



Burnett
County



4-H Bugle

October 2022

A Note from the Educator -

Beth Rank

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The four Hs in 4-H: Head, Heart, Hands and Health

The 4-H Pledge is a way to get a glimpse of what 4-H members and leaders focus on in this year round youth development program.

Health stands for healthy lifestyles, character, ethics, stress management and disease prevention.

Our programming empowers youth to be healthy – body and mind – with the skills to make healthy decisions and lead healthy lifestyles. Having the confidence and skills to lead healthy lifestyles not only improves overall well-being; it enables youth to tackle life's challenges today and become leaders in their lives, careers and communities as they grow into responsible adulthood.

Did you know that one of the many projects youth can enroll in as a 4-H member is the Health project. Here's a link to a tip sheet about the Health Project:
<https://4h.extension.wisc.edu/files/2020/07/Health-Project-Sheet.pdf>

Area 2 has a Health & Wellbeing Educator. Danette Hopke serves Washburn County but occasionally works beyond her county as requested. Her programming focuses on behavioral health specifically mental health. She also has a personal passion for 4-H and is a MN 4-H alumna. Check out the Extension Washburn County website for more information for resources related to mental health:
<https://washburn.extension.wisc.edu/mental-health-and-well-being/>



HEALTH

Calendar

OCTOBER

- 1 Start of 2020-2021 4-H Year
- 1 Fall Project Day
- 2-8 National 4-H Week
- 2 Install Window Displays
- 8 Remove Window Displays
- 8 Northern WI Beef Producers Assoc. Kids n Cows Event, Barron County Fairgrounds
- 9 Jr Leaders' Meeting, 4pm, Gov't Center
- 17 Leaders' Association Meeting, 7pm, Gov't Center
- 20 November Bugle Submission **DEADLINE**
- 21 Trip Award Applications **DUE**
- 23 Trip Award Interviews
- 21-23 Arts Camp, Upham Woods

NOVEMBER

- 4-6 Fall Forum, Hotel Mead, Wisconsin Rapids
- 6 Achievement Celebration, Siren School, 3p
- 6 Leaders' Banquet/Leaders' Annual/November Meeting, 6pm
- 6 Daylight Savings Time Ends
Club Charters **DUE**
- 13 Junior Leaders' Meeting
- 11 Veterans' Day, *UW-Extension Closed*
- 19 Gun Deer Season
- 20 December Bugle Submission **DEADLINE**
- 24 Thanksgiving, *UW-Extension Office Closed*
- 25 *UW-Extension Office Closed*
- 25-29 National 4-H Congress, Atlanta, GA

DECEMBER

- 3 Christmas at the Forts, 10a-4p (4-H fund raiser)
- 7 Last Day of Deer Season
- 11 Junior Leaders' Meeting
International Program Applications **Due**
- 20 January 2023 Bugle Submission **DEADLINE**
- 24-25 Christmas, *UW-Extension Office Closed*
- 30 New Year's Eve Eve *UW-Extension Office Closed*

Food Resources

Second Harvest Food Distribution dates at Caring Hearts in Webster from 11am-4pm

- October 6 & 20
- November 3 & 17
- December 1 & 15

Children's books will be given to families on food distribution days also! Free bread available at Trinity Lutheran Church in Falun every Friday from 11am until the bread is gone.

Office Hours

Beth Rank is now in a split position between Burnett and Washburn County serving the county 4-H programs. She will be establishing a more routine schedule in the coming months. For now, please call or email before driving to the office to meet her. She occasionally works remotely as needed. She can be reached via email at beth.rank@wisc.edu or call the office number 715-349-2151 .or her work cell listed below. Tammy is in the Land Services Office Monday - Friday from 8:30 am until 4:30 pm.

Beth's work cell

Feel free to save Beth's new work cell phone number in your phone: 608-347-6994. She can receive phone calls and text messages. Please indicate your name the first time you connect with her so she can save your number in her phone.

Bugle Submission

Deadline

The **DEADLINE** to submit all *Bugle* articles, news, photos, etc. is the 20th of the month. Please drop your items off at the office or email Beth Rank. Anything received after the 20th will go in the following month's *Bugle*.

Cloverbuds

Cloverbud Activity/Record Books will be mailed to members as they enroll in the 4HOnline system. If you do not currently have a Cloverbud Book but are enrolled and need to get one, please contact Tammy Johnson at 715-349-2109 or email her: tjohnson@burnettcounty.org.

Cloverbud lessons are offered at club meetings or can be completed independently.

Achievement Celebration—Nov 6

Event will be held on Sunday, November 6th 3:30 p.m. at the Siren School Auditorium. All youth who completed a Record Book will be awarded a certificate for achieving. Special recognition based on work in club, projects, and older youth educational experiences interviews will also be given. Come celebrate with your 4-H family! This is an opportunity for new families or those who didn't complete Record Books this past year to see what they could receive and set a goal to work towards it this next 4-H year.

Adult Volunteer Banquet—Nov 6

Burnett County 4-H Adult Volunteer Banquet will be held on Sunday, November 6th at 6:00 p.m. at the Pour House in Siren. Attendees will order off the menu and pay on their own. No alcoholic beverages allowed. Meetings will start after everyone gets drinks and has ordered. This is an opportunity to gather, share memories of the past year's volunteer experience, have the annual meeting and our regular November meeting.

Jr Leaders Meeting—Nov 13

Goal setting time! The members at the October meeting decided to make 3-5 goals of leadership skills they want to work on or projects they want to do. Come make a goal poster with other Jr Leaders on Sunday, November 13th 4:00p.m. in Room 165 of the Burnett County Government Center. Invite a 4-H friend who is in 6th grades+ and come together to this fun, fast meeting.



Christmas at the Forts Bake Sale

Saturday, December 3, 2022 10am-4pm Please consider donating trays or plates of holiday cookies, candies, breads, etc. Consider arranging a baking day with other 4-Hers in your club. Youth who receive an educational experiences scholarship (from trip interviews) should make it a priority to staff the sale at least one hour and contribute items for the sale. If you aren't able to attend for a legitimate reason, consider dropping items off on Friday at the Extension Office. There will be a sign up on Facebook and the website. This is the main 4-H Leaders Association fundraiser outside of Plat book sales.

Fall Forum 2022

will be held November 4-6 at The Hotel Mead in Wisconsin Rapids.

Fall Forum brings 4-H youth and adult leaders together to connect, collaborate, celebrate, and build energy for a new year of 4-H. It is for youth in grades 7-13, adult volunteers, and staff. It's a great opportunity for youth and volunteers to discover and explore their sparks and make new friends from all across the state. Everyone will leave inspired and ready for a great 4-H year!

WI 4-H Foundation is looking for photographers!

Our 4-H youth are working across the state to learn and grow through 4-H. **The Wisconsin 4-H Foundation is looking to establish a database of experienced and talented adult photographers** who are willing to go to events to take photos of 4-H youth doing 4-H things.

If you want to be added to the photographer pool, please email Joanne Walen (joanne@wis4hfoundation.org) your name, email address, phone number and the counties where you are willing to work. If you're not a photographer, you can help by sharing this

information with adult volunteers who may be interested in providing photography services.

When there is a 4-H activity in a county where a photographer is willing to work, a program person will reach out with specifics (date, time, location, etc.).

Photos must be taken with a quality digital camera and must focus primarily on youth who are actively participating in a 4-H activity. Including the 4-H clover or other 4-H identifier (youth wearing 4-H clothing, background banners with the clover readily visible, signage or flags with the clover in the photo, etc.) is critical as we want photos clearly telling a 4-H story.

After the event, the photographer will contact the 4-H Foundation to get photo download information. The Foundation will also request photographer contact information as we will be providing a small stipend to the photographer in appreciation of their work. Note that the photos submitted to the 4-H Foundation become the property of the Foundation and no photographer acknowledgements will be provided when photos are used.

4-H Online— Family Enrollment Guide

https://4h.extension.wisc.edu/files/2020/09/4HOnline.v2.Family.Enrollment.Guide_.pdf

Whether you are a new or returning family*, this guide will help you through enrolling in Wisconsin 4-H. Please read this page for a summary of the steps needed to enroll. If you are a **new family**, start with Creating a New 4-H Online Account on page 3. After you create your login account, you will be prompted to Add a New Member to the Family right away. To add additional family members, click on the Add Member button on your family member screen. If you are a **returning family**, start with Logging in to an Existing 4-H Online Account on page 2. To re-enroll any existing adult or youth member, click on the Enroll Now link for the member on your family member list screen. Instructions for re-enrolling a youth start on page 7 and instructions for adults on page 11.

**Family can be a household or recognized outside group (classroom, partner organization, etc.)*

TIPS:

Enter your child's grade for the 2022-23 school year. Complete the health information. Complete special accommodations if needed. When choosing projects, think BIG! Choose any and all projects that interest you!

EMAILS: Please be sure to select that you wish to receive email communication. If you are not reading our weekly county emails and periodic state emails, you will miss a lot of important information! If you do not have email, be sure to ask someone from your club to pass info on to you.

VOLUNTEER BACKGROUND CHECKS:

Volunteers are prompted during the online re-enrollment process to renew their background check every 4 years. Volunteers that register as a Program Volunteer / Overnight / Chaperone are prompted to renew every 2 years. PLEASE FOLLOW THROUGH WITH THE BACKGROUND CHECK PROMPTS AND EMAILS. You will not be able to be approved until background checks are completed. DON'T HAVE ONLINE ACCESS? If you do not have access to online registration, please contact the Extension Office for a paper registration form.

WI 4-H Horse Leadership Conference

Save the date! November 12-13 at UW River Falls. The conference is aimed to 4-H horse project members 7th grade and older and 4-H volunteers. More information and registration links will be coming out in early September. Watch social media and your inbox for more information.

Burnett County 4-H Adult Leaders' Association Meeting Minutes

SEPTEMBER 19, 2022

The September 19th meeting was called to order at 7:10 pm by Don Strabel. Leaders in attendance were Don & Charlene Strabel, Phil and Sheryl Stiemann, Marge Peterson, Caylin Muehlberg, Avery Pope, Beth Rank and Anna Treague. Pledges were said.

A motion to approve the Secretary's Report was made by Phil, Seconded by Marge. Motion carried.

A motion to approve the Treasurer's Report was made by Phil, Seconded by Marge. Motion carried after discussion on the new Quick Book documents presented by Avery, income, expenses and status on plat book income. Motion to pay the insurance for Day Camp and the Crex Meadows donation by Caylin, seconded by Anna, motion carried.

Club reports were given: Jolly H's met on Sunday, they planned their window display to be put up at Indianhead Credit Union in Grantsburg. They also planning their hayride, making cards for CCC for Halloween and one more Hwy Clean up. Orange had a number of members at the Crex Day Camp, Lizzy and Levi spoke at 100 Women Who Care, worked on books at the August meeting, many members exhibited at the fair, worked 2 shifts in the food stand and the kids had a ball, end of the year picnic and bonfire at Pope's, moved their meeting date to the first Monday of the month at the High School, planning a trip to the pumpkin patch, and the window display and had a parent's meeting to plan. Wood Creek had their meeting on Sunday, many entered in the fair and they worked the food stand, their wheel barrow one 1st place, they worked on Record Books and members spoke at the 100 Women Who Care. Wood River Beavers member worked at the food stand and had a blast, entered in the fair. They are planning a fall fest and a new year party and just getting people up to speed on what 4-H is as they have some very new and young members.

Beth introduced the SOAR process in her

Extension Report. Reviewed goal of this process being for all leaders and members across Burnett County. Leaders present added their thoughts to the posters and encouraged to view the Jamboard at https://jamboard.google.com/d/1fZiu_mn9USVPOFYcA8yjLpN_1OCftIdIEUXcNs5Ss8w/edit?usp=sharing and to continue adding thoughts. This process is occurring in both Burnett and Washburn Counties. Discussion on format for Cloverbud Book to cut cost but continue to meet the needs of our Cloverbuds. The books will now be in smaller 3 ring binder, with reduced activities (required to complete 6) and cutting down on color printing. Katie Tewalt and Anna Treague will be Co-Leading the Jr. Leaders group. Meetings will remain the 2nd Sunday of the month.

OLD BUSINESS: SMART goals were reviewed for 2021-2022, a motion was made by Phil and seconded by Anna to postpone the new 2022-2023 SMART goals until the October Leaders Meeting to see what the outcome of the SOAR process determines. Motion carried.

Plat Book Updates: Books are being sold for \$32/book at the Clerk's office and other satellite locations. Post cards promoting the new plat books were sent to a percentage of Burnett County land owners by Mapping Solutions, none of the leaders have received them. There is a new wall map in the hallway between the Clerk's office and Land Services offices. The Clerks will let us know when they are down to 50 books for us to order more.

Thirteen youth attending the Crex Meadows Day Camp on August 11. All things went well. A suggestion was made that an age gap is showing and there may need to be a changeup of activities and or limit ages.

Burnett Co Ag Society Fair in Grantsburg was on August 25-28, 2022. Beth sent the Fair Board a roster upon request to ensure youth are enrolled in 4-H. There seemed to be more exhibits in some areas like Cloverbuds and animals. The youth made the best out of the mud with the Kiddeo on Sunday.

Discussion on 4-H Shooting Sports supply purchase took place. We have at least \$1565 dollars that have come in via donations for supplies needed. We will be using the County's 4-H land off of Daniels 70 as our location for archery as it is more centrally located and currently insured. Doug Thompson will be leading an Archery "Taste of 4-H" on October 18th from

6:30-7:30. Maybe we can have a county viewing at the Government Center.

100 Women Who Care Presentation happened on August 10th, the county was represented by a number of youth and leaders. We did not receive the award, but that is where much of the Shooting Sports donations originated.

Beth attended the Webster open house with Elizabeth Pavlicek. Had pool noodle activity, there are more left if clubs would like them for a meeting. Fall Project Day is set to happen on October 1st 1-4:30 at the Siren School. There are only 25 registrations between the two Counties.

Avery mentioned that it was not posted on our Facebook page. Deadline to register has been extended to September 25th to hopefully get more youth signed up. Please promote. There are lots of virtual offerings for the upcoming National 4-H Week Taste of 4-H. Locker tags were handed out to clubs that requested them.

The National 4-H Week theme: Opportunities4All. Reminder that Charters are due by Nov 1 (<https://4h.extension.wisc.edu/resources/volunteer-resources/administrative/charter/>)

NEW BUSINESS: It was decided that we would not meet to summarize awards, Tammy will pull green forms and put them into the spreadsheet. Beth will email out the Educational Awards Scholarship packet for review and editing by the Awards Committee. Committee members being asked to participate are: Charlene, Anna, Sheryl, Shannon, Betsy, Tess and Grace. Youth need to have Cover Letter and Resume submitted by October 3. Interviews will be held on Sunday October 9th before Jr. Leader's meeting with those available from the committee above. Discussion had on funding for trip scholarships. Trip participants may need to be limited depending on number applying.

Charlene made a motion to have the Volunteer Banquet on Sunday, November 6th at 6pm at Pour House in Siren, Marge seconded, motion carried after discussion on if we really need to have a banquet. Order for yourself off the menu. Annual meeting will be held at the November banquet/meeting where elections for Vice President and Secretary will occur.

The 4-H Promotion materials that were ordered are available for each club to have, just pick them up from Beth or Tammy.

Christmas at the Forts was discussed and a preference for the first weekend was established. Beth will make the contacts to get that on the

calendar. More Jr. Leaders from around the county need to help at the actual bake sale, especially if they are wanting to go on the 4-H trips.

Caylin made the motion to change the Leader's meeting date to the 3rd Monday of every month at 7 pm, Sheryl seconded, motion carried.

The next Leaders' meeting will be October 17, 2022.

Motion to adjourn was made by Marge and seconded by Phil, motion carried, meeting adjourned at 9:00pm.

Respectfully Submitted by
Anna Treague



Burnett County 4-H

Adult Leaders' Association Agenda

OCTOBER 17, 2022 7:00 P.M.

BURNETT COUNTY GOVERNMENT CENTER, ROOM 165
OR VIA ZOOM (link emailed out to general leaders prior to meeting; ask Beth for link)

CALL TO ORDER

PLEDGE

SECRETARY'S REPORT

TREASURER'S REPORT

CLUB REPORTS- BRANSTAD BUCKS, JOLLY HS, ORANGE, WOOD CREEK, WOOD RIVER BEAVERS

EXTENSION REPORT—SOAR follow up

JUNIOR LEADER REPORT—Katie, Anna, Betsy, and Avery

OLD BUSINESS

SMART goals review for 2021-2022 and reset for 2022-2023 (postponed from September)

- 21-22 Program Quality goal: retain membership by 75% and increase membership in the Burnett County 4-H program by 10%.

- 21-22 Expanding Access goal: Our members will develop special interest activity groups for Burnett County to meet the needs and interests of a more diverse group of youth through virtual and in-person programs.

Reset goals for 2022-2023 4-H year (goes into the charter)

Plat Book Updates

4-H Shooting Sports supply purchase update

Fall Project Day – October 1st 1-4:30 Siren School

National 4-H Week theme: Opportunities4All Window display contest and locker tags

- anything more you want to do in 2023?

Charters due by Nov 1 (<https://4h.extension.wisc.edu/resources/volunteer-resources/administrative/charter/>)

Any updates from the Awards Committee

Volunteer Banquet – Sunday, November 6th at 6pm at Pour House in Siren. Order for yourself off the menu.

Annual meeting at November meeting. Elections for Vice President and Secretary.

4-H Promotion materials available for each club to have.

Christmas at the Fords – Saturday, December 3rd

- Form a committee of volunteers to coordinate who is bringing what, price everything Friday night, staff sale table

ANY OTHER OLD BUSINESS

NEW BUSINESS

Music Contest – January 22nd or 29th? Both appear open at the Siren School Auditorium

Committees – bring them back? Which ones do you want?

ANY OTHER NEW BUSINESS

NEXT MEETING: November 6, 2022 6pm Pour House for Annual Meeting followed by regular meeting

I love 4H



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Burnett County 4-H Bugle



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Burnett County 4-H Leaders Association Executive Committee
Don Strabel: President; Missy Peterson: Vice President
Deb Pavlicek : Secretary; Avery Pope, Treasurer