



Burnett County

4-H Bugle

February 2021



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A Note from the Educator -

Beth Rank

Anyone who knows me, knows that I love 4-H. I wholeheartedly admit that I bleed green. So, it's not too far of a leap for me to profess my love for 4-H again during the "month of love." For many who have spent time in the 4-H program, their 4-H club becomes another family that provides friendship, support, and a shared goal. I also think there are multiple couples in Burnett County who met through involvement with 4-H. I sincerely hope that 4-H can become something similar for you. It all starts with involvement with a 4-H club.

In this edition, you'll find some basic things to know about how 4-H club meetings work, your role as an adult, and other tips for making this a great experience for your youth members as well as all of the 4-H'ers at the meeting. Youth members are invited to get to know their club leaders and learn a little more about how the meeting is run.

I realize that clubs are meeting virtually and that so much is ever-evolving so club meetings might look different right now. I know some clubs have really tried to focus more on fun (laughing), learning, and less on meetings (leading). That is totally understandable. I have a few fun things to share that might help spark some new ideas of how clubs can foster a sense of belonging. Check out page 17 for tips on creating a welcoming virtual club meeting that everyone will love!



Calendar

FEBRUARY

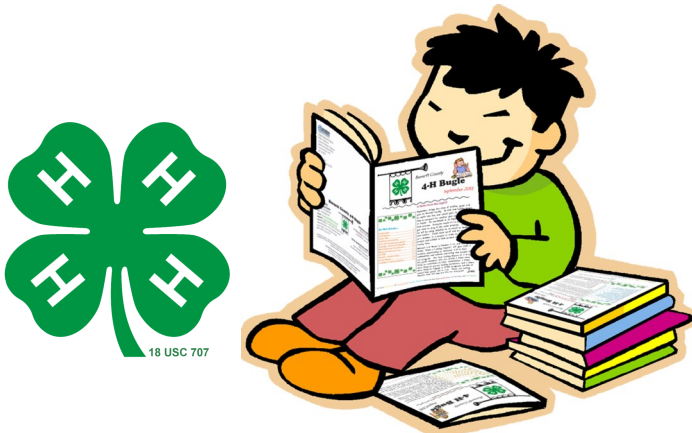
- 7 Super Bowl
- 8 Cloverbud Meeting, 6pm, Zoom
- 8 Leaders' Assoc. Meeting, 7pm, Zoom
- 14 Jr Leaders Sledding Party 2-4pm Barrel House, Frederic (no Meeting)
- 15 Presidents' Day, *Extension Office Closed*
- 20** March Bugle Submission **DEADLINE**
- 21 Winter Fun Adaptation presentation and Game Night 7 pm, Zoom
- 22 Winter Family Fun Day @ Hunt Hill 1-3p

MARCH

- 8 Cloverbud Meeting, 6pm, Zoom
- 8 Leaders' Assoc. Meeting, 7pm, Zoom
- 14 Daylight Savings Time begins
- 14 Jr Leaders' Meeting, 1pm, Zoom
- 14 4-H Café, 3pm, Zoom
- 20** April Bugle Submission **DEADLINE**

APRIL

- 2 Good Friday, *UW-Extension Office Closed*
- 4 Easter
- 10 **TENTATIVE** Cultural Arts Festival, Siren Covenant Church, Time TBA
- 11 Jr Leaders' Meeting, 1 pm, Zoom or Gov't Center,
- 12 Cloverbud Meeting, 6pm, Zoom or Gov't Center
- 12 Leaders' Assoc. Meeting, 7pm, Zoom or Gov't Center
- 20** May Bugle Submission **DEADLINE**
- 22 Earth Day



OFFICE HOURS - Beth Rank is working remotely until further notice. She can be reached via email at beth.rank@wisc.edu or call the office number 715-349-2151 and leave a detailed message. Beth checks messages regularly and will call you back. Tammy is in the Land Services Office. Call for an appointment. Monday - Friday from 8:30 am until 4:30 pm.

FOOD RESOURCES - Second Harvest Food Distribution dates at Connections in Webster from 11am-4pm

- February 4 & 18
- March 4 & 18
- April 1 & 15

Children's books will be given to families on food distribution days also! Free bread available at Trinity Lutheran Church in Falun every Friday from 11am until the bread is gone.

4-H News

BUGLE DEADLINE - The **DEADLINE** to submit all *Bugle* articles, news, photos, etc. is the 20th of the month. Please drop your items off at the office or email Beth Rank. Anything received after the 20th will go in the following month's *Bugle*.

PLAT BOOKS - Plat book sales are one of the main fundraisers of the Burnett County 4-H program. Please encourage people to purchase a traditional paper plat book, wall map, or maps in two digital versions.

1. SmartMap for your smart phone or tablet. A SmartMap allows you to view your location on the map and track real-time movement with the device GPS, you can measure distances and areas as well as add points of interest, photos, position and label names to the map and much more.
2. eBook for your tablet, laptop or PC. This is a digital version of the plat book. Visit mappingsolutionsGIS.com for these digital products.

4-H LICENSE PLATE FUNDRAISER - Show your love of 4-H by ordering a Wisconsin 4-H license plate for your car, truck or motor home. "Half of the proceeds from every plate sale will go back to the county in which the plate was purchased. The other half will be used for state and regional 4-H programs."

At each plate renewal, 4-H supporters will pay

price might go up slightly, depending on what items get used at the in-person meetings (if applicable).

To order a box, call 715-349-2151, email beth.rank@wisc.edu, or Facebook Message Beth Rank/Burnett County 4-H to order your box.

Youth Mental Health First Aid

Do you want to learn more about how you can support youth in your community?

We are excited to announce that YOU can join Extension staff in Youth Mental Health First Aid Training (6.5 hours) with dates offered January – March 2021 through a grant from The Wisconsin Rural Opioid and Stimulant Engagement Project.



We know there is a Mental Health crisis for young people. And we know you YOU are in spaces working directly to support young people. We thank you for all you do to support young people as volunteers!!!

If you want to learn more..... Mental Health First Aid teaches you how to identify, understand, and respond to signs of mental illness and substance use disorders.

Mental Health is predicted to be the [fourth wave of the Covid-19 Pandemic](#). Because of your work with young people in your community you may be more likely to see this impact.

TRAINING DETAILS AND REGISTRATION LINKS BELOW:

- Limited to 20 adult participants per session.
- Training has two REQUIRED parts:
 - Ø Complete a 2-hour, self-paced online class first, and then
 - Ø Participate in a 4.5 hour Instructor-led Zoom Meeting 8:00 a.m.- 12:30 pm
- Sessions will fill quickly – register early.
- Provided by Division of Extension Health and Well-Being Institute

Click on the date below to register. You will receive a confirmation email and details on how to complete the online class prior to the training

date you chose.

[Jan 14, 2021](#); [Jan 29, 2021](#); [Feb 2, 2021](#); [Feb 19, 2021](#); [March 8, 2021](#) *special time (noon until 4:30); [March 23, 2021](#)

Visit the [ROTA WiROSE website](#) for more information **Youth Mental Health First Aid.**

Training Questions: Contact Jen Park-Mroch, Health and Well-Being Specialist
jennifer.parkmroch@wisc.edu

4-H Foundation Scholarship

The Wisconsin 4-H Foundation will award more than \$15,000 in scholarships to outstanding Wisconsin 4-H members and alumni pursuing higher education in 2021. To be considered for financial support, applications must be received by the Wisconsin 4-H Foundation via email by Monday, March 15, 2021.

Wisconsin 4-H Foundation scholarships are awarded to students based on demonstrated personal growth through 4-H, development and leadership in 4-H, academic performance and future educational goals.

To be eligible for Wisconsin 4-H Foundation scholarships students must have been a Wisconsin 4-H member for at least three years; have a grade point average of at least 2.5 on a 4.0 scale, and be enrolled or planning to enroll at a university, college or technical school during the 2021-2022 academic school year.

Scholarship winners from previous years are not eligible to receive a second 4-H Foundation scholarship.

The application is a one-page resume and a one page cover letter, both of which give the 4-H youth a chance to share their 4-H achievements, as well as their future plans. Applicants are asked to treat this process as if applying for a job.

Cover letters and resumes must be submitted as one PDF document and emailed to scholarships@wis4hfoundation.org. For detailed information about what to include in and how to prepare the application documents, 4-H youth can visit www.Wis4HFoundation.org/scholarships.

A panel of experienced youth educators will screen the applications and select finalists. Applications chosen as finalists will be ranked by a second panel comprised of 4-H and youth development experts. The 4-H Foundation will assign available scholarships to the top-ranking applications based on scholarship criteria.

Applicants who are awarded scholarships will be notified by postal letter and email in May.

Youth Livestock Program Offerings

The Wisconsin Youth Livestock Program (WYLP), in connection with the University of Wisconsin Madison Animal & Dairy Sciences Department, College of Agricultural and Life Sciences and Division of Extension, are excited to offer these LIVE Virtual Zoom educational programs for the winter/spring of 2020-2021. These current topics are for youth and adults alike and occur on the 2nd



Thursday of the month from January through May. Each session begins at 7 p.m. CST with a presentation followed by Q&A. You must register in order to receive the connecting information through email.

For more detailed information of each presentation and to register for any or all of the events, please go to: <https://go.wisc.edu/r3x8lh>. On this webpage you can also complete an educational verification form and turn it into your county fair and or livestock committee to verify your participation.

January 14 - Roaming the Rumen

February 11 - Feeding & caring for Swine without Ractopamine

March 11 - Lamb Live & Carcass Evaluation; Lamb Culinary products

April 8 - Artificial Intelligence in Animal Sciences using sensors and cameras

May 13 - Meat Science Cookery

Here is the recording and the playlist for all of the virtual programming.

<https://youtube.com/playlist?list=PLI3EqGUag9cyyrIQ1nIKFgpcyEODfbNuV>

Make sure you fill out the evaluation if you attended or reviewed the recording.

https://uwmadison.co1.qualtrics.com/jfe/form/SV_87jqJD2pjrlRyB

While on the Wisconsin Youth Livestock Program YouTube channel, review other educational videos that you find interesting. <https://www.youtube.com/channel/UC1mPVKo63rmBr5s3kFyvX9g>

For more information visit <https://go.wisc.edu/r3x8lh> or contact Bernie O'Rourke, UW- Madison Extension Youth Livestock Specialist at (608) 263-4304 or borourke2@wisc.edu.

For more information go to the Wisconsin Youth Livestock Program.

Website - <https://fyi.extension.wisc.edu/youthlivestock/>

YouTube - <https://www.youtube.com/channel/UC1mPVKo63rmBr5s3kFyvX9g>

Facebook - <https://www.facebook.com/wisconsinyouthlivestock/>

Instagram – <https://www.instagram.com/wiyouthlvstk/>

Twitter - <https://twitter.com/wiyouthlvstk>

Virtual Learning Community Opportunity to Teach and Lead

Across the Division of Extension we have been learning and improving our transition to virtual spaces. You haven't heard from the Virtual Learning Community since our Summer Virtual Learning Community, but Positive Youth Development in virtual spaces has continued to grow and develop. Since summer we've been building out virtual opportunities and had over 500 people registered for our first ever Virtual

Fall Forum AND hundreds of volunteers registered and participated in our Virtual Annual Leader Trainings. In order to continue building out a community of learning around the state, **we need Youth Leaders and Adult Volunteers!**

Below are some commonly asked questions:

Why are we inviting YOU?

We have BIG DREAMS:

- provide high, quality virtual opportunities for youth and families across the state, **Kindergarten-13th Grades and Adults**
- involve **YOUTH and adult leaders, staff and community partners** in facilitating planned activities
- provide **additional promotion** for programs that are being offered across the state

What type of content are you looking for?

We are looking for project area content, leadership trainings and open spaces for youth to engage and connect around other topics/areas of interest. If you have an interest or passion and are willing to share it with others, we'll help make it work in a virtual space.

Does the session need to be new?

Nope. We know that many participants were just getting to know the calendar and as they did never attended all the sessions that might have interested them. Also, if you're like us, you've been learning and tweaking. If you have a program that you have already offered and are willing to offer it again, please do!

Can I submit more than one session?

Absolutely! We all know that virtual programs are most effective in 40 minutes, so if you have too much content for one session, a series is great. We've also learned from our evaluation that participants enjoy seeing each other more than once and recognizing faces and names.

Is there a deadline to submit?

Nope. Programs are needed ongoing! Submission dates are weekly. After you submit, sessions will be reviewed by a committee of youth leaders, volunteers and staff using our Positive Youth Development learning review process adapted for virtual learning.

I would like a little more information about

Virtual Learning Community before I submit. Where can I go?

Fair enough. With the lessons learned, we have a new submission process, facilitator support resources, a uniform registration process, evaluation process and a plan for promotion and marketing. Our website can be found at <https://4h.extension.wisc.edu/virtual-learning-community/>.

Okay! I'm convinced. Where do I submit?

Submissions can be made at: https://uwmadison.co1.qualtrics.com/jfe/form/SV_2idXsm8tPCVGILz.

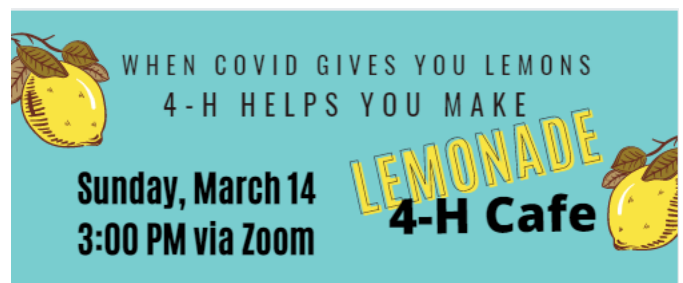
With the easy to use back button, you can explore the submission form to learn a little more about the types of sessions and content.

What happens after I submit?

Our committee will respond to submissions with a follow up e-mail or call to the primary contact within a week.

The Virtual Learning Community knows how important supportive relationships within youth development spaces are to creating community, valuing youth voice and empowering action in our communities. We are committed to ensuring that anyone who wants to find an engaging, educational, and FUN online connection will be able to do so easily. We hope you will help us make it happen.

Save the Date: 4-H Café for volunteers





Carey's Ben Franklin
Friend of 4-H Award Nominated
by Orange 4-H. Photo by Mary
Johnson



INFORMATION FOR NEW AND RETURNING FAMILIES

The Extension Burnett County website is loaded with information to guide families through 4-H. Please share this information with new families. Re-enrolling families might not be aware of all these resources either!

- **ENROLLMENT HELP** can be found in the Wisconsin 4-H Family Enrollment Guide with information on how to register in 4HOnline 2.0 for new enrollments and re-enrollments: https://fyi.extension.wisc.edu/4h-ext/files/2020/09/4HOnline.v2.Family.Enrollment.Guide_.pdf
- **AWARD GUIDELINES** are also on the site on their own page, Youth Award Guidelines, under 4-H Youth Development/For Members. That link is: <https://burnett.extension.wisc.edu/4-h-youth-development/for-members/youth-award-guidelines/>
- **COMMUNITY CLUBS** are also located under the 4-H Youth Development tab. Contact information for each club as well as club location are included.

Jr. Leaders' January 10 Meeting Minutes

Attendance: Alex, Emma, Kate, Lucy, Allison, Elizabeth.

Meeting held via Zoom. Meeting leader: Emma. Meeting recorder: Alex. Pledges led by Emma. Alex read the minutes from the November meeting. No old business. We brainstormed COVID-friendly educational and social activities. Lucy made a motion that we go to the Barrel House as Jr Leaders for our next meeting. Alex 2nd it. Sledding at 2 p.m. on February 14th. February 20-21 possible family outdoor event with Washburn County. We discussed summer camp options like Luther Park the 2nd week in July or Hunt Hill in early August. New business: meetings in 2021. Agreed to keep as is. Meeting adjourned. Next event @ Barrel House, February 14th @ 2 pm. Meeting minutes submitted by Alex Peterson.

Jr. Leaders' February Sledding Party!



Burnett County 4-H Jr Leaders'

VALENTINE'S DAY SLEDDING PARTY

Sunday, February 14, 2021 2:00-4:00 p.m.

Hill @ Barrel House Restaurant, Frederic, WI

RSVP to Beth (beth.rank@wisc.edu or text 715-520-2354 or FB message her) by 2/13



Adult Leaders' February Agenda

via Zoom Meeting

To attend the meeting via Zoom, please register here too: <https://uwextension.zoom.us/j/94461203754>

After registering, you will receive an email with link and password to join the meeting.

CALL TO ORDER

PLEDGE

SECRETARY'S REPORT

TREASURER'S REPORT

CLUB REPORTS- BRANSTAD BUCKS, JOLLY HS, ORANGE, WOOD CREEK

EXTENSION REPORT

JUNIOR LEADER REPORT

OLD BUSINESS

SMART Goals Reminders:

- Program Quality goal: We want to increase youth voice and sharing of their skills during our meetings. How can we do this well?

- Expanding Access goal: We want to improve how our club supports new families. How can we do this well?

Summer Camp 2021 Discussion Continued

- Option #1: Camp with Washburn and Douglas counties at Hunt Hill; August 3-5, 2021

- Option #2: Camp by ourselves at Wood Lake Camp in Grantsburg

- Option #3: Camp by ourselves at Luther Park in Danbury; camp may be vacant week of July 12-16

- Option #4: Camp with Rusk and Sawyer at Trails End in Bruce

- Option #5: Plan for day camps only once a month at various places (possibly with other counties)

- Option #6: Camp in a Box/Virtual Camp

Cultural Arts Fest 2021

- Siren Covenant Church approved our request (Deb)

- Approval Process update (Beth)

ANY OTHER OLD BUSINESS

NEW BUSINESS

Food & Clothing Revue

- virtual or in-person with less than 10 (similar to Cultural Arts) indoors or outdoors?

- May or early June?

ANY OTHER NEW BUSINESS

PLEASE READ: In deciding whether or not to attend this meeting in person or online: Please stay home, and join us via Zoom, if you are experiencing any of the symptoms of COVID-19 or have had known contact with anyone with COVID-19 in the last 14 days.

DISCLAIMER: UW-Madison Division of Extension faculty, staff and volunteers may require that program participants leave a program, based on health concerns associated with COVID-19.

Adult Leaders' February Meeting Minutes

BURNETT COUNTY 4-H LEADERS ASSOCIATION JANUARY 11, 2021 MINUTES

Grace called meeting to order at 7pm followed by pledges. Volunteer present included: Grace Glover-Swanson, Sheryl Stiemann, Phil Stiemann, Don Strabel, Charlene Strabel, Tessa Zeller, Deb Pavlicek, Missy Peterson, and Beth Rank. Sheryl motioned to accept secretary's report as written and was seconded by Don. Phil gave Treasurer's report verbally. Don made a motion to pay bills and was seconded by Charlene and approved; this will include annual American Income Life Insurance policy with registration for 90 youth, 1 horse project member, and 20 adult volunteers.

CLUB REPORTS- BRANSTAD BUCKS: handed out awards and took pictures; JOLLY H's: each family made baskets with cookies, cards and cheese; ORANGE: made ornaments to hand out while caroling at Kape's Lakeside and a group home in Siren, played online games at December's club hybrid meeting; WOOD CREEK: went tubing at Barrel House, played Wayne game & handed out presents at club Christmas party and handed out Acts of Kindness candy canes. EXTENSION REPORT & JUNIOR LEADER REPORT: Beth shared information about upcoming parent education classes and about 4-H programs available virtually to our 4-H youth including hybrid Winter Camp and Project Discovery. Beth went on to talk about the January Jr Leaders meeting, yesterday, and that they want to go sledding at the Barrel House on February 14th.

OLD BUSINESS – Reviewed SMART Goals: 1) Program Quality goal: keep inviting youth leaders to our meetings, also go back to club and ask for youth members' input and bring answers back to our meetings. 2) Expanding Access goal: Clubs are struggling on how to support & keep current members and new families. Most clubs are doing some type of virtual meeting whether by phone or/and computers. Talked about challenges with technology. Some ideas to encourage membership were: a "welcome to our club" slideshow, pen pals, share hotspots, etc.

Summer Camp 2021 -discussed the different options (close to home vs. meeting & interacting with other counties vs. cost), will bring back to clubs for their feedback. Beth will run the numbers and options with an estimated 40 campers at each option and check with other camp and county educators about partnering. Beth will hear from the state 4-H leadership in early April if we can have in-person summer camp, day camps and/or overnight camps.

Cultural Arts Fest 2021 -Talked about Sat. April 10 having a drop off site where members could drop off artwork, crafts, photos, etc. to be judge, and then judges would get together to judge the actual object. Also talked about finding a site where they could hold in-person activities for members to recite speeches, poems, choral reading, etc. Siren Covenant church was mentioned as a possibility. Deb offered to contact the church to see if they would be willing to let us use their facility. If they approve then we will bring a proposal to the state for approval.

OTHER NEW BUSINESS: Plat Books: There is another company soliciting our advertisers to put ads in their plat book. Leaders agreed to put together a letter to send to supporters thanking them for their on-going support & encourage them to continue their support of our plat book, and let them know our new plat books, by Mapping Solutions, will begin being worked on starting Jan. 2022 and should be ready for distribution by Aug. 22nd. Beth thinks Extensions can cover the cost.

Meeting adjourned by Grace.

Next meeting: Monday, February 8, 2021 7p.m. via Zoom



Club Happenings



Wood Creek 4-H Club went sledding for a fun outdoor recreation activity. Thank you to the Barrel House Restaurant in Frederic, WI for having a nice hill and allowing groups to sled for free.



All clubs can share what they have been up to in this newsletter. Submit photos and a few words by the 20th of the month to be included in the next edition of the newsletter. If no one submits anything, Beth searches the club Facebook pages.

WINTER FAMILY FUN

February 20-21 , 2021

Burnett ☼ Douglas ☼ Rusk ☼ Sawyer



Adapting to Winter

Nature Presentation
by Chris Cold
Saturday, February 20
(online via Zoom) at 7PM

Bingo Night

Saturday, February 20
Following Presentation

Prizes & Fun for Everyone!

Outdoor Fun

Sunday, February 21
at Hunt Hill, Sarona, WI
1-3PM
Responsible for own
Transportation.

Register Here: wi.4honline.com
Due: February 7 | FREE for all youth

WINTER FAMILY FUN

February 20-21, 2021

Join friends from , Barron, Burnett, Douglas, Rusk, Sawyer, and Washburn counties for a weekend of family fun.

Each family will receive some exciting 4-H swag & snacks!
T-shirts available to those who register by February 7
Shirts are FREE for youth | Adults - \$10

Join both days or pick one: register online at wi.4honline.com

Saturday, February 20 - Kick off Winter Family Fun with a virtual Nature Presentation by Chris Cold and hang out after with some Bingo (Prizes and a good fun!). You don't want to miss out on this engaging presentation. Join us online at 7PM!

Following Nature Presentation - Saturday, February 20 -Bingo Night! Pop the popcorn and use your favorite mug to sip on some hot chocolate! Join us as we play a few rounds of BINGO--virtual and have a chance to WIN prizes!

Sunday, February 21 In-Person Winter Fun - Join us at Hunt Hill (N2384 Hunt Hill Rd, Sarona, WI 54870) for small group winter activities, including snowshoeing and so much more. You will need your own transportation and we will meet you at Hunt Hill from 1:00-3:00PM. ****Snowshoes available for 3rd grade through adult (younger youth can bring their own snowshoes or walk along trails)**** *If you can't come in person, we will send ideas for winter activities around the area you can explore on your own.* **Limited to 45 participants.**

COVID-19 Guidelines: Masks must be worn for our in-person program at Hunt Hill.

If you are experiencing any of the symptoms of COVID-19 or have had known contact with anyone with COVID-19 in the last 14 days, please choose to refrain from attending this event. Prior to the event, attendees receive information on standards or practices that may be required of them to participate as indicated by nature of activity, including a disclaimer or accommodations for participants who are considered at high risk themselves or if they live or work with individuals at high risk.

Sign in to wi.4honline.com to register.
Instructions to register: <http://bit.ly/4hwinter>

Winter Family Fun is an **opportunity** for all **youth and their families** from the surrounding counties to continue to learn **leadership, citizenship** and **life skills**.



Register Here: wi.4honline.com
Due: February 7 | FREE for all youth

3RD WEDNESDAY OF EACH MONTH
6:30-7:30 VIA ZOOM

PAPER ART

ALL AGES

Throw out the brushes, drop the scissors, hide the paint AND bring your glue. Join us for an opportunity to create beautiful works of art with only paper, glue and your own two hands.

3RD TUESDAY OF EACH MONTH
AT 7:00 PM VIA ZOOM

ANIMAL SCIENCE

3RD - 8TH GRADE

Come along with me for the next 6 months and learn all about animals, from small to large! We will take time to get to know a few of your favorite species and understand more about them and how to manage them.

PROJECT DISCOVERY

Join us for hands-on fun!



Register Online
wi.4honline.com

sign into 4-H online and click events.
Not a 4-H member? See our More Information website for instructions on how to register.

More Information?

<https://sites.google.com/wisc.edu/area2projects>

Registration due:
Recommended by 1/6 but can
register anytime

WHO?

Anyone in Barron, Burnett, Rusk, Sawyer, or Washburn Counties (or our neighbors)

WHEN?

January 2021-June 2021
times/dates vary

Can't make it every time? No problem, most activities can be completed on your own!

WHAT?

Come learn about 4-H projects (whether you're a 4-H member or not) and even make some ready for the fair (check with your county fair for guidelines)

4TH WEDNESDAY OF EACH MONTH
7:00 PM VIA ZOOM

STEAM TEAM

3RD-6TH GRADE

Explore the world of Science, Technology, Engineering, Arts and Math. Learn from your peers using the design process. We will start with circuitry and continue on from there!

3RD MONDAY OF EACH MONTH
6:30-7:30 PM VIA ZOOM

FOOD, SCIENCE & FUN

3RD GRADE THROUGH ADULT

Partnering with FoodWise to offer a Foods & Nutrition and Food Science program for youth and adults together. During our time, we will be doing some food experiments and demonstrations, recipe sharing, culinary skill development, and more!

4TH TUESDAY OF EACH MONTH
6:30 PM VIA ZOOM

OUTDOOR LEADERSHIP

HIGH SCHOOL

Have you ever wondered what skills it takes to be an outdoor leader? Maybe you even have some of them! Here is your chance to learn many skills that apply both to the outdoors and other settings.

2ND MONDAY OF EACH MONTH
6:00-6:45 PM VIA ZOOM

CLOVERBUDS PROJECT

5K-2ND GRADE

The Cloverbuds Project is designed for youth grades 5K-2nd grade to explore and discover project areas. These monthly sessions will provide fun instruction from the Cloverbud Activity/Record Book published by Extension Burnett County.



Questions? Contact:

Beth Rank, Burnett
beth.rank@wisc.edu

Anna DeMers, Washburn
anna.demers@wisc.edu

Sky Holt, Sawyer
sky.holt@wisc.edu

Sara Waldron, Barron
sara.waldron@wisc.edu

Breanne Meyer, Rusk
breanne.meyer@wisc.edu

Small changes,
big differences.



Positive Parenting

Virtual Discussion Groups

Dealing with Disobedience

Tuesday, March 16, 2021

6:30-8:30 p.m.

Bedtime Routines

Tuesday, March 23, 2021

6:30-8:30 p.m.

Managing Fighting & Aggression

Tuesday, April 6, 2021

6:30-8:30 p.m.

Offered
FREE via
Zoom for
residents
of Barron,
Burnett,
Washburn
counties
and across
the state.

Triple P - Positive Parenting Program discussion groups will provide parents of children ages 0-12 with specific tools they can add to their toolbox of strategies to address specific, problem behaviors. Each discussion group can be taken as a stand-alone or as part of an integrated series. More information about each discussion group is on the backside of this flier.

Participate virtually from the comfort of your own home and walk away with more knowledge and confidence as a parent! Attend one, two, or all three of the discussion groups at no cost to you.



Register At:

<https://forms.gle/GbrHxm4AipdT3Myk6>

Contact Beth Rank for more information:
beth.rank@wisc.edu 715-349-2151
(leave message)

Parents participating in the Triple P discussion group receive specific strategies to address specific, problem behaviors such as disobedient behaviors and attitudes, and struggles around establishing and maintaining a bedtime routine.

March 16: Dealing with Disobedience

Dealing with Disobedience provides examples of common forms of disobedience and some reasons why children don't do as they're told. A number of positive parenting strategies are then introduced to help parents develop a personal plan to prevent disobedience, teach their children limits, and also to manage disobedience when necessary.



March 23: Developing Good Bedtime Routines

Developing Good Bedtime Routines explores different problems parents commonly face at bedtime and some of the reasons why they happen. The skills children need to get into a good bedtime routine are then discussed and parents are introduced to positive parenting strategies to help them prevent problems and develop a plan to deal with any problems that do happen at bedtime or during the night.



April 6: Managing Fighting & Aggression

Managing Fighting and Aggression encourages parents to share their experiences of dealing with aggressive and destructive behavior, and discuss some of the reasons children fight. It covers the skills that children need to be able to cooperate and get along with others. It then introduces positive parenting strategies to help prevent problems by teaching children to play nicely and resolve problems, deal with sibling conflict, and also to manage those times when children lose their temper and fight or refuse to share, or become aggressive or destructive.



An EEO/AA employer, University of Wisconsin-Madison Division of Extension provides equal opportunities in employment and programming, including Title VI, Title IX, the Americans with Disabilities Act (ADA) and Section 504 of the Rehabilitation Act requirements.

If you require accommodations to participate in this programming, please call Beth at 715-349-2151 as soon as possible.



Extension
UNIVERSITY OF WISCONSIN-MADISON



Creating a Welcoming Virtual Environment

Creating a welcoming environment in 4-H is critical to the member (and leader, and family) experience. We know that feeling a sense of belonging is a cornerstone in the Essential Elements of 4-H – and includes three components:

- 1) A positive relationship with a caring adult
- 2) An inclusive environment
- 3) A safe environment

Recognizing virtual platforms are not the norm for 4-H clubs and groups to meet, below are a few tips and tricks to try, to ensure your virtual meetings are welcoming, inviting, positive and safe:

Pre-Meeting Tips:

Being online with youth has its own successes and challenges. Be sure to check out the Wisconsin 4-H website for tips (especially around safety and quality) for engaging youth in online learning.

- Find a platform that works for you and your group. Learn the basics of it, and test your technology. Encourage your families to test their technology too!
- Send a welcome or give a call to new members and families. This will allow time for them to ask questions and for you to explain what to expect at the meeting.
- Set the tone, whether virtually or in person, think about how the environment makes people feel welcome. Be excited about the new opportunity to learn and still meet!

During the Meeting:

- Join the virtual meeting a few minutes early. Welcome everyone by name as they join. Consider playing music, asking questions, or using the chat features to quickly engage people as they arrive. Invite your youth leaders or officers to help with this!
- Ask people to change their name on their zoom or other platform. This allows everyone to call them by first name.
- Incorporate fun, easy activities (like a scavenger hunt, find it fast, virtual high five, stretch breaks, etc) every 15 minutes or so.
- Use tools like the chat box to allow everyone's voice to be heard
- Work with members and youth leaders to present, teach, and lead. Most youth are comfortable with technology and they do a great job of teaching others!

After the Meeting:

- Touch base with anyone who was having tech issues, sending out a follow up note to families recapping the meeting and sharing reminders for future events.



Developed by: Jill Jorgensen, Kewaunee County 4-H Youth Development Educator, Melinda Pollen, Brown County 4-H Youth Development Educator, Dawn VandeVoort, Door County 4-H Youth Development Educator, Marie Witzel, Dodge County 4-H Youth Development Educator, 2020.
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Exploring 4-H for New Families Member Edition



Get to Know Your Club

All 4-H clubs have adult leaders and youth decision makers. Most clubs have youth officers, like a president or a treasurer. Fill in the name and role your club leaders, and then ask them a question. Try to meet a new club member that you don't know yet, too!

Role	Name	Question	Answer
Adult Leader		How long have you been the club leader?	
Youth President/Leader		What's the best part of being a club officer?	
		How many years have you been in 4-H?	
		What's your favorite hobby outside of 4-H?	
		What's your favorite part of 4-H?	

How is the meeting run?

Most 4-H clubs use **parliamentary procedure** to make club decisions. See if you can put the 5 steps of this procedure in order. Each step is written in **bold**. The answers are found at the bottom of the adult edition.

Re-state the Motion – The president re-states the motion before the group votes.

1. _____

Discussion – The motion is discussed by all members. Members might want to bring up good or bad things about the motion, or maybe find some ways that it needs to be changed.

2. _____

Motion – A motion is a request that something can be done. Only one motion should be placed before the group at one time. A motion can be discussed and changed.

3. _____

Vote – The group votes to decide if they will pass or deny the motion. Voting usually happens by voice. Members say "aye" if they agree, and "nay" if they disagree. Voting sometimes happens in other ways (secret ballot, show of hands).

4. _____

Second – If someone agrees with the motion, they can "second" the motion which means it can be discussed by all members.

5. _____

Adapted from Quick and Easy Guide to Parliamentary Procedure, Wisconsin 4-H Southern District Leadership Team, 2001

How are you a part of parliamentary procedure as a club member?

Exploring 4-H for New Families is developed by Heidi Vanderloop Benson, Chippewa County 4-H Program Educator and Ben Hoppe, Brown County 4-H Program Educator, UW-Madison; Division of Extension.

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Parliamentary Procedure answer key: 1. Motion 2. Second 3. Discuss 4. Re-state the motion 5. Vote



Extension

UNIVERSITY OF WISCONSIN-MADISON

Burnett County Extension Office

7410 County Road K, #107

Siren, WI 54872

Burnett County 4-H Bugle



Area Extension Director

Lori Baltusis

Phone: (715) 295-4112

Email: lori.baltusis@wisc.edu

Spooner Agricultural Research Station

Phone: (800) 528-1914

Kevin Schoessow, Area Ag Agent

Burnett County

Government Center

Phone: (715) 349-2151

Fax: (715) 349-2102

Email: beth.rank@wisc.edu

Website: www.burnett.uwex.edu/4h

Beth Rank, 4-H/ Positive Youth

Development Educator

Julie Yezek, Nutrition Education Program

Tammy Johnson, Office Support Staff

Burnett County 4-H Leaders Association Executive Committee
Grace Glover-Swanson: President; Don Strabel: Vice President;
Tessa Zeller: Secretary; Phil Stiemann, Treasurer

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