs to make it easier to complete them on the computer.

Cloverbuds are direct mailed the Cloverbud Record Book upon enrollment in 4-H. The Cloverbud Record Book contains activities to do throughout the year and they must complete the first few pages of the book and 6 activities and turn it in to be eligible for the Outstanding Cloverbud Award at Achievement Celebration.

Any questions about Record Books, please ask a 4-H member in your club, your club leader, or me.



## Calendar

### FEBRUARY

- 9 Archery Project Meeting, Webster School
- 12 Jr Leaders Meeting, 4pm, Gov't Center
- 12 Super Bowl
- 21 Leaders' Association Meeting, 7pm, Gov't Center
- 20 Presidents' Day, *UW-Extension Office Closed*
- 20 March Bugle Submission **DEADLINE**

### MARCH

- 9 Archery Project Meeting, Webster School
- 12 Daylight Savings Time begins
- TBA Jr Leaders' Meeting, 4pm, Gov't Center
- 20 Leaders' Association Meeting, 7pm, Gov't Center
- 20 April Bugle Submission **DEADLINE**

### APRIL

- 1 2023 Summer Academy Registration **DEADLINE**
- 7 Good Friday, *UW-Extension Office Closed*
- 9 Easter
- 11 Jr Leaders' Meeting
- 12 Leaders' Association Meeting, 7pm, Gov't Center
- 13 Archery Project Meeting, Webster School
- TBA Cultural Arts Festival
- 20 May Bugle Submission **DEADLINE**
- 22 Earth Day
- 23 Food & Clothing Review, Shell Lake

## Food Resources

Second Harvest Food Distribution dates at Caring Hearts in Webster from 11am-4pm

- February 2 & 16
- March 2 & 16
- April 6 & 20

Children's books will be given to families on food distribution days also! Free bread available at Trinity Lutheran Church in Falun every Friday from 11am until the bread is gone.

## Office Hours

Beth Rank is now in a split position between Burnett and Washburn County serving the county 4-H programs. For now, please call or email before driving to the office to meet her. She occasionally works remotely as needed. She can be reached via email at [beth.rank@wisc.edu](mailto:beth.rank@wisc.edu) or call her cell at 608-347-6994. Tammy is in the Land Services Office Monday - Friday from 8:30 am until 4:30 pm.

## Bugle Submission

### Deadline

The **DEADLINE** to submit all *Bugle* articles, news, photos, etc. is the 20th of the month. Please drop your items off at the office or email Beth Rank. Anything received after the 20th will go in the following month's *Bugle*.

## Cloverbuds

Cloverbud Activity/Record Books will be mailed to members as they enroll in the 4HOnline system. If you do not currently have a Cloverbud Book but are enrolled and need to get one, please contact Tammy Johnson at 715-349-2109 or email her: [tjohnson@burnettcounty.org](mailto:tjohnson@burnettcounty.org).

Cloverbud lessons are offered at club meetings or can be completed independently.

## Archery Project Meetings

Archery project meetings are being held on the 2nd Thursday of every month in the Webster Elementary School Cafeteria from 5:45-6:45pm. The next meeting is Thursday, February 9th. For more information reach out to Anna Treague ([treaguea@gmail.com](mailto:treaguea@gmail.com)) or Avery Pope ([bushelandapeckfarmwi@gmail.com](mailto:bushelandapeckfarmwi@gmail.com)).



## Food & Clothing Revue

The Tri-County Food & Clothing Revue will be on Sunday, April 23, 2023 at the Shell Lake School Commons & Auditorium starting at 1pm. Registration is open in 4-HOnline and will remain open until the **registration deadline, April 1st**. This event is open to anyone in Food & Nutrition, Clothing, Knitting, or Crocheting projects.

### What is the Foods Revue?

The Foods Revue gives participants the opportunity for youth to showcase a food related activity or experiment and discuss the results; and to show off their creative table setting skills (if you've ever dreamed of owning or designing a restaurant, this event is for you!). There are two ways to participate.

**Action Exhibit/demonstration:** Select food activity or experiment and set up as an action exhibit.

**Table Setting:** Display a complete place setting of a nutritious meal or snack, displaying one prepared food and a menu. Themes are encouraged!

**What is an Action Exhibit?** An action Exhibit is a demonstration related to food. It can be a demonstration about how to make something. It can be a food related science experiment. It can be a demonstration about food safety. As long as it relates to food and is an engaging demonstration, it works!

**What is a Table Setting?** A table setting is a great way to express your creativity. Youth create a single place setting based around a theme. They also prepare a single dish that fits the theme for the judge to try. Additionally, youth prepare:

- ☐ Recipe card, with the recipe of the food you prepared.
- ☐ A complete menu (as if you were serving a full meal)
- ☐ One complete table setting and centerpiece (arranged in an attractive display)
- ☐ Your prepared food product (Bring only one prepared food) and proper utensil to serve your food (the judge will try this)

Reach out to Beth to see the sample score sheet to help you prepare for Foods Revue. Your

display will be judged Face to Face and you will receive a ribbon. Special Awards may be given.

### What is the Clothing Revue?

The purpose of the 4-H Clothing revue is to give Clothing, Knitting, and Crocheting project members the opportunity to show off the wearable items they have made!

Youth will model the outfit they made then receive constructive feedback on the overall look from a judge (reach out to Beth to see judging sheet for criteria). This is less about clothing construction and instead focuses more on how to items fits the person. Members can make items for themselves or others to model.

The Garment Description forms need to be turned in prior to the event, or can be sent with registration.

The purpose of the 4-H Clothing Revue is to put the spotlight on youth sewing, knitting, and crocheting. They are scored on the overall look of the outfit(s) they have sewn.

Both events are considered pre-fair events and if included in your Fair Entry submission prior to the fair and create a poster about the experience, you can get both 4-H Adult Leaders' premiums AND Fair premiums!!

Also, Foods & Nutrition members who have been in the project for two years may be eligible to receive the Foods Award at Achievement Celebration if they participate in the Foods Revue.

## Summer Academy

Here is an exciting new twist on the old 4-H & Youth Conference. Summer Academy will be focused on youth sparks and has seven different tracks to select from. Each year's tracks will be slightly different, so attending yearly while youth are eligible is an option. It's worth checking out for only \$350 for a four-day, three-night conference in Madison.

Please note: there will NOT be a Discover Wisconsin Experience in 2022. The decision has been made that this be a biannual experience. We want to encourage youth to explore the Summer Academy if they are eligible.



Registration in 4-HOnline for Summer Academy opens April 1st (no foolin'!) Transportation will be provided (possibly from Amery or Eau Claire).

## Wildlife & Woods Virtual Classes

Wildlife and Woods is Wisconsin 4-H's statewide natural sciences, wildlife, and forestry monthly, virtual event.

Outdoor enthusiasts connect with other 4-H youth of all ages from around the state.

Together, we explore the natural world with a special focus on wildlife, wildlife habitats, and trees. Participants learn about wild places across the United States following the 4-H Wildlife Habitat Education Program (WHEP) and the 4-H Forestry Program. Materials are designed for all ages and knowledge levels, so everyone can benefit. Since the sessions are co-presented by youth and adult leaders, the youth leadership opportunities are plentiful.

Youth leaders research about wildlife, trees, management concepts and management practices; prepare slides; lead activities; present topics from slides; record videos; or read announcements. Youth leaders also meet virtually the week before for prep and practice. Being a part of this team is great preparation for WHEP and Forestry competitions. For more information or to join the Wildlife & Woods Leader Team, contact: Lee Delcore and Kerri Ast [wi4hwildlifeforestry@gmail.com](mailto:wi4hwildlifeforestry@gmail.com)

To register for the virtual sessions, log into your family account in 4HOnline. Under the EVENTS tab look for "Wildlife & Woods Virtual Series," register and then you will receive an email with the Zoom link. Registration is open until 6:30 the night of each session. If you need help registering or are registering as a participant, please visit the VLC website here.

Mark your 2023 calendars for the fourth Wednesdays, 7- 8 pm.

- January 25
- February 22
- March 22
- April 2
- May 24

## Share-a-Kid Information

Each year, the Wisconsin Dairy Goat Association promotes interest in dairy goats in our state. One of the ways we encourage our young people in this aspect of agriculture is through our Share-a-Kid Program. We award an average of 4 to 6 dairy goat kids to young people across the state each year. This is a competitive statewide contest. The youth applicant will write an essay of 100 words or more about why they would like to have a dairy goat, how they are going to take care of her (food, shelter, and medical care), and if they have ever raised a goat. We also want to know why they want to raise a goat and what they love about goats. If the youth is new to raising goats, please include who your mentor is. This is a very competitive contest, and we want you to put a lot of effort into your essay. Spelling and content count. The essay can include drawings, photos, or anything special things that you would like to include. Please keep a copy of your essay because no essays will be returned. If you are selected as a winner of a kid, your essay will be given to the donor. While we make every attempt to award winners one of their breeds of choice, if those breeds are not available, the Wisconsin Dairy Goat Association reserves the right to offer another breed to the winner. Share-a-Kid winners are not required to give a doe kid back to the program, but we encourage them to do so.

The deadline to submit your application/essay is by no later than April 1, 2023. All applicants will be notified of results by no later than May 1st, 2023. If you have any questions on this process, please contact Share-a-Kid Chair Andrew Puetz @ [ANDREW.PUETZ@GMAIL.COM](mailto:ANDREW.PUETZ@GMAIL.COM).

Applications available on county website.

## National 4-H Hall of Fame

Wisconsin 4-H has an annual opportunity to nominate an individual for recognition to the National 4-H Hall of Fame sponsored by NAE4-HYDP, in cooperation with the National 4-H Council and 4-H National Headquarters for the Class of 2023.

The National 4-H Hall of Fame honors 4-H volunteers, Extension staff and retirees, donors and others who have made a significant impact on the 4-H program and/or 4-H members through the contribution of time, energy, financial

resources, etc. Each state can submit one nominee for consideration at the National level. Nominations are now being accepted for the Wisconsin selection process. The nomination is limited to a one-page Word document with margins of no less than .5 inch and fonts no smaller than 12 point. The nomination document should focus on citizenship, leadership, career, and character of the nominee. The attached nomination form should also be submitted with the signature of the nominator.

The Wisconsin 4-H Hall of Fame Committee conducts the selection process for our state's nominee. The national selection process involves a committee of 18 people, including eight NAE4-HYDP members (2 from each region), representatives of 4-H National Headquarters and National 4-H Council, a past NAE4-HYDP president, a State 4-H Leader, four Hall of Fame laureates and two youth representatives.

The National 4-H Hall of Fame Committee anticipates that 14-16 laureates will be inducted into the Class of 2023. The ceremony is tentatively scheduled for October in Washington DC.

Current employees of 4-H, Cooperative Extension, the Federal Extension System or National 4-H Council and those with 4-H or Extension administrative responsibilities will not be considered until three years following retirement. The three-year rule also applies to deceased employees. Unsuccessful candidates must be re-nominated for future consideration. Please consider nominees for the 2023 Class of Laureates. The nomination information and form are below. Return your nomination including the criteria document to Laura Pine [lpine@wisc.edu](mailto:lpine@wisc.edu) by February 1, 2023 for review and consideration by the WI 4-H Hall of Fame Committee.

## Youth Mental Health First Aid Trainings

Youth Mental Health First Aid is designed to teach parents, family members, caregivers, teachers, school staff, peers, neighbors, health and human services workers, and other caring citizens how to help an adolescent (age 12-18) who is experiencing a mental health or addictions

challenge or is in crisis. Youth Mental Health First Aid is primarily designed for adults who regularly interact with young people.

Who should be trained?

For Youth Mental Health First Aid:

- Teachers
- School staff
- Coaches
- Camp counselors
- Youth group leaders
- Parents
- People who work with youth

Upcoming Sessions

UW Madison Division of Extension Educators will be providing Mental Health First Aid classes to community members who live or work in Rural Areas.

- Jan 24, 2023
- Feb 3, 2023
- March 7, 2023
- March 16, 2023

## 4-H Dairy Bowl Contest

Mark your calendars for the upcoming 4-H Dairy Bowl Contest on February 25th at UW-Green Bay! If this is your first time or not we hope you join us for a day full of fun, learning and competition!

Wisconsin 4-H Dairy Bowl February 25th  
Location: NEW\*\* UW-Green Bay STEM Innovation Building

Registration: Opens January 1st and closes February 12th at 11:59pm through 4-H Online. More information on how to register along with other participation and contest information is available in The Dairy Bowl Contest Rules document located on the informational website: <https://4h.extension.wisc.edu/opportunities/statewide-events-and-opportunities/dairy-quiz-bowl/>

What is 4-H Dairy Bowl?

Dairy Bowl is a double elimination team competition for 4-H members grades 3-13 in the dairy project. Youth will be asked questions about the dairy industry, history, breed specific, disease and many more questions! Check out this video for more information: <https://fb.watch/hRISQEiowK/>

\*\*\*New this year - If a county does not have a full 4-person team or at least 3 people to a team, they can enroll as an individual and be part of the Wisconsin All-Star Team. Teams will be put together by the State office.

For more information on this contest, look at the 4-H dairy website.

For any questions please contact:  
Emily at [egstumpf@wisc.edu](mailto:egstumpf@wisc.edu) , Jill  
at [jill.jorgensen@wisc.edu](mailto:jill.jorgensen@wisc.edu) /phone at 920-391-4659 or Laura at [lpine@wisc.edu](mailto:lpine@wisc.edu)/ phone at 608-262-1222

## 2023 4-H ArtBEAT!

Registration is OPEN!

Can you hear the BEAT? What BEAT? ArtBEAT! 4-H ArtBEAT! is for 4-H members in grades 3-5 and their parents and leaders. It is an introductory program for Wisconsin 4-H Arts and Communication where 4-H members will have the opportunity to explore their own creativity while discovering a variety of 4-H Arts & Communication experiences available to them now and in the near future.

The 2023 WI 4-H ArtBEAT! will be held March 17 through 19 at Upham Woods in Wisconsin Dells. The weekend will feature a variety of arts projects including music, drama, visual arts, and more! Camp check-in begins Friday at 6:30 pm and runs through Sunday at 11:00 am.

Session leaders will be 4-H older youth, adult leaders, and 4-H staff members with a wealth of experience to share. Youth and adult participants will rotate through a variety of sessions, which are hands-on and active and held at various sites throughout camp. Along with exploring the "arts," participants will also have a chance to discover Upham Woods! Both youth and adult participants stay in the warm and cozy heated cabins! Parents are not required to attend but are invited. All adults attending the camp must be enrolled volunteers who have completed all volunteer and Adult Advisor/Chaperone Training (including Supporting Youth Mental Health, required for overnight chaperones). Adult Advisors are responsible for providing leadership and support for ALL campers. As such, all adults who want to attend ArtBEAT! must complete the requirements to become a 4-H Leader before ArtBEAT! and participate in an Adult Advisor/Chaperone Orientation Zoom on Thursday, March 9 at 6:30

p.m. Interested adults who are not already active 4-H Leaders should contact their county UW-Extension 4-H Office as soon as possible for assistance in completing the process to become a volunteer. The process involves Volunteer in Preparation (VIP), Title IX, Mandated Reporter, and Building Safe Spaces (BSS) Trainings and a Background Check.

The \$125.00 per person fee for youth and \$75.00 per person fee for adults will include all materials and supplies (including a very cool ArtBEAT! backpack), overnight lodging, and meals.

Why not get a whole carload of youth and adults together from your county for some genuine 4-H FUN? Transportation to ArtBEAT! is NOT provided by the State 4-H Office.

Come join the excitement of this opportunity available to our most enthusiastic and creative 4-H members!

REGISTER EARLY! This arts experience fills up fast and registration is first come, first serve! Registration will open in 4H Online on January 20 and will close on February 20, 2023. Upham Woods is able to accommodate 120 participants. Once registration is filled, participants can register to be on a WAITLIST.

For additional information check out:

<https://4h.extension.wisc.edu/opportunities/statewide-events-and-opportunities/art-beat/>  
For more information contact: Laura Pine, 4-H Educational Programs Coordinator at 608-262-1222 or [lpine@wisc.edu](mailto:lpine@wisc.edu) or Amber Rehberg, State 4-H Arts & Communication Support, at 715.784.1540 or [amber.rehberg@wisc.edu](mailto:amber.rehberg@wisc.edu).





# National 4-H Congress

## Recap

by Nicholas Webster

Two months ago, I attended National 4-H Congress in Atlanta, Georgia. My trip started early, having to be at the airport at 3:30 Friday morning, was an experience filled with excitement and nervousness. A nap and a little turbulence and we were in the Peach State. The rest of the day was filled with meetings and trading pins with all the different states.

On my first full day, I was able to attend various leadership sessions, learning about the different diversity's throughout our country, and how we can positively impact our communities when we returned home. At night was the Gala, where we dressed up and they fed us an amazing dinner with chicken, beans, and mashed potatoes. Dessert was an interesting mixture of chocolate mousse and ice cream.

On my second day, we had our volunteer projects. My project was packing books for Africa. The purpose of packing these books was for the children in Africa who do not have books in their schools. Helping with this project made me realize how we take things for granted sometimes.

Our 3rd and last full day was a fun one. We got to do activities throughout the hotel. Mine included Yoga and a seminar on cooking, where I tried hummus for the first time. In the afternoon I got to tour the College Football Hall of Fame. I saw many different trophies, including the National Championship trophy, and learned a lot about the history of college football.

On our last day in Atlanta, we had plenty of time before our flight home, so I decided to tour the World of Coca Cola. I saw many different artifacts and old advertisements. I also got to try plenty of different flavors from all over the world! Some were very good, and some were not.

I would like to thank the Leaders Association for allowing me to experience this once in a lifetime opportunity and represent Burnett County and the state of Wisconsin.



Above: Nicholas recognized at 4-H Achievement Celebration



Sorting Books to Send to Africa



Olympic Rings



College Football Hall of Fame



JANUARY, FEBRUARY, MARCH

# 4-H PROJECT DISCOVERY

Join us for hands-on *Global* fun!



**QUESTIONS?**

**Sara Waldron, Barron Co**  
sara.waldron@wisc.edu  
**Mary Big Mountain, Rusk**  
mbigmountain@wisc.edu

**Beth Rank, Burnett & Washburn**  
beth.rank@wisc.edu  
**Donna Knuckey, Sawyer**  
donna.knuckey@wisc.edu



Register Online  
[wi.4honline.com](http://wi.4honline.com)

Sign into 4-H online and click events, Not a 4-H member? See our More Information website for instructions on how to register.

## MORE INFORMATION?

For detailed information about each class, visit [sites.google.com/wisc.edu/pd23](https://sites.google.com/wisc.edu/pd23)

## REGISTRATION DEADLINE:



two weeks prior to  
each session  
(or until session is full)

## WHO?

Youth (5K-13th grade) in Barron, Burnett, Rusk, Sawyer, or Washburn Counties & beyond!

## WHEN?

January 2023-March 2023  
times/dates vary

Can't make it every time? No problem, most activities can be completed on your own!

## WHAT?

Come learn about 4-H projects (whether you're a 4-H member or not) as they relate to our Global theme and even make some entries for the fair (check with your county fair for guidelines)



**2ND MONDAY OF EACH MONTH**  
**6:30 PM VIA ZOOM**  
**SARA WALDRON, AND YOUTH**

## PUTTING THE ART IN STEM

\*EXTRA COST FOR SUPPLIES

**3RD AND OLDER**

Explore the world of Science, Technology, Engineering, ART and Math, with ART! Using the design process and various art mediums, we will explore art, where it originated, and how it relates to STEM.

**January 9:** Art Bot-create a one-of-a-kind artbot using a motor, switch, battery and lots of creativity.

**February 13:** Flextangles: learn about flexahexagon paper sculpture, art patterns and color theory to create beautiful art!

**March 13:** The Science behind pour painting

**4TH MONDAY OF EACH MONTH**  
**6:30 PM VIA ZOOM**  
**BETH RANK & JULIE YEZEK**

## GLOBAL FOODS

**3RD AND OLDER**

The United States is sometimes considered a melting pot or tossed salad of cultures as people came to the US bringing with them their culture, religion, stories, celebrations and heritage. We will explore where comfort foods like hot chocolate, pancakes, and noodles originated from.

**January 23:** History of Hot Chocolate

**February 27:** Batter up with Pancakes

**March 27:** Egg Noodles



**3RD TUESDAY OF EACH MONTH**  
**6:30 PM VIA ZOOM**  
**MARY BIG MOUNTAIN**

## GLOBAL REACH

**3RD GRADE AND OLDER**

Want to have dial-in to join a global student event from your home computer!? A ticket to this event will propel you into an international arena! Dial in to learn about different cultures, countries and languages while representing our US culture to other participating countries! Each month, Zoom in to have the chance to discuss how our US culture is different from (and also similar to!) the cultures of 2 to 3 international "Reach Ambassadors" - learn more about these Reach ambassadors here:

**January 17 | February 21 | March 21**



**3RD THURSDAY OF EACH MONTH**  
**6:30 PM VIA ZOOM**  
**DONNNA KNUCKEY**

## ANIMAL SCIENCE

**3RD GRADE AND OLDER**

Let's explore and learn about different types of livestock around the world and explore how cultural, economic, social, and geographic factors influence people's food choices. We will also speak with Otto Wiegand, world traveler and livestock specialist who will share about his travels abroad and farming practices in other countries.

**January 26-**Livestock (Farm Animals) Around the World

**February 23-**Food, Land & People

**March 23-**Livestock Specialist & World Traveler Otto Wiegand





## January Horse Project Meeting

At the horse meeting, we learned the basics of color genetics, what is dominant or recessive, what variations of the 3 base colors (black, bay, chestnut/sorrel) there are and then wrote out the genotypes (written genes) for the phenotypes (characteristics that we could see) for different pictures of horses.



Achievement Celebration 2022





Congratulations  
to all of the  
4-H er's

I love 4-H







**Extension**  
UNIVERSITY OF WISCONSIN-MADISON  
Burnett County Extension Office  
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## Burnett County 4-H Bugle



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**Spooner Agricultural Research Station**  
**Phone:** (800) 528-1914  
Kevin Schoessow, Area Ag Agent

**Burnett County**  
**Government Center**  
**Phone:** (715) 349-2151  
**Fax:** (715) 349-2102  
**Email:** [beth.rank@wisc.edu](mailto:beth.rank@wisc.edu)  
**Website:** [www.burnett.uwex.edu/4h](http://www.burnett.uwex.edu/4h)  
Beth Rank, 4-H/ Positive Youth  
Development Educator  
Julie Yezek, Nutrition Education Program  
Tammy Johnson, Office Support Staff

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**Burnett County 4-H Leaders Association Executive Committee**  
Don Strabel: President, Caylin Muehlberg: Vice President  
AnnaTreaque: Secretary, Avery Pope, Treasurer