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A Note from the Educator - Beth G for Beth R

Each year Michigan 4-H members between the ages of 11 and 12 are encouraged to write an essay entitled, "Because of 4-H I can...." The following is the essay of 4-H member Bryan Foote. Note what he says in his second paragraph about the influence of a club leader.

"Because of 4-H I can now improve upon many life skills that will help me grow and become a compassionate, responsible and respectful adult. 4-H has taught me this in several ways from participating in community service projects, attending area workshops and completing my craft projects. One of the many reasons that I joined 4-H was because of the community involvement and strong family values. With me being an only child, I feel like I have a large extended family with many brothers and sisters. I have really enjoyed the community service projects that my clubs have participated in. One of my favorite community projects was the Bronson Sportsman Dinner where my club helped prepare different types of wildlife dishes and helped with the set up and cleanup of the event. By participating in this community service event it taught me not to be afraid to sample different types of wild game dishes and secondly, being that just because I'm younger I can still help out and make a difference in my community.

My projects that I have completed over the past three years have taught me a great deal of life skills. The Lego kits, taxidermy mounts, woodworking and color-pencil drawings all have increased my critical thinking skills, self-

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Calendar

OCTOBER

Beth R on Maternity Leave

4-H National Youth Science Event

- 1 Trip Award Applications **Due**
- 1 Start of 2018-2019 4-H Year
- 1 **DEADLINE** to enter Cedar Crest Ice Cream Flavor Contest
- 6-7 Arts Camp, Upham Woods
- 6 Fall Project Day, Siren School, 1-4:30 pm
- 6 Install Window Displays
- 7-13 National 4-H Week
- 8 Siren Countywide Cloverbud Meeting, 6pm, Gov't Center
- 8 Leaders' Association Meeting, 7pm, Gov't Center
- 8 Grant Applications Due
- 9 Grantsburg Countywide Cloverbud Meeting,6pm, Grantsburg Library
- 13 Remove Window Displays
- 13 Kids & Cows, 8am, Barron Co Fairgrounds
- 14 Jr Leaders' Meeting, 1-2 pm, Siren Government Center, Room 165
- 14 Trip Award Interviews, starting 1:15 pm, Siren Government Center, Room 162/163
- 14 Tack & Craft Sale, Monroe County 4-H (page 4)
- 26 **DEADLINE** to Postmark Honey Bee Poster (page 4)
- 30 Beth R returns to work!
- 31 **DEADLINE** to Submit Service Project to State 4-H (page 3)

NOVEMBER

- 1 Club Charters **DUE**
- 2-4 Fall Forum, Green Lake Conference Center
- 4 Daylight Savings Time Ends
- 4 Achievement Celebration, 3pm, Siren School
- 9 UW-Extension Office Closed
- 11 Veterans' Day
- 11 Leaders' Banquet, Kozy Kitchen, 6:30 pm
- 11 Leaders' Annual/November Meeting
- 11 Junior Leaders Meeting
- 12 Siren Countywide Cloverbud Meeting, 6pm, Gov't Center
- 13 Grantsburg Countywide Cloverbud Meeting, 6pm, G'burg Library
- 17-25 Deer Season
- 22 Thanksgiving, *UW-Extension Office Closed*
- 23 UW-Extension Office Closed
- 23-27 National 4-H Congress, Atlanta, GA

DECEMBER

TBA International Program Applications Due

TBA Winter Camp Registrations Due

9 Junior Leaders Meeting

- 10 Siren Countywide Cloverbud Meeting, 6pm, Gov't Center
- 11 Grantsburg Countywide Cloverbud Meeting, 6pm, G'burg
- 24-25 Christmas, UW-Extension Office Closed
- 31 Deadline to Register for Space Camp



<u>FOOD RESOURCES</u> - Second Harvest Food Distribution dates at Connections in Webster from 11am-4pm

- October 4 & 18
- November 1 & 15
- December 6 & 20

Children's books will be given to families on food distribution days also!

Free bread available at Trinity Lutheran Church in Falun every Friday from 11am until the bread is gone.

confidence, organizational skills, time management and patience. All of these life skills that I have learned I have used in school and while playing sports. When I have self-confidence and a positive attitude I can then spread it throughout my classroom and my team which makes learning much more entertaining and winning a lot more fun. I can remember one day while I was doing a craft project at a club meeting I was having a lot of difficulty getting my project to look just right. One of my leaders told me she had a lot of faith and confidence in me and to just take a big deep breath and close my eyes for a few seconds to relax. I will always remember this advice she gave me when I'm struggling with a difficult math problem or when I'm on the pitching mound pitching for my baseball team trying to get that final strike out of the inning.

4-H has taught me so much about the importance of having strong family values, life skills and the importance of being an active role model in my community. Through many 4-H activities and events I have learned many skills and have built many memories with my personal family and my 4-H family. So because of 4-H I can share and teach the important life skills that I have learned to those that are younger than I am by setting an example and being a role model for them."

4-H News

TSC PAPER CLOVER CAMPAIGN - Tractor Supply Company is Looking for Local 4-H Clubs to Join them for the Fall Paper Clover Campaign.

The Fall Tractor Supply Company Paper Clover Campaign is right around the corner, starting October 3, 2018 and running through October 14, 2018. Add \$1 at checkout, and your money supports leadership activities for Wisconsin 4-Hers.

The Wisconsin 4-H Foundation is offering another way for clubs to participate: if your club partners with your local TSC to promote 4-H at the store, the Foundation will give your club \$50. TSC stores with 4-H clubs' participation have better sales, and, of course, better sales means more money that can be used to help fund leadership programs throughout the state.

There are many TSC stores in Wisconsin, so even if there is not a TSC in your county, you can still partner with the TSC that is closest for you. Remember, though, the \$50 is awarded to only one club per store.

If you are interested, please contact Joanne at the Wisconsin 4-H Foundation at <u>Joanne@Wis4HFoundation.org</u> or (608) 262-1597. The Foundation can provide contact information for the store in your area, then your club and the store can work together to plan your event. Keep in mind that this opportunity is first-come, first-served (one club per store)

SHARE YOUR OUTSTANDING SERVICE PRO-JECT

The Wisconsin 4-H Foundation wants to highlight the generous efforts of Wisconsin 4-Hers. Tell us about your service projects, as individuals or as clubs. In response to the National 4-H campaign, #30DaysofDoing, we want to hear about what Wisconsin's 4-H kids are doing to make our world a better place.

Your story could be highlighted in our end of year mailer, and shared on Facebook and other social media.

Submit your story (not more than 100 words) by October 31, 2018

to info@Wis4HFoundation.org.

Contact the Wisconsin 4-H Foundation office if you have questions:

info@Wis4HFoundation.org or (608)-262-1597

We're looking forward to reading about how you helped your community!

MARK YOUR CALENDARS

- Project Day: Saturday, October 6th from
 1-4:30 pm at Siren High School
- Achievement Celebration: Sunday, November 4th, starting at 3 pm in the Siren School Auditorium.
- Volunteer Banquet: Sunday, November 11th, Kozy Kitchen, Grantsburg

OFFICE HOURS - Starting September 10, Beth G will be in the office Monday - Friday, from 8:00 am to 4:30 pm, until Beth R comes back from maternity leave.

<u>BUGLE DEADLINE</u> The <u>DEADLINE</u> to submit all <u>Bugle</u> articles, news, photos, etc. is the 20th of

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the month. Please drop your items off at the office or email either Beth. Anything received after the 20th will go in the following month's *Bugle*.

Arts & Communication

WI HONEY PRODUCERS POSTER CONTEST

The Wisconsin Honey Producers Association is sponsoring a Poster Contest for youth statewide. 2018 THEME: Honey Bees: Jobs They Do!

Divisions:

- 2nd grade & under
- 3rd 5th grades
- 6th 8th grades
- 9th 12th grades

Prizes for Each Division:

- 1st \$35;
- 2nd \$25;
- 3rd \$15

Rules:

- Entries must be submitted on an 11×14 poster board.
- Name, address, age, and grade must be clearly printed on the BACK SIDE of poster.
- Include theme in design.
- All posters become property of the WHPA.
- Entries must be **POSTMARKED BY** October 26, 2018.
- Mail entries to: Shelly Astle, WHPA S4131A ST. Hwy 80 Hillsboro, WI 54634

For questions, contact Shelly Astle at (608) 489-2456 or shelly@mwt.net.

CREX PHOTO CLUB meets the second Saturday of the month, 10am - noon at Crex Meadows Wildlife Area. Learn more about digital photography. Share images with fellow photographers to learn new techniques. Contact Crex Meadows Wildlife Area at 715-463-2739 or www.crexmeadows.org.

INVESTIGATE Arts & Communication projects at http://fyi.uwex.edu/wi4hprojects/arts-communication/.

Animal Sciences

13TH ANNUAL KIDS & COWS FAMILY DAY -

October 13, 2018

Barron County Fairgrounds

101 Short Street

Rice Lake, WI 54868

8:00am - 9:00am: Registration

9:00am - 12:00pm: Educational Workshops & Speakers

12:00pm - 1:00pm: Lunch & AG Olympics

1:00pm: Showmanship Competition, followed by Breed Show & Supreme Champions

Kids are encouraged to bring their own cattle. Kids and adults without will have one provided.

For more information, please call Lori Lyons at 715-210-0049 or email at

lalyons4@yahoo.com

Sponsored by Wisconsin Beef Producers, https://nwbpa.weebly.com/

TACK & CRAFT SALE - Monroe County 4-H Horse Project is hosting a Tack & Craft sale in Wilton. The event will run from 10 am-4 pm on Sunday, October 14. There will be tack and crafts for sale. Vendors are also invited to sell their wares. For more information please call or email Jody (608-366-1965, jlbuckaroo@yahoo.com) or Janielle (920-382-9101,

free.spirit.acres@hotmail.com).

INVESTIGATE Animal Sciences projects at http://fyi.uwex.edu/wi4hprojects/animal-sciences/.

Natural Resources

4-H SHOOTING SPORTS UPDATE - The Burnett County 4-H Leaders Association continues to explore funding sources and volunteers to help develop a 4-H shooting sports program for Burnett County youth. The Wisconsin 4-H Shooting Sports program is open to 4-H youth ages 8 (must be in 3rd grade) to 19. Our 2019 Burnett County Shooting Sports goals are to have leaders and equipment in place for an initial summer 2019 archery and shotgun 6-week session and a fall 2019 project day class. The first sessions will provide registered 4-H youth the basics and practice opportunities in these two areas. Our educational focus will be on life skills development,

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safety procedures and responsible use of firearms and archery equipment. Depending on the certification areas of other volunteer leaders, additional shooting areas may be offered, and competition level opportunities will be explored as the program develops over time.

Currently, Burnett County has one certified archery instructor (Karin Reinert) and one certified shotgun instructor (Jim Wagner). Anyone interested in getting certified for 4-H shooting sports should contact Beth Rank at the Burnett County UW-Extension office. For more information on the training opportunities across Wisconsin, visit

https://fyi.uwex.edu/wi4hshootingsports/certification-workshops/. Adult instructors are required to successfully complete a twelve-hour certification workshop before they are approved to teach youth.

With declining plat book sales (the primary funding source for 4-H in Burnett County), we are exploring and seeking other grant and support opportunities to purchase or borrow equipment, get shooting sports leaders certified and develop relationships with other organizations and individuals involved in shooting sports. If you are interested in donating equipment or funds to assist Burnett County 4-H with the Shooting Sports Program, please contact Beth Rank at Burnett County UW-Extension Office at 715-349-2151 or beth.rank@ces.uwex.edu.

INVESTIGATE Natural Sciences projects at http://fyi.uwex.edu/wi4hprojects/natural-sciences/.

Younger Members

In September, Cloverbuds did a STEM lesson predicting whether items would sink or float in water. Playing with water is always fun! Thanks to Maiya Fuller and Heather Vaksdal for leading the sessions.

UPCOMING CLOVERBUD MEETINGS:

- Monday, October 8: Siren Countywide Cloverbud Meeting, 6pm, Gov't Center
- Tuesday, October 9: Grantsburg Countywide Cloverbud Meeting, 6pm, Grantsburg Library.
 You may attend either meeting or do the project at home.

INVESTIGATE the Cloverbud project at http://fyi.uwex.edu/wi4hcloverbuds/.

Youth Leadership

<u>PURPOSE</u>: Burnett County 4-H Junior Leaders' group is open to all youth who are in 6th grade or higher. This group is comprised of youth from all 4-H clubs in Burnett County. It provides a platform to discuss and participate in youth leadership activities appropriate for older youth.

NEXT MEETING is scheduled for Sunday, October 14th at 1:00 p.m. in Room 165 of the Burnett County Government Center. Trip award interviews will be held during this meeting.

INVESTIGATE the Youth Leadership project at http://fyi.uwex.edu/wi4hprojects/community-involvement/youth-leadership/.

Club News

In June, **Branstad Bucks 4-H Club** held a brat stand fundraiser. In July, their club activity was planning, planting, and working on the wheelbarrows for the fair.

In September, the **Orange 4-H Club** helped in the food stand at the Webster Fair.

Leaders' News

ANNUAL LEADER TRAINING - All chartered clubs and groups need to have at least one adult volunteer attend Annual Volunteer Training. All adults and youth leaders are encouraged to attend.

This year the state annual leader training will focus on diversity and inclusion and the need to ensure that all youth and adults feel welcome and belong in the program.

The training helps participants explore the diversity that exists in their community and recognize their own cultural lens and how it impacts the way they relate to others. They will also learn tools and strategies for working across difference in 4-H.

The training, "All Together, Not All the Same" is based on a volunteer training that was

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Grantsburg area Cloverbuds thinking about what floats and what sinks.





developed by colleagues in Minnesota. We have adapted the training for volunteers in Wisconsin. The training is about 90 minutes.

The workshop starts with a welcome and introduction of the importance of the topic, an overview of the session and learner outcomes, and a review of ground rules. The first activity is the "What's in a Name?" activity. This gets people

thinking about the cultural aspects within their own lives and communities and points out cultural differences (even where people may not think that it exists in their communitv).

The next section focuses on culture with shared definitions and a tree model to better explain it. It also includes large group discussion on what is apparent about a person walking into a 4-H meeting and what may not be apparent, and how these things may relate to culture. This is where facilitators can share tips on building strong relationships across differences and some shared definitions in the area of diversity and inclusion.

The next major section is the "Above & Below the Surface Scenarios" that gives participants the chance to delve into some real situations that WI 4-H groups have faced in recent years. Facilitators will choose the scenarios that work best locally: these could be something that the community currently faces and/or something to stretch participants.

Next is an opportunity to build on the Charter Goals that focus on Expanding Access and brainstorm goals that clubs are using in their community. It is also an opportunity to identify community resources.

There is short section for sharing of resources for further learning, including a few handouts for participants to save as well as sharing of a website they can go to for more information on specif-

ic needs they have. The training ends with a reflection activity.

There is no date yet for when this training will be offered for Burnett County adult and youth leaders.

BURNETT COUNTY 4-H LEADERS ASSOCIA-TION MEETING MINUTES - September 10, 2018, 7:00 pm, County Board Room. CALL TO ORDER - President Phil Stiemann



Enrollment for the 2018-2019 4-H year

has begun! Go to

https://wi.4honline.com to update your

information today! Offer to help new

members navigate the site.

Remember that the Project Guide is un-

changed from last year. It is posted on

4HOnline as well as the website at

https://burnett.uwex.edu/4-h-vouth-

development/for-members/.

As always, if you have questions, feel

free to contact the office.



called the meeting to order at 7:03 p.m. **MEMBERS PRESENT -**Phil Stiemann, Sheryl Stiemann, Adrienne Fuller, Heather Stahl, Karin Reinert, Shannon Webster, Marge Peterson, Don Strabel, Charlene Strabel SECRETARY'S REPORT - Reviewed. Motion to approve by Karin, second by Heather.

TREASURER'S REPORT Karin reviewed report. Motion to approve and pay bills by Phil, second by Marge. Karin stated she closed the US Bank accounts and opened the Community Bank accounts on August 30th. All old, uncashed award checks were voided. Business checking ac-

counts require a minimum balance of \$750, waived for Junior Leaders Account. Heather made a motion to have one check card issued through Community Bank in Treasurer's name to make online purchases. Second by Sheryl. Motion carried.

CLUB REPORTS-

- JOLLY Hs Club meeting, record books, adopt a hwy, all kids participated in Grantsburg Fair, club helping a community member who was on Grantsburg fair board for many years with yard work and a benefit.
- Grantsburg Fair food stand, Webster elementary open house, planning Webster Fair food stand.

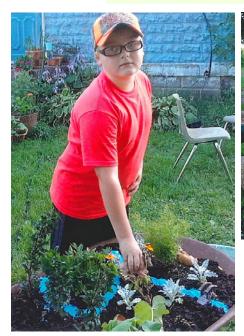
ORANGE - Club meeting, record books,

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Branstad Bucks Brat Fundraiser and Fair Planting









Orange Club Staffing the Webster Fair Food Stand.

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- WOOD CREEK Club meeting, record books, Grantsburg Fair food stand, Siren school open house.
- WOOD RIVER BEAVERS Grantsburg Fair food stand, parade, Grantsburg school open house, planning booth at Grantoberfest.
- BRANSTAD BUCKS No report.

EXTENSION REPORT - Beth is on maternity leave August 6-October 29. No report.

JUNIOR LEADER REPORT - No report. OLD BUSINESS

- 2019 Plat Book Phil will be calling to follow up.
- Grantsburg Fair August 23-26 Feedback about judges writing on front of posters instead of tags so they cannot be entered in the Webster Fair.
- Fall Project Day October 6 Registrations due September 10 (Adrienne & Karin)
- Fliers distributed to clubs at August meeting as well as at school open houses
- Achievement Celebration November 4, 3:00 p.m. at Siren School
- School Open Houses information booths in all three school districts
- Trip Award Interviews Sunday, October 14 starting at 1:15 during/after Jr Leaders, Room 162/163. Leaders reviewed Trip Award Agreement form - requested to add approximate total cost

- Volunteer Banquet Sunday, November 11, 6:30 p.m. at Kozy Kitchen. RSVP to Charlene.
- National 4-H Week October 7-13, 2018.
 Marge will get a judge.
- Project Grant timeline Promote in September Bugle. Project Grant applications due for review at October 8th Leaders meeting.
 Grants to be awarded at Achievement Celebration.
- 100 Women Who Care Karin submitted the application

NEW BUSINESS

- Awards Committee Meeting Wednesday, September 12, 5:30 p.m.
- Sheryl questioned if all the clubs were reading the award guidelines the same: In order to be eligible for a trip interview, all criteria must be met per the Blue Ribbon record book guidelines.
- Charlene stated we need to review calendar and committees at the October meeting otherwise it won't be done until the January meeting and that is too late.

ANY OTHER NEW BUSINESS - none Meeting adjourned at 8:03 p.m.

Respectfully submitted by Adrienne Fuller, Leaders Association Secretary

REMINDER: Charters due November 1st https://fyi.uwex.edu/wi4hvolunteers/files/2018/02/Charter-Annual-Renewal-Update-2.2018-Fillable-PDF.pdf

INFORMATION FOR NEW FAMILIES

The Burnett County UW-Extension website is loaded with information to guide families through 4-H. Please share this information with new families. Re-enrolling families might not be aware of all these resources either!

- PROJECT GUIDE The 2017-2018 Burnett County 4-H Project Guide may be found on the For Members page under 4-H Youth Development. The link is https://counties.uwex.edu/burnett/files/2017/09/Burnett-County-4-H-2017-2018-Project-Guide.pdf.
- ENROLLMENT HELP can be found in several links on the 4-H Support page. The link to that page, which includes Enrolling as a New Family, How to Re-Enroll, Club Manager Guide, and a link to 4HOnline, is https://burnett.uwex.edu/4-h-youth-development/4-h-support/.
- AWARD GUIDELINES are also on the site on their own page, Youth Award Guidelines, under 4-H Youth Development/For Members. That link is https://burnett.uwex.edu/4-h-youth-development/for-members/youth-award-guidelines/.
- COMMUNITY CLUBS are also located under the 4-H Youth Development tab. Contact information for each club as well as club location are included.

TEENS TAKING THE LEAD ON HEALTH



2.5M

4-Hers participate in 2.5M healthy living projects that include nutrition, bullying prevention, health and fitness, safety, and food science each year.

600,000+

To-date, 4-H Healthy Living Programming such as Food Smart Families (FSF) and Youth Voice, Youth Choice has reached more than 600,000 youth and their families with information on how to live healthier lifestyles. The FSF Program alone has a goal of reaching 250,000 kids and 650,000 family members by 2020.





2X

4-H'ers are nearly 2 times more likely to make healthier choices.



92%

92 percent disapproved of risky behavior such as alcohol and tobacco use.



86%

86 percent now eat fruit for a snack over unhealthier options.

Learn more at:

www.4-h.org/healthy-living

the control of the co







Burnett County 4-H Bugle

Burnett County
Government Center

Phone: (715) 349-2151 **Fax**: (715) 349-2102

Email: beth.rank@ces.uwex.edu
Website: www.burnett.uwex.edu/4h

Beth Rank, 4-H/Youth and Family Development Educator

Julie Yezek, Nutrition Education Program

Beth Greiff, Support Staff

Area Extension Director

Lori Baltrusis

Phone: (715) 295-4112

Email: lori.baltrusis@ces.uwex.edu

Spooner Agricultural Research Station

Phone: (800) 528-1914

Kevin Schoessow, Area Ag Agent

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Burnett County 4-H Leaders Association Executive Committee

Phil Stiemann: President, Don Strabel: Vice President, Adrienne Fuller: Secretary, Karin Reinert: Treasurer