



Burnett County

4-H Bugle

December 2020

In This Issue...

Calendar.....	2
Food Resources.....	2
4-H News	2-3
Arts Contest	3
License Plate Fundraiser.....	4
Cloverbuds Information.....	5
Jr Leaders' Information	6
Research Opportunity.....	7
Parent Education Class Offering..	7
Adult Leaders'	8
Exploring 4-H for New Families...	10
Contact Us.....	12

A Note from the Educator -

Beth Rank

Welcome to Burnett County 4-H!

With the start of the new 4-H year not long ago, it's a great time for new families to learn about everything that is 4-H. Each month, we will be featuring new Exploring 4-H handouts which have been specifically designed for families that are new to 4-H but I think it is still relevant to share with everyone, even volunteers who are returning for their 44th year and youth in their 13th year!

Each month will cover a new topic and will be 2 pages, front and back on the last two pages of the newsletter. The adult edition is meant to give adults a more well-rounded understanding of 4-H. The youth edition is meant for youth 4-H members to either go through on their own, or with a parent, to explore how 4-H operates and fits their own interests.

While Exploring 4-H will cover a wide variety of topics, it's completely normal to have more questions. Never hesitate to ask more questions about 4-H. You are surrounded by a huge number of people that want to help. Your club leader, other families in your 4-H community, and 4-H staff in the Extension Office are all great resources.

I love 4-H

Additionally, a number of helpful resources can also be found online. The Burnett County 4-H website (<https://burnett.extension.wisc.edu/4-h-youth-development/>) has information specific to Burnett County. The Wisconsin 4-H website (<https://4h.extension.wisc.edu>) also has information about statewide programs and opportunities.

4-H is a community of young people across America who are learning Leadership, Citizenship, and Life Skills.

Calendar

DECEMBER

- 13 Junior Leaders' Meeting via Zoom only
- ~~14 Siren Countywide Cloverbud Meeting, 6pm~~
- 20 January 2021 Bugle Submission **DEADLINE**
- 24-25 Christmas, *Extension Office Closed*
- 31 *UW-Extension Office Closed*



JANUARY

- 1 New Year's Day, *UW-Extension Office Closed*
- 10 Jr Leaders' Meeting, 1 pm
- 11 Siren Countywide Cloverbud Meeting, 6pm, Gov't Center
- 11 Leaders' Association Meeting, 7pm, Gov't Center
- 18 Martin Luther King Jr Day
- 18 Government Center In-Service, *Extension Office Closed to Public*
- 20 February Bugle Submission **DEADLINE**



FEBRUARY

- 7 Super Bowl
- 14 Jr Leaders Meeting
- 15 Siren Countywide Cloverbud Meeting, 6pm, Gov't Center
- 15 Leaders' Association Meeting, 7pm, Gov't Center
- 15 Presidents' Day, *Extension Office Closed*
- 20 March Bugle Submission **DEADLINE**

OFFICE HOURS - Beth Rank is working remotely until further notice. She can be reached via email at beth.rank@wisc.edu or office phone 715-349-2151 that rings to her cell phone, leave a detailed message so she can call back. Tammy is in the Land Services Office. Call for an appointment. Monday - Friday from 8:30 am until 4:30 pm.

FOOD RESOURCES - Second Harvest Food Distribution dates at Connections in Webster from 11am-4pm

- December 3 & 17
- January 7 & 21, 2021
- February 4 & 18

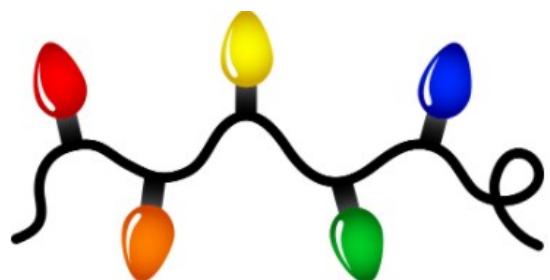
Children's books will be given to families on food distribution days also!
Free bread available at Trinity Lutheran Church in Falun every Friday from 11am until the bread is gone.

4-H News

BUGLE DEADLINE - The **DEADLINE** to submit all *Bugle* articles, news, photos, etc. is the 20th of the month. Please drop your items off at the office or email Beth Rank. Anything received after the 20th will go in the following month's *Bugle*.

PLAT BOOKS - Plat book sales are one of the main fundraisers of the Burnett County 4-H program. Please encourage people to purchase a traditional paper plat book, wall map, or maps in two digital versions.

1. SmartMap for your smart phone or tablet. A SmartMap allows you to view your location on the map and track real-time movement with the device GPS, you can measure distances and areas as well as add points of interest, photos, position and label names to the map and much more.
2. eBook for your tablet, laptop or PC. This is a digital version of the plat book. Visit mappingsolutionsGIS.com for these digital products.



THE WISCONSIN 4-H FOUNDATION CELEBRATE THE ARTS CONTEST HAS BEEN EXTENDED

The Wisconsin 4-H Foundation is challenging all 4-H members to explore and share their creativity. The contest is open to any current Wisconsin 4-H member, with cash prizes totaling nearly \$1,000. The contest will be held virtually, with photos of all entries submitted electronically. Entries are being accepted now through ~~November 1~~. **January 1, 2021!!**

The Wisconsin 4-H Foundation is pleased to announce that we are **extending the deadline for the Foundation Art Contest until January 1, 2021**. We know that the beginning of the 4-H year has challenges, especially this year. Recognizing those time constraints, we wanted to extend the deadline to allow for more promotion within your county and the state arts programs.

The contest is broken into eight categories:

1. Drawing Using Any Medium
2. Painting (acrylic, watercolor or oil)
3. Pottery, Ceramics or Clay
4. Photography
5. Paper
6. Fabric, Yarn or Fiber
7. Wood
8. Any Other Media (ex: digital, metalcraft, jewelry, leatherwork, wax, eggshells, taxidermy, etc.)

A winner will be chosen in each category with a Best of Show Award given to the top entry as chosen by the judging committee. Category winners will be purchased by the Wisconsin 4-H Foundation for \$100, with the Best of Show entry receiving an additional \$150. Winners will be notified by email, and a complete winner's list, as well as photos of the winning entries, will be on the Wisconsin 4-H Foundation website. For official contest rules and requirements and how to submit photos of artwork, please visit [Wis4HFoundation.org/events/celebrate-the-arts/](https://www.wisconsin4h.org/events/celebrate-the-arts/)

Winning entries become the property of the Wisconsin 4-H Foundation. The Foundation will sell the art in an art auction to be held in the spring of 2021. Proceeds from the Celebrate the Arts auction will be split with half invested in the Talen Endowment for 4-H Arts Programming for future program needs and half used for arts programming in the next 4-H program year.

If you have any questions and/or need any additional information, please reach out to Amber Rehberg, WI 4-H Educational Program Specialist at amber.rehberg@wisc.edu or 608.294.8131.

WISCONSIN 4-H PROGRAM CREATES EXCITEMENT FOR THE NEW 4-H PROGRAM YEAR - Get excited as the Wisconsin 4-H Program launches the NEW Wisconsin 4-H Movement!

4-H empowers young people with the skills to lead for a lifetime. It is a research-based experience that includes youth and adult partnerships, hands-on learning, and meaningful leadership opportunities. The Wisconsin 4-H program is committed to providing youth development opportunities and promoting positive change for all young people in Wisconsin. The 4-H Movement defines the values of the Wisconsin 4-H program and helps bring together it's mission and vision.

In Wisconsin 4-H we value:

- Being Yourself: Find and share your authentic sparks and interests;
- Belonging Together: Recognize, understand, respect, and appreciate each other;
- Building Connections: Grow positive relationships with peers and adults;
- Discovering Skills: Develop skills through hands-on learning to help you succeed and thrive;
- Exploring New Opportunities: Open the door to new experiences, projects, and places; and
- Giving Back to Your Community: Make meaningful contributions through community service and leadership.

"Now more than ever, it's important for our youth to build strong relationships and develop skills that will help them as they enter into adulthood," says Wisconsin 4-H Program Manager Dondieneita Fleary-Simmons.

The Wisconsin 4-H Movement asks youth across the state to share their story of how they live out Wisconsin 4-H values. Today, Wisconsin 4-H is calling on members, volunteers, and communities to display their #wi4hmovement values as they work together to Make the Best, Better. How do you live out the Wisconsin 4-H Movement? 4-H is open to all youth grades kindergarten (5K) through one year past high school. Learn more about the 4-H program and how to join on the website.

4-H LICENSE PLATE FUNDRAISER - Tis the season to show your 4-H pride by ordering a Wisconsin 4-H license plate for the car, truck or motor home says Brenda Scheider, Executive Director for the Wisconsin 4-H Foundation. "Half of the proceeds from every plate sale will go back to the county in which the plate was purchased. The other half will be used for state and regional 4-H programs."

At each plate renewal, 4-H supporters will pay the \$25 donation and the regular registration fee for non-personalized 4-H license plates.



4-H license plates may be personalized by paying a \$15 personalized plate fee each year in addition to the \$25 donation and regular annual registration fee.

For more info: contact the Wisconsin Department of Transportation or go to www.wisconsindot.gov/Documents/formdocs/

COVID-19 FREQUENTLY ASKED QUESTIONS - State leadership have approved a new 4-H COVID-19 FAQ related to all things FOOD! FAQ #11 now answers the question: Can a 4-H Club or 4-H Group offer food as part of a meeting, operate a food stand, sale, or sample giveaway? Here is the link: <https://4h.extension.wisc.edu/4-h-faqs-related-to-covid-19/>

Jalynn Nelson and Madison Thiex have been selected as the Burnett County Wisconsin 4-H Key Award winners for this year.

The prestigious Key Award, one of the highest recognition a 4-H member can receive, honors a select group of 4-H participants annually. The youth receiving this award are ones who have demonstrated consistent growth in their 4-H involvement, developed and applied their leadership skills, and actively participated in their club and community.

**Congratulations
Jalynn and Maddie!!**



Cloverbuds

Cloverbuds in person meetings have been cancelled in December due to the Burnett County Government Center being closed to the public. When the building reopens to the public in early January (depending on COVID-19 precautions), we will again try to begin programming in-person on the 2nd Monday of every month from 6:00-6:45 p.m. (No Grantsburg programming at this time). A few changes are necessary to reduce risks and to avoid preparing materials for no attendees, registration will be required by the Friday before the meeting. Cloverbuds can register by leaving Beth a voicemail at 715-349-2151, emailing beth.rank@wisc.edu, or Facebook Messaging Beth Rank. Everyone, age 5+ will be required to wear a mask, a maximum of 10 people total in the room at a time and social distancing must be respected outside household pods.

Cloverbud Activity/Record Books will be mailed to members as they enroll in the 4HOnline system. If you do not currently have a Cloverbud Book but are enrolled and need to get one, please contact Tammy Johnson at 715-349-2109 or email her: tjohnson@burnettcounty.org.

Reminder: Just like when we experience inclement weather, during this COVID-19

pandemic, Burnett County 4-H Cloverbud meetings will be following our school cancellation policy.

All Cloverbud meetings will be CANCELLED if schools are not holding in-person education. Please complete the Cloverbud activity pages independently or order a Cloverbud in a Box kit. There are also additional activities to be completed in the back of the book as time and interest allows.

For families who do not feel comfortable attending monthly meetings in person, and those who may choose to order the Cloverbuds-in-a-Box below, and still want their Cloverbuds to participate in the activities, get instructions, and be able to ask questions, Beth Rank will make a monthly Zoom session available for Cloverbuds at the same time as the monthly meeting, the second Monday of each month from 6:00-6:45 p.m. Zoom registration is required to get the Zoom link (for security reasons). Register in advance for this meeting:

<https://uwmadison.zoom.us/meeting/register/tJYlcO2qrDqvEtCKbvtDI3oj5cbD9kNYmuN2>

After registering, you will receive a confirmation email containing information about joining the meeting.

Cloverbuds-in-a-Box Available!!

One alternative, hybrid-style Cloverbud Project idea is to offer Cloverbud Project materials in a box. This includes Beth Rank preparing all supplies necessary for Cloverbuds to complete the entire year's lesson materials. The box of supplies can either be mailed or picked up.

A \$20 fee for supplies is requested; boxes can be shipped for an additional fee. Boxes need to be ordered by the 1st of the month to allow time to gather supplies and mail boxes. Please share how many Cloverbuds are in the household as the price doesn't change much but the amount of each supply does. Please order your box by January 1st so supplies can be ordered in bulk. After January, supplies will be provided but the price might go up slightly, depending on what items get used at the in-person meetings (if applicable).

To order a box, call 715-349-2151, email beth.rank@wisc.edu, or Facebook Message Beth Rank/Burnett County 4-H to order your box.

Jr. Leaders' November Meeting Minutes

Allison Wilson and Beth Rank met via Zoom on Sunday, November 8, 2020 for a very quick meeting. Items discussed included achieving in the Youth Leadership Project and functioning as a youth during a pandemic with virtual school.

Beth was going to show a Clover Connection video clip about the three parts of a good 4-H club meeting. Others can view the video on their own at:
<https://youtu.be/uFIXSYs8IEs>



Jr. Leaders' December Meeting Agenda

Burnett County 4-H Junior Leaders' Meeting Agenda

Sunday, December 13, 2020 1:00 p.m.

Via Zoom Meeting (**NO IN-PERSON OPTION**)

Registration link for Zoom: <https://uwextension.zoom.us/meeting/register/v5wkce6qpjSpU-76o7AVrwbflgJjT2Xctw>

After registering, you will receive a confirmation email containing information about joining the meeting.

Text or call Beth at 715-520-2354 if you are experiencing challenges. You may need to download the Zoom Meeting application (please allow a few minutes for this prior to the meeting).

Select meeting leader and note taker

Introductions: Name, 4-H club, and _____ (meeting leader's choice)

Pledges (select one person to recite then others mute microphone due to internet delays)

Recap of November meeting

Old Business

Brainstorm COVID-friendly educational and social activities 4-H Jr Leaders can do in 2020-2021 4-H year

Virtual gift exchange? Mailed gift exchange?

Are you interested in connecting virtually with older 4-H youth from other counties?

What would you like Winter Camp to look like this year?

Snowshoeing at Crex?

Meet with Washburn County 4-H youth at Hunt Hill?

Ice fishing?

??

New Business

Any Other New Business

Meetings in 2021: When would it work best? Sundays? What time?

Education: Clover Connections video Three Parts of a Meeting <https://www.youtube.com/watch?v=uFIXSYs8IEs>

Adjourn meeting

UW-Madison Child Development Research Opportunity

We are looking for families with children between the ages of 6 months and 8 years to participate in (online) studies about how infants and children learn language and come to understand the social world. We would love to have your help in this process, and it is a great opportunity to learn more about how your child thinks and learns!

Study participation involves a one-time Zoom call for your child with either the Infant Learning Lab or the Social Kids Lab. Online study sessions take approximately 30 minutes per child.

Infants who participate will sit on your lap during the study and will listen to sounds and view images on a computer monitor. Older children will view images and be asked simple questions.

Sessions can be conveniently scheduled online, and evening and weekend appointments are available. Families will receive a thank you gift via email for participating.

If you are interested in learning more about our research and possibly participating, please fill out this simple online form, and we'll be in touch soon!

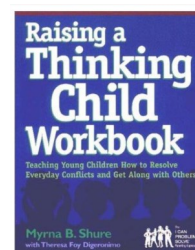
http://www.waisman.wisc.edu/participate/sign_up_form.html

This research has been approved by the University of Wisconsin IRB and is part of the research program of the Waisman Center under the direction of Dr. Jenny Saffran and Dr. Kristin Shutts.

Local Parent Education Offerings

Beth Rank, Positive Youth Development Educator along with Missy Bablick, Human Development & Relationships Educator from Barron County and Danette Hopke, Youth & Family Educator from Washburn County are excited to announce parent education opportunities in 2021. Reach out to Beth Rank for more information or to register. Registration links and promotional fliers are being finalized but we wanted to give you a sneak peek!

Raising a Thinking Child for parents of youth ages 4-7 years old. A six-week long series teaching parents/adults how to help their child to become problem solvers. **Tuesdays, February 2-March 9 7:00-8:15 p.m. via Zoom.**



Triple P (Positive Parenting Program) Seminars for parents of youth ages 1-12 years old. Triple P is a prevention program that aims to promote positive, caring relationships between parents and their children, and to help parents develop effective management strategies for dealing with a variety of childhood behavioral and emotional problems and common developmental issues. Seminar topics include: The Power of Positive Parenting; Raising Confident, Competent Children; and Raising Resilient Children. Each seminar can be taken as a stand-alone session. **Tuesdays, January 5, 12, & 19th 7:00-8:30 p.m. via Zoom.**



Triple P (Positive Parenting Program) Discussion Groups for parents of youth ages 1-12 years old. A session that addresses common developmental and behavioral concerns such as disobedience, fighting and aggression, bedtime and going shopping. One session planned: **Tuesday, March 16th 6:30-8:30 p.m. via Zoom.**

Adult Leaders' Annual Meeting Minutes

Annual Leader's Association Meeting November 9, 2020 at 7:00pm. Meeting was called to order at 7:09pm by Grace S. Attendees: Beth R, Marge P, Deb P, Elizabeth P, Tessa Z, Grace S, Sheryl S, Phil S, Don S, Charlene S, Missy P. Chair of Meeting: Grace S. Clerk of Meeting: Tessa. Approval of 2019 meeting minutes: motion by Charlene and a 2nd by Phil to accept. motion carried Approval of 2019-2020 financial report: a motion made by Marge and a 2nd by Charlene to accept. Motion carried Election of Vice President: Missy P- 1st by Sheryl 2nd by Marge motion carried. Election of Secretary: Deb P- 1st by Sheryl 2nd by Phil motion carried. Recognition of Adult Leaders Achievements for 1st year and every 5 years will be mailed out to everyone. Meeting Adjourned at 7:23pm



Adult Leaders' November 9th Minutes

Leaders Association Meeting was held on November 9, 2020

Grace started right after Annual meeting at 7:24pm.

Pledges done

Secretary report read, motion made to accept by Phil and 2nd by Charlene, motion carried.

Treasurer's report read and a motion by Charlene and a 2nd by Marg to accept, motion carried.

CLUB REPORTS:

Branstad Bucks- no meeting this month, finished charter, and planned some activities if possible to do and elected new officers.

Jolly H's- no meeting yet, zoom meeting to elect officers

Orange- zoom meeting in October, elected officers, set goals, hybrid meeting, planning to make ornaments and food baskets.

Wood Creek- meeting via zoom in October, cute demonstration, new officers took over, and finished charter

Extension Office- camp location is still getting worked on, voting in January on where to have it this next year, feed back welcome, send Beth pictures of handing out Awards if possible, Beth has new classes for the new year the Bugle has the information on the classes and how to enroll. Email Beth or Tammy for pickup dates of awards.

JR Leaders- one kid at meeting, suggestions on how to get more kids involved, when is a good time/day to do the meetings.

OLD BUSINESS

Music Contest 2021: postpone for a few months until we know what things will look like for the 4-H year.

SMART GOALS: Program Quality goal- each club invite a youth to each meeting to get their view/options on topics. Expanding Access goal- Beth will give us ideas/options for the new families at January meeting.

Power point for new members to view. Google slides- Orange will share template to make it your own.

NEW BUSINESS

Annual Leaders Training via Zoom: the Bugle has all the links for each meeting to register. At least one adult leader has to attend a training per club. The dates are: November 23 7-8pm, December 1 7-8pm, December 10 7-8pm

Next meeting January 11, 2021 at 7pm (agenda with connection information will be in the January Bugle).

Meeting Adjourned at 8:14pm



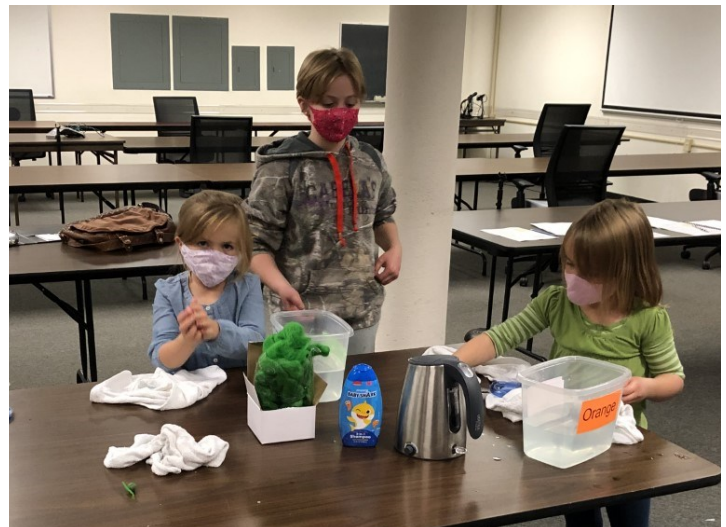
**Wood Creek Awards
Hannah, Joel &
Marge**



**Orange Bell
Ringing
Axel, Ivy &
Damien**



**October Cloverbuds
Katie, Louie, & Calvin with Elizabeth who
taught the lesson**



**November Cloverbuds
Josie & Maddy with Elizabeth who taught
the lesson**

Exploring 4-H for New Families Adult Edition

What does 4-H stand for?

Head, heart, hands, and health represent the 4 H's. Each meeting begins with a recitation of pledges, including the **4-H Pledge**. While the 4-H pledge has a very direct meaning for our 4-H clubs and members, there are additional ways that adults can apply the pledge before, during, and after club meetings and events.

I pledge

My head to clearer thinking

It's normal for youth to have questions or be unsure about things. Give your youth the information you can to help them plan, organize, make wise decisions, and problem solve. It will encourage your child to think critically and use this knowledge throughout life.



My heart to greater loyalty

Success is awesome. Some failure is inevitable. Both help youth develop strong personal values and a positive self-concept. Encourage and support all youth, especially your own, to have empathy and concern for others. Show your child, by example, how to cooperate and communicate with those around them.

My hands to larger service

When you help your family's club, you model volunteerism, community service, and inclusiveness to your youth. If you don't have the time to be a volunteer, you can help in many equally important ways. If you do want to learn more about volunteering, contact the Extension Office!




My health to better living

In addition to keeping youth physically healthy—body and mind—it is important we provide them the skills to make healthy decisions and to lead healthy lifestyles. You can help create safe spaces to support youth learning and character development.

for my club, my community, my country, and my world.

4-H does not happen without supportive adults serving as positive role models. Stay involved as a family/caregiver as best as you can; it makes the experience much richer for everyone. The more involved our 4-H members are, the more impactful they are upon the world around them.



Have a minute? Please provide feedback by filling out this [5-question survey](#) 





Exploring 4-H for New Families Member Edition

I pledge

My head to clearer thinking,

My heart to greater loyalty,

My hands to larger service, and

My health to better living

for my club, my community, my country, and my world.

The 4-H Pledge

4-H meetings start with pledges, including the 4-H Pledge. In each leaf of the clover below, write what each "H" might mean for you!

I would like to learn...

My hobbies...

We could help our community by...

Just for fun we could...

What does the 4-H Pledge mean to you?

Adapted from "Design Your Own Clover," Dr. Darlene Z. Millard, University of Arkansas Cooperative Extension, by Ben Hoppe, Brown County 4-H Program Educator, UW-Madison Division of Extension.

Exploring 4-H for New Families is developed by Heidi Vanderloop Benson, Chippewa County 4-H Program Educator and Ben Hoppe, Brown County 4-H Program Educator, UW-Madison Division of Extension.

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Burnett County 4-H Bugle



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Kevin Schoessow, Area Ag Agent

Burnett County

Government Center

Phone: (715) 349-2151

Fax: (715) 349-2102

Email: beth.rank@wisc.edu

Website: www.burnett.uwex.edu/4h

Beth Rank, 4-H/ Positive Youth

Development Educator

Julie Yezeck, Nutrition Education Program

Tammy Johnson, Office Support Staff

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Burnett County 4-H Leaders Association Executive Committee
Grace Glover-Swanson: President; Don Strabel: Vice President;
Tessa Zeller: Secretary; Phil Stiemann, Treasurer