



*Burnett
County*



4-H Bugle

September 2022

A Note from the Educator -

Beth Rank

In This Issue...

Calendar	2
4-H News	2-5
Leader's Minutes.....	6
Window Display Info	6
Leader's Agenda.....	7
Project Day	8-11
Taste of 4-H.....	12-13
Ag Fair Photos	14-15
Contact Us.....	16

The four Hs in 4-H: Head, Heart, Hands and Health

The 4-H Pledge is a way to get a glimpse of what 4-H members and leaders focus on in this year round youth development program.

Health stands for healthy lifestyles, character, ethics, stress management and disease prevention.

Our programming empowers youth to be healthy – body and mind – with the skills to make healthy decisions and lead healthy lifestyles. Having the confidence and skills to lead healthy lifestyles not only improves overall well-being; it enables youth to tackle life's challenges today and become leaders in their lives, careers and communities as they grow into responsible adulthood.

Did you know that one of the many projects youth can enroll in as a 4-H member is the Health project. Here's a link to a tip sheet about the Health Project:
<https://4h.extension.wisc.edu/files/2020/07/Health-Project-Sheet.pdf>

Area 2 has a Health & Wellbeing Educator. Danette Hopke serves Washburn County but occasionally works beyond her county as requested. Her programming focuses on behavioral health specifically mental health. She also has a personal passion for 4-H and is a MN 4-H alumna. Check out the Extension Washburn County website for more information for resources related to mental health:
<https://washburn.extension.wisc.edu/mental-health-and-well-being/>



HEALTH

Calendar

SEPTEMBER

- 1 Enrollment for 2022-2023 4-H Year Begins on 4HOnline
- 5 Labor Day, *UW-Extension Office Closed*
- 12 Jr Leaders' Meeting
- 13 Leaders' Assoc Meeting, 7pm, Gov't Center
- 13 Record Books **DUE TO OFFICE**, CLUBS HAVE EARLIER DATES, ASK YOUR LEADERS
- 15 Awards Committee Meets (Tentatively)
- 16 Project Day Registrations **Due**
- 20 October Bugle Submission **DEADLINE**
- 23-25 Central Burnett County Fair, Webster
- 30 End of 2021-2022 4-H Year

OCTOBER

- Start of 2020-2021 4-H Year
- TBA Trip Award Applications **DUE**
- 1 Fall Project Day
- 2-8 National 4-H Week
- 2 Install Window Displays
- 8 Remove Window Displays
- 8 Northern WI Beef Producers Assoc. Kids n Cows Event, Barron County Fairgrounds
- 10 Jr Leaders' Meeting
- TBA Trip Award Interviews
- 11 Leaders' Association Meeting, 7pm, Gov't Center
- 20** November Bugle Submission **DEADLINE**
- 21-23 Arts Camp, Upham Woods

NOVEMBER

- TBA Achievement Celebration
- 7 Daylight Savings Time Ends
- Club Charters **DUE**
- Fall Forum, Green Lake Conference Center
- TBA Tentative Leaders' Banquet/Leaders' Annual/November Meeting
- 7 Junior Leaders' Meeting
- 8 Leaders' Association Meeting 7 pm Gov't Center
- 11 Veterans' Day, *UW-Extension Closed*
- 19 Gun Deer Season
- 20 December Bugle Submission **DEADLINE**
- 24 Thanksgiving, *UW-Extension Office Closed*
- 25 *UW-Extension Office Closed*

Food Resources

Second Harvest Food Distribution dates at Caring Hearts in Webster from 11am-4pm

- September 1 & 15
- October 6 & 20
- November 3 & 17

Children's books will be given to families on food distribution days also! Free bread available at Trinity Lutheran Church in Falun every Friday from 11am until the bread is gone.

Office Hours

Beth Rank is now in a split position between Burnett and Washburn County serving the county 4-H programs. She will be establishing a more routine schedule in the coming months. For now, please call or email before driving to the office to meet her. She occasionally works remotely as needed. She can be reached via email at beth.rank@wisc.edu or call the office number 715-349-2151 .or her work cell listed below. Tammy is in the Land Services Office Monday - Friday from 8:30 am until 4:30 pm.

Beth's work cell

Feel free to save Beth's new work cell phone number in your phone: 608-347-6994. She can receive phone calls and text messages. Please indicate your name the first time you connect with her so she can save your number in her phone.

Bugle Submission

Deadline

The **DEADLINE** to submit all *Bugle* articles, news, photos, etc. is the 20th of the month. Please drop your items off at the office or email Beth Rank. Anything received after the 20th will go in the following month's *Bugle*.

Cloverbuds

Cloverbud Activity/Record Books will be mailed to members as they enroll in the 4HOnline system. If you do not currently have a Cloverbud Book but are enrolled and need to get one, please contact Tammy Johnson at 715-349-2109 or email her: tjohnson@burnettcounty.org.

Cloverbud lessons are offered at club meetings or can be completed independently.

Fall Forum 2022

will be held November 4-6 at The Hotel Mead in Wisconsin Rapids.

Fall Forum brings 4-H youth and adult leaders together to connect, collaborate, celebrate, and build energy for a new year of 4-H. It is for youth in grades 7-13, adult volunteers, and staff. It's a great opportunity for youth and volunteers to discover and explore their sparks and make new friends from all across the state. Everyone will leave inspired and ready for a great 4-H year!

WI 4-H Foundation is looking for photographers!

Our 4-H youth are working across the state to learn and grow through 4-H. **The Wisconsin 4-H Foundation is looking to establish a database of experienced and talented adult photographers** who are willing to go to events to take photos of 4-H youth doing 4-H things.

If you want to be added to the photographer pool, please email Joanne Walen (joanne@wis4hfoundation.org) your name, email address, phone number and the counties where you are willing to work. If you're not a photographer, you can help by sharing this information with adult volunteers who may be interested in providing photography services.

When there is a 4-H activity in a county where a photographer is willing to work, a program person will reach out with specifics (date, time, location, etc.).

Photos must be taken with a quality digital camera and must focus primarily on youth who are actively participating in a 4-H activity. Including the 4-H clover or other 4-H identifier (youth wearing 4-H clothing, background banners with the clover readily visible, signage or flags with the clover in the photo, etc.) is critical as we want photos clearly telling a 4-H story.

After the event, the photographer will contact the 4-H Foundation to get photo download information. The Foundation will also request

photographer contact information as we will be providing a small stipend to the photographer in appreciation of their work. Note that the photos submitted to the 4-H Foundation become the property of the Foundation and no photographer acknowledgements will be provided when photos are used.

Record Books

Please check with your club leader to find out the deadline for submitting your Record Book for review/judging before books are due to the Extension Office on September 12th for review by the Awards Committee.

Record Books forms for youth in grades 3+ can be found at: <https://burnett.extension.wisc.edu/4-h-youth-development/for-members/member-forms/>

Request a Cloverbud Record Book by contacting the office, see page 2 for more details.

4-H Record Books give members an opportunity to reflect on their yearly work. They document their skill development and their learning experiences in a written report. 4-H members measure their achievements and growth in their total years in 4-H.

4-H Record Books encourage members to set goals, pursue strategies to meet those goals, and to shift gears in the face of challenges and obstacles. Completion of the Personal Development Report awards 4-H members for participation in 4-H activities, which provides an incentive for participation, learning, and achievement.

Completing a 4-H Record Book is a process where 4-H members record project and club work. Records management is a competency skill to identify, create, classify, archive, and preserve records. The 4-H Record Book teaches 4-H members these skills through a standard format.

Record Books promote positive youth development. Youth development is the process through which youth acquire the cognitive, social, and emotional skills and abilities required to

navigate life. This development occurs throughout a young person's life. Continued exposure to positive experiences, settings and people, as well as opportunities to gain and refine life skills, supports young people in the development of the 6 Cs: competence, confidence, character, caring, connection, and contribution.

Why Submit a Record Book?

Completing a Record Book and submitting it before the deadline symbolizes a closure of each 4-H year. Submitting a Record Book also shows that a member achieves in 4-H during this 4-H year. Older members who achieve are then invited to submit a cover letter and resume then schedule an interview to be selected for financial scholarships towards educational experiences outside Burnett County. Go check out the Wisconsin 4-H website for more information about Statewide Events and Opportunities at: <https://4h.extension.wisc.edu/opportunities/statewide-events-and-opportunities/>

4-H Online— Family Enrollment Guide

https://4h.extension.wisc.edu/files/2020/09/4HOnline.v2.Family.Enrollment.Guide_.pdf

Whether you are a new or returning family*, this guide will help you through enrolling in Wisconsin 4-H. Please read this page for a summary of the steps needed to enroll. If you are a **new family**, start with Creating a New 4-H Online Account on page 3. After you create your login account, you will be prompted to Add a New Member to the Family right away. To add additional family members, click on the Add Member button on your family member screen. If you are a **returning family**, start with Logging in to an Existing 4-H Online Account on page 2. To re-enroll any existing adult or youth member, click on the Enroll Now link for the member on your family member list screen. Instructions for re-enrolling a youth start on page 7 and instructions for adults on page 11.

**Family can be a household or recognized outside group (classroom, partner organization, etc.)*

TIPS:

Enter your child's grade for the 2022-23 school year. Complete the health information. Complete special accommodations if needed. When choosing projects, think BIG! Choose any and all projects that interest you!

EMAILS: Please be sure to select that you wish to receive email communication. If you are not reading our weekly county emails and periodic state emails, you will miss a lot of important information! If you do not have email, be sure to ask someone from your club to pass info on to you.

VOLUNTEER BACKGROUND CHECKS:

Volunteers are prompted during the online re-enrollment process to renew their background check every 4 years. Volunteers that register as a Program Volunteer / Overnight / Chaperone are prompted to renew every 2 years. PLEASE FOLLOW THROUGH WITH THE BACKGROUND CHECK PROMPTS AND EMAILS. You will not be able to be approved until background checks are completed. DON'T HAVE ONLINE ACCESS? If you do not have access to online registration, please contact the Extension Office for a paper registration form.

4-H Arts Camp – Save the Date!

Are you a middle schooler looking for an opportunity to explore the arts through 4-H? If so, you don't want to miss Wisconsin 4-H Arts Camp! This state level experience offers one place for youth grades 6-8 to learn about topics like music, drama, visual arts, photography, communications, and more!

You'll rotate through the different arts tracks each day, participate in various group activities throughout, and close with a ceremony for parents and families, celebrating the results of your Arts Camp experiences. You'll also meet new friends, participate in camp games, and enjoy the great natural setting of Upham Woods,

a 300-acre environmental education center on the Wisconsin River near Wisconsin Dells.

4-H Arts Camp is sponsored by the University of Wisconsin-Madison, Division of Extension and is funded through registrations and a grant from the Wisconsin 4-H Foundation. You'll learn lots of creative ideas to take home to share with your family, friends, and community.

If you haven't been a part of the Arts Camp experience, come and see what you've been missing! Space is limited.

Save the dates of October 21-23 for this popular Wisconsin 4-H program at Upham Woods (Wisconsin Dells). Registration will be available from September 1-19 in 4HOnline.

WI 4-H Horse Leadership Conference

Save the date! November 12-13 at UW River Falls. The conference is aimed to 4-H horse project members 7th grade and older and 4-H volunteers. More information and registration links will be coming out in early September. Watch social media and your inbox for more information.

S.O.A.R.

A SOAR (Strengths, Opportunities, Aspirations, and Results) Tool is a planning tool that focuses a group's current strengths and vision for the future. SOAR engages all levels of the 4-H program to enhance what is currently done well and explore areas of growth.

There are two ways for you to contribute to the Burnett County 4-H SOAR process that will take place throughout the month of September: Follow this link: https://jamboard.google.com/d/1fZiu_mn9USVPOFYcA8yjLpN_1OCftldIEUXcNs5Ss8w/edit?usp=sharing to a Jamboard that explains the process for posting sticky notes on the Jamboard slides/boards. If you are using a smartphone or tablet, it may ask you to download Jamboard as an app. It's a useful tool to have but I completely understand if you don't want to have to download something. If you are viewing on a

PC the link should lead you right to the Jamboard.

We will take approximately 20 minutes in person at the September 19, 2022, 4-H Adult Leaders' Association Meeting that starts at 7pm in Room 165 of the Government Center. There will be sticky notes and pens available for anyone to contribute to the four flipcharts with the topic areas (SOAR). To give you time to prepare your responses, here are the four questions:

S: What is our 4-H program doing well, including strengths, uniqueness, capabilities, and greatest accomplishments?

O: What are some of the opportunities that are currently being offered in our program? What opportunities do we need to improve upon as a 4-H program?

A: What are the ways that our 4-H program can meet our goals? What does our program desire to be known for?

R: What are the measurable results that will tell us we have achieved our vision of the future? What are the steps we are going to do to achieve our goals?

4-H Adult Leaders August Meeting Recap

The August 8, 2022 meeting was called to order by Don Strabel. Pledges were recited. In attendance was: Don, Charlene, Avery, Anna, Deb, Caylin, Katie, and Marge. The Secretary's Report was approved by Charlene, second by Marge. The Treasurer's Report was approved by Charlene and Caylin. Clubs with leaders present gave reports. Orange had a poultry clinic, offered pullorum testing for poultry to go to the fair, helped with Enrichment in the Park with Wood Creek, and are getting ready for the fair. Wood Creek shared about members going to camp, helping with food at the Rock & Mineral Show, Music in the Park, and Enrichment in the Park with Orange. Wood River Beavers elected club officers (who are all young), and voted to start their bank accounts at Indianhead Credit Union. They will be working in the fair food stand to earn money (their first fundraiser!). Beth gave an Extension Report and gave out her new work cell phone number. She said that there will not be set days for her to be in Burnett or Washburn but she

is reachable via email and work cell regardless of which office she is sitting in. Call before you come to the office to make sure someone is here to serve you. Katie Tewalt agreed to serve as the Advisor of the Jr Leaders starting in the new 4-H year. She would appreciate a "co-pilot" on this journey as well because of her work schedule.

Old Business: Plat Books have arrived and we discussed how best to promote their sales. Day Camp at Crex is happening this week. It's the last camp of the summer. 4-H has been asked to help at the fair in a variety of ways including calling BINGO, serving ice cream, having a booth to promote 4-H, etc. As a group we talked briefly about needing to schedule an Archery Leader meeting to order supplies soon. Wood Creek and Orange talked about how well the Enrichment in the Park event with Moms For Kids went. This week a group of 4-Hers will go present to the 100 Women Who Care group in hopes of being selected to receive a \$10,000 donation. School Open Houses are different this year and we will try to cover as many schools as will allow us in. Fall Project Day is being scheduled for October 1st. Look for promotion flier at fair, schools, and Bugle. Taste of 4-H virtual lessons are offered throughout October.

New business: National 4-H Week theme is Opportunities 4 All. Marge agreed to organize the Window Display Contest. Information will be in the September Bugle. Locker tags will also be available. Let Beth know how many you need. Annual Financial Reports are due September 1st and Charters are due online October 10th. Beth will revise the awards trip guidelines to include financial scholarships for educational experiences vs trip award selection. Awards committee can review and approve this when they judge record books in September. We also discussed purchasing promotion materials for each club to have on hand. Charlene motioned and Caylin second the purchase of up to \$200 in 4-H promotion materials from Shop 4-H. We also discussed having a Leaders Banquet on November 6th at 6pm at the Pour House.

Charlene made a motion to adjourn the meeting and Marge second.



Burnett County Club Window Display Contest 2022

Judging Guidelines

Theme: "Opportunities 4 All"

Conveys a message: A viewer leaving the exhibit knows something about a 4-H club, UW-Madison, Division of Extension, community service, etc., that they might not have known before. The message should be clear. Visit the National 4-H Week website for more details/ideas:

<https://4-h.org/professionals/marketing-resources/4-h-week-toolkit/>

Attracts Attention: Attracts favorable attention to the display.

Design: Elements of the exhibit are placed effectively to give the window a complete and finished look. The message should be a part of the design.

Attracts Interest: The display encourages viewers to seek additional information. Display appeals to the intended audience.

Workmanship: Neat and well constructed though not necessarily expensive.

Originality: Evidence of creative thought.

Criteria:

- Must positively promote 4-H and *be creative*.
- Must be visible 24/7 (if business is not open 24/7, the display must be in a window)
- Must contain contact information, including the Extension Burnett County phone number (715-349-2151).
- Must have the club name visible.
- Must be up NO LATER than 12:00 p.m. the day prior to the beginning of National 4-H Week and remain up through the last day of the week (Saturday).
- The 4-H Emblem shall appear whole and not covered by other objects. The tail must point to the right. This is a federal law.

Burnett County 4-H Adult Leaders' Association

SEPTEMBER 18, 2022 7:00 P.M.

BURNETT COUNTY GOVERNMENT CENTER, ROOM 165

OR VIA ZOOM (link emailed out to general leaders prior to meeting; ask Beth for link)

CALL TO ORDER

PLEDGE

SECRETARY'S REPORT

TREASURER'S REPORT

CLUB REPORTS- BRANSTAD BUCKS, JOLLY HS, ORANGE, WOOD CREEK, WOOD RIVER BEAVERS

EXTENSION REPORT—SOAR process (up to 20 minutes)

JUNIOR LEADER REPORT

OLD BUSINESS

SMART goals review for 2021-2022 and reset for 2022-2023

-21-22 Program Quality goal: retain membership by 75% and increase membership in the Burnett County 4-H program by 10%.

-21-22 Expanding Access goal: Our members will develop special interest activity groups for Burnett County to meet the needs and interests of a more diverse group of youth through virtual and in-person programs.

- Do you want to keep the same goals or do you want to wait until after the SOAR process report is out to establish goals then? Postpone until October meeting?

Plat Book Updates

Day Camp – August 11 at Crex Meadows

Burnett Co Ag Society Fair in Grantsburg – August 25-28, 2022

4-H Shooting Sports supply purchase update

100 Women Who Care Presentation –August 10th 7pm in Luck

School Open Houses

Fall Project Day – October 1st 1-4:30 Siren School

National 4-H Week Taste of 4-H – virtual offerings

National 4-H Week theme: Opportunities4All

-(<https://4-h.org/professionals/marketing-resources/4-h-week-toolkit/>)

-Window display contest

-Locker tags?

Clubs and Leaders' Assoc. Annual Financial Report due by Sept 1

Charters due by Nov 1 (<https://4h.extension.wisc.edu/resources/volunteer-resources/administrative/charter/>)

ANY OTHER OLD BUSINESS

NEW BUSINESS

Set Awards Committee meeting for reviewing Record Books and awards

Volunteer Banquet – Sunday, November 6th at 6pm at Pour House in Siren. Order for yourself off the menu.

Annual meeting at November meeting. Elections for Vice President and Secretary.

4-H Promotion materials available for each club to have.

Christmas at the Forts – do we have a preference for which date we are there? Dec 3, 4, or 10th

Meeting date change to 3rd Monday of every month?

ANY OTHER NEW BUSINESS

NEXT MEETING: OCTOBER _____, 2022



EXTENSION BURNETT/WASHBURN COUNTIES PRESENTS



4-H Project Day

Saturday, October 1, 2022

1:00-4:30p.m.

Siren School-enter by District Office

**Open to all youth in Burnett & Washburn Counties
4-H membership not required**

Project Day is an afternoon of fun, hands-on learning experiences for local 4-H youth and the community. Must be in grades Kindergarten (5K) and above to participate. This event showcases all of the fun things you can do in 4-H! Participants will have the opportunity to work on various projects they are interested in. These projects will be taught by older 4-H youth and adult volunteers from the area.

There will be a total of three, one-hour afternoon sessions for participants to attend. The sessions are approximately 50-60 minutes, feature kid/adult friendly material, are interactive/hands-on, experiential, and may include a project that you can take away from the session that day!

Schedule

(Please arrive promptly so that sessions can start on time)

1:00-1:10	Check-in; games; pledges
1:10-2:10	Session 1
2:10-2:20	water & bathroom break
2:20-3:20	Session 2
3:20-3:30	snack, water, & bathroom break
3:30-4:30	Session 3

**To register:
Visit:**

<https://tinyurl.com/4-HPROJECTDAY>

**OR
Fill out form**

on page 4
and return to Extension
Burnett County

Cost: \$5.00 per participant

- Sessions will be filled on a first come, first served basis.
- Registration deadline is **September 16, 2022** to the Burnett County Extension Office
(7410 County Road K, #107, Siren, WI 54872)
- Come for one session, or all three (same cost)
- When selecting sessions please note any recommended age/grade guidelines
- Please note on your registration form if participant requires any accommodations or has food allergies
- All materials will be supplied, unless otherwise noted.
- Parents are encouraged to attend and help as needed.
- Parents may also participate in sessions if they register and pay as a participant; please note that sessions will be filled with youth first.
- *Please make sure forms are received, with payment, no later than **September 16, 2022**. Checks are to be made out to Burnett County 4-H. Contact the Extension Burnett County Office at 715-349-2151 or 608-347-6994 with any questions.*

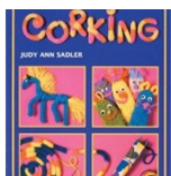
SESSION DESCRIPTIONS



Small Animals

Amy, Nathan, & Rees Whitmore, Washburn County 4-H Members & Volunteer

In this session, participants will learn about the anatomy of a rabbit, chicken, and a duck. Maybe even get to pet an animal or two! Participants will create a poster identifying the anatomy of either a rabbit, chicken, or duck. Open to all youth. Maximum of 12 participants per session.



Corking/French Knitting/Spool Knitting

Terri Johnson, Washburn County 4-H Volunteer

In this session, participants will explore a style of knitting that has been around for decades and does not require needles. Participants will learn this knitting technique and can begin a small knitting projects. Open to all youth; younger children may need more 1:1 help from a parent/guardian. Maximum of 6 participants per session.



Greeting Card Making

Anna Hochstetler & Dena Sensenig, Community Members and paper craft enthusiast

In this session, participants will create greetings cards from the resources provided. Participants will assemble a card step by step to create a few different greeting cards that can be entered into the 4-H Cultural Arts Festival and/or County Fairs.



Water Bottle Rockets

Elizabeth Pavlicek, Burnett County 4-H Member & Jr. Leader

In this session, participants will create and launch their own rockets using an empty water bottle. Open to all youth.

Please bring an empty water bottle (20 oz or 1L size, or both) to this session.



LEGOS

Annaleise Pavlicek, Burnett County 4-H Member & Jr. Leader

In this session, participants will explore the world of LEGO Building Blocks and participate in individual and team builds using the LEGO Building Blocks provided to learn about engineering, art, communication, leadership, and more. Open to all youth 4th grade +.



Welcoming New People, Icebreakers, & More

Isaac Dalager, Washburn County 4-H Jr. Leaders Advisor

Being new can be intimidating, even scary. Show leadership by welcoming guests, visitors, or new members thru personal interaction and/or meeting design. This is a great session to attend if you are or want to become a club officer. Open to youth who are or will be club officers in 4-H. Minimum of 6 youth per session.



Exploring How Nature is Good for Us

Danette Hopke, Extension Washburn County Health & Wellbeing Educator

During this session participants will learn different ways to explore the world around us and some of the benefits of doing so. We will talk about many of the different project areas that can have a nature and/or wellness connection and then youth will be able to practice engaging with the world around us using our senses. Supplies will be provided to make a nature journal and we will talk about other ways we can capture and savor our experiences too. Writing and drawing skills are not a requirement just a willingness to see, hear, smell, and touch the world around you!



Halloween Desserts

Kate Peterson, Burnett County 4-H Member & Jr. Leader

In this session, participants will decorate easy treats like ghost cupcakes (see picture), witches brooms, witches hats, and chocolate acorns.

SESSION DESCRIPTIONS



Cloverbuds—Making Seed Mosaics

Beth Rank, Burnett & Washburn Counties 4-H Educator or Guest Presenter

In this session, participants in grades K-2nd grade will complete the October 2022 Cloverbud lesson which is making a seed mosaic pumpkin using popcorn, dried split peas, and black beans. If time allows we'll play some pumpkin themed games too. Open to youth in grades 5K-2nd grade



Horses

Rachael Trittelwitz, Burnett County 4-H Volunteer

In this session, participants will learn about Equine Breeds, Western Saddle Parts, Performance Classes, Parts of the Horse, and other "Horse stuff." Participants will also play fun games and complete a small craft related to horses. Open to youth in grades 3+



Beginner Painting

Katie Proffit, Burnett County 4-H Volunteer

In this session, participants will learn by doing. They will create a simple, yet beautiful work of art that can be entered at the 4-H Cultural Arts Fest and/or County Fair. Open to all youth.



Advanced Painting

Katie Proffit, Burnett County 4-H Volunteer

In this session, participants will learn by doing a more difficult painting than the Beginning Painting class. They will create a more challenging work of art that can be entered at the 4-H Cultural Arts Fest and/or County Fair. Open to all youth grades 3+ who have painted before.



Wet Felting

Cerissa Stockton, Washburn County 4-H Parent

In this session, participants will explore the amazing world of wet felting. Participants will create their own felted soap. Open to all youth. **Please bring a bar of soap to this session.**



Rubber Band Bracelets

Ivy Johnson, Burnett County 4-H Member & Jr. Leader

In this session, participants will create beautiful bracelets using small rubber bands. Materials will be provided. Open to all youth.



Archery

Anna Treague & Avery Pope, Burnett County 4-H Volunteers & WI Shooting Sports Certified Archery Instructors

In this session, participants will learn the 4-H Shooting Sports Archery rules, learn how to determine eye dominance, how to use a bow properly, and get the opportunity to practice the archery discipline.



4-H Promotion Poster

Janell Sacharski, Washburn County 4-H Volunteer & Ambassadors Advisor

In this session, participants will learn some basic techniques for creating blue ribbon posters for their project and for the fair...as an outcome, we will be making a fun promotional poster for 4-H week. Open to all youth. Maximum of 10 participants per session.

4-H Project Day



PAPER REGISTRATION

Due September 16, 2022—No late registrations will be accepted

For additional registrations, please feel free to make copies of this form or register online:

<https://tinyurl.com/4-HPROJECTDAY>

(Adults may participate; please complete a separate registration form and pay the registration fee)

Family Name: _____

Address: _____

Phone: _____ *Email Address: _____

*Confirmation email will be sent with session selections prior to the event

Parent/Guardian Name (s): _____

Parent/Guardian will be attending: Yes _____ No _____

- Please enclose cash or check (payable to: **Burnett County 4-H Leaders Association**) to cover **\$5 registration fee per participant**
- If mailing form, please mail it early enough so it is received by September 16, 2022
Extension Burnett County 7410 County Road K #107, Siren, WI 54872
- Contact Beth Rank at 608-347-6994 or beth.rank@wisc.edu with any questions or to confidentially request an accommodation

FIRST PARTICIPANT

Please fill in your session choices in order of preference. Fill in **all** blanks! You are not guaranteed your selections, but they will be used in assigning sessions. The more you fill out the better.

Name: _____ Grade : _____

1st Choice: _____

2nd Choice: _____

3rd Choice: _____

4th Choice: _____

5th Choice: _____

6th Choice: _____

Please list any food or material (latex, etc.) allergies and/or accommodation requests.

SECOND PARTICIPANT

Please fill in your session choices in order of preference. Fill in **all** blanks! You are not guaranteed your selections, but they will be used in assigning sessions. The more you fill out the better.

Name: _____ Grade : _____

1st Choice: _____

2nd Choice: _____

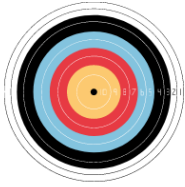
3rd Choice: _____

4th Choice: _____

5th Choice: _____

6th Choice: _____

Please list any food or material (latex, etc.) allergies and/or accommodation requests.



OPEN TO ALL YOUTH
NEED NOT BE A 4-H MEMBER TO JOIN THE FUN.



WHO?

Anyone in Barron,
Burnett, Douglas,
Rusk, Sawyer, or
Washburn Counties
(or our neighbors)

WHEN?

October 4, 18,
20, 24 and 27
see back for details
Via Zoom

WHAT?

Come "sample" the
different projects 4-H
has to offer.

REGISTER ONLINE BY SEPTEMBER 16

wi.4honline.com

Registration opens September 1. Sign into 4-H online and click events.
Not a 4-H member? Choose "Don't have an account?"
and set up a participant account

**SOME SUPPLIES WILL BE PROVIDED AND CAN BE PICKED UP
AT YOUR LOCAL EXTENSION OFFICE.**

A LIST OF ADDITIONAL SUPPLIES WILL BE PROVIDED PRIOR TO SESSION.

Supply pick-up will be at your local extension office starting September 26.
Supplies are limited to the first 40 to register per session.

Questions? Contact:

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UW-MADISON EXTENSION

An EEO/AA employer, University of Wisconsin-Madison Division of Extension provides equal opportunities in employment and programming,
including Title VI, Title IX, the Americans with Disabilities Act (ADA) and Section 504 of the Rehabilitation Act requirements.

MONDAY, OCTOBER 17
6:30-7:30PM VIA ZOOM

CD CASE GREENHOUSES

3RD-13TH GRADE

Do you know what seeds need in order to sprout into plants that can become food for us to enjoy? In this session participants will create a CD case mini-greenhouse where radish seeds sprout into seedlings right before your eyes!

Supplies Provided

TUESDAY, OCTOBER 4
6:30-7:30 PM VIA ZOOM

Supplies Provided

MISSION TO MARS

GRADES 5TH GRADE AND UP; 3-4 GRADE WITH HELP

NASA has been exploring Mars since 1964 through missions, including missions to explore the surface with a rover. Join us using the Engineering Design Process and simple circuits to build a rover that will navigate the surface of Mars. Participants will receive a motor, wheel and axel and additional supplies to build their rover. How will yours hold up to the challenge?

MONDAY, OCTOBER 24
6:30-7:30 PM VIA ZOOM

Supplies Provided

DIAMOND ART

3RD-13TH GRADE

Apply resin "diamonds" to an adhesive canvas to create shimmering Diamond Art. Attend this session to discover the joy and stress-relieving benefits of Diamond Art and create a cute 4-H Clover shaped diamond art you can adhere to a candle, jar, or frame it any way you want. The possibilities are endless!

THURSDAY, OCTOBER 20
6:30-7:00 PM VIA ZOOM

STORY SOLVERS

CLOVERBUD (5K-2ND GRADE)

Join us for a look at a book and the challenges the characters face. Can you help the characters solve the problems in their story? Cloverbuds will use "engineer" skills to help solve story problems.

Supplies Provided

TUESDAY, OCTOBER 18
6:30-7:30 PM VIA ZOOM

Supplies Provided

ARCHERY

3RD-13TH GRADE

Explore more about the Wisconsin 4-H Shooting Sports project, specifically the Archery discipline. Learn about statewide opportunities and how you can make your own archery target, backstop, ground quiver, and more. Explore how to determine eye dominance and how to use a string bow.

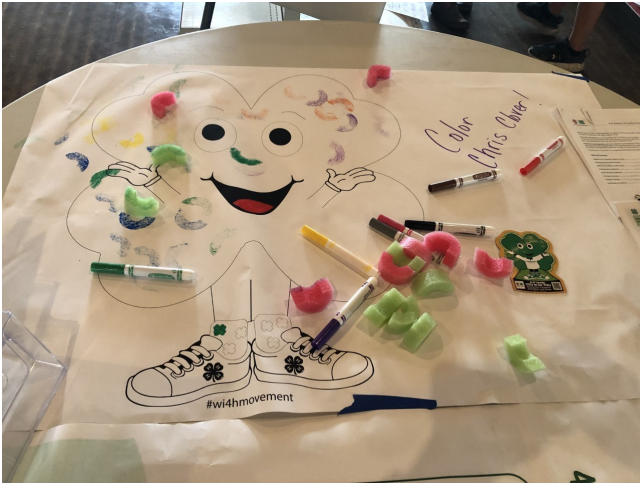
THURSDAY, OCTOBER 27
6:30-7:30 PM VIA ZOOM

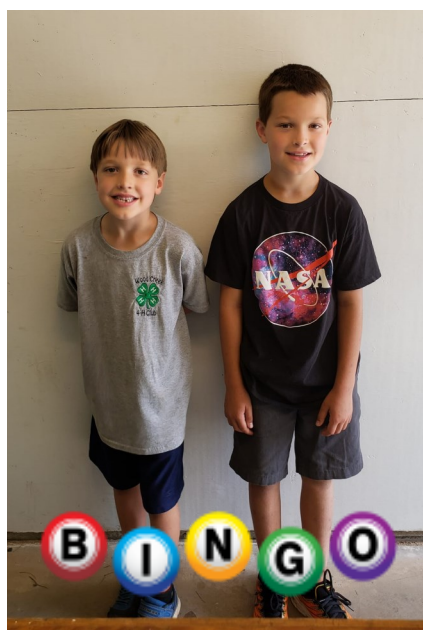
HEALTHY SNACKS

ALL AGES (WITH APPROPRIATE SUPERVISION)

Snacks are a good way to get the energy needed throughout the day. Snack foods should be just as nutritious as meal-time foods. Explore what makes up a healthy snack, start collecting snack recipes, and make a couple healthy snacks; one to eaten right away and one that can be stored for future snacking.

Burnett County Ag Society Fair







Extension

UNIVERSITY OF WISCONSIN-MADISON

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Burnett County 4-H Bugle



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Beth Rank, 4-H/ Positive Youth

Development Educator

Julie Yezek, Nutrition Education Program

Tammy Johnson, Office Support Staff

Burnett County 4-H Leaders Association Executive Committee

Don Strabel: President; Missy Peterson: Vice President

Deb Pavlicek : Secretary; Avery Pope, Treasurer

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