



Burnett County

4-H Bugle

January 2018

A Note from the Agent -

Beth Rank

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FOUR AT THE DOOR

Here are four helpful reminders to ensure we are being welcoming at all 4-H events, including club meetings. When we greet people, try to do these four simple things:

Eye to Eye—Our eyes are a way of building a connection with another person. They reflect our sincerity, integrity and comfort. Be intentional and role model what it looks like to make good eye contact with those around you.

Name to Name—Names are IMPORTANT! One of the number one relationship building strategies is to ask someone their name, work hard at remembering their name and be willing to ask them what their name is again if you forget. Use people's names when you see them or ask them a question.

Hand to Hand—Human beings were built to be relational. BELONGING is all about the relationships we build. Find some form of appropriate human contact and intentionally connect with others. This could be a handshake, fist bump, hi-five or some other form of creative hand to hand greeting.

Heart to Heart—People feel as though they belong when others engage with them in something that they care about. Our youth programs provide lots of opportunities for us to do this well. You could ask about the latest project accomplishments or experiences.

Adapted by Brianna Stapelton-Welch and Amber Rehberg for a presentation at the 2017 Wisconsin 4-H Fall Forum from Joe Ehrmann's Book, Insideout Coaching: How Sports can Transform Lives

FOOD RESOURCES - Second Harvest Food Distribution dates at Connections in Webster from 11am-4pm

- January 4 & 18
- February 1 & 15
- March 1 & 15

Children's books will be given to families on food distribution days also!

Free bread available at Trinity Lutheran Church in Falun every Friday from 11am until the bread is gone.

Calendar

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JANUARY

- 1 **New Year's Day, UW-Extension Office Closed**
- 7 Jr Leaders' meeting, 1pm, Gov't Center Room 165
- 8 Siren Countywide Cloverbud Meeting, 6pm, Gov't Center
- 8 Music Contest Entry **DEADLINE**
- 8 **DEADLINE** to submit county trip ideas
- 9 Grantsburg Countywide Cloverbud Meeting, 6pm, Grantsburg
- 12-14 Winter Camp, Camp Crosswoods, Mason, WI
- 15 **Martin Luther King Jr Day**
- 27 Music Contest, 6 pm, Siren School
- 31 WI State Arts Teams application **DEADLINE. (page 4)**

FEBRUARY

- TBA Art Beat! Registration **DEADLINE**
- 4 **Super Bowl**
- 11 Jr Leaders' Meeting
- 12 Siren Countywide Cloverbud Meeting, 6pm, Gov't Center
- 12 Leaders' Association Meeting, 7pm, Gov't Center
- 12 Summer Intern Applications **DUE**
- 12 Project Grant Applications **DEADLINE**
- 13 Grantsburg Countywide Cloverbud Meeting, 6pm, G'burg Library
- 14 **Valentine's Day**
- 19 **Presidents' Day, UW-Extension Office Closed**

MARCH

- TBA Art Beat!, Upham Woods
- TBA Co-ops Yes! Youth Leadership Conference,
- TBA Summer Intern Interviews
- 11 Summer Camp Staff Applications **DUE**
- 11 **Daylight Savings Time starts**
- 11 Jr Leaders' Meeting
- 12 Siren Countywide Cloverbud Meeting, 6pm, Gov't Center
- 12 Leaders' Association Meeting, 7pm, Gov't Center
- 13 Grantsburg Countywide Cloverbud Meeting, 6pm, G'burg Library
- 15 Wisconsin 4-H Foundation scholarship application **DEADLINE (page 2)**
- 17 **St. Patrick's Day**

4-H News

WISCONSIN 4-H FOUNDATION SCHOLARSHIP

The Wisconsin 4-H Foundation will award more than \$10,000 in scholarships to outstanding Wisconsin students pursuing higher education in 2018. To be considered for financial support, applications must be received by the Wisconsin 4-H Foundation via email by **MARCH 15, 2018, 5:00 PM.**

Wisconsin 4-H Foundation scholarships are awarded to students based on demonstrated personal growth, development and leadership, academic performance and future educational goals.

To be eligible for Wisconsin 4-H Foundation scholarships, students must have been a Wisconsin 4-H member for at least one year; have a grade point average of at least 2.5 on a 4.0 scale, and be enrolled or planning to enroll at a university, college or technical school during the 2018-2019 academic school year.

All applications must adhere to the strict conventions outlined below. Any application that does not meet these requirements (including all document names) will not be considered. All documents must be sent as PDFs (preferred method) or Word Documents as attachments to one email. Any other cloud/internet shared documents will be NOT be accepted (such as Google Docs).

Application

1. Applications must be emailed to scholarships@wis4hfoundation.org.

Applications will consist of:

a. Résumé

- i. Applicant's name and contact information (including county where the applicant is/was a 4-Her) at the top of the page
- ii. Not to exceed one page
- iii. No less than 3/4-inch margins and using type no smaller than 10 points
- iv. Suggested résumé headings include: Career Goals, School Experience, Work Experience, 4-H Experience, Leadership Experience, Activities

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Outside of 4-H

- v. Include probable school choice and major on your résumé
- vi. Résumés must be submitted as a PDF (preferred) or Word Document, and must be named Applicant Last Name Résumé (example: Smith Résumé) and attached to the email.

b. Cover Letter

- i. Applicant's name and contact information (including county where the applicant is/was a 4-Her) at the top of the page
- ii. Not to exceed one page
- iii. No less than 3/4-inch margins and using type no smaller than 10 points
- iv. Cover letters should include information relevant to the application, including how 4-H made an impact and how skills learned in 4-H will be used in the future. The strongest cover letters expand on information on the résumé; they don't repeat the same information.
- v. Cover letters must be submitted as a PDF (preferred) or Word Document, and must be named Applicant Last Name Cover Letter (example: Smith Cover Letter) and attached to the email.

c. List of 4-H projects in which the applicant participated

- i. Applicant's name and contact information (including county where the applicant is/was a 4-Her) at the top of the page
- ii. Not to exceed one page
- iii. No less than 3/4-inch margins and using type no smaller than 10 points
- iv. The project list should be in order of importance to the 4-Her, with the most important projects at the top of the list. This does not need to be a complete list of every project ever taken by the 4-Her.
- v. Project list must be submitted as a PDF (preferred) or Word Document, and must be named Applicant Last Name Project List (example: Smith Project List) and attached to the email.

d. One recent photo of the applicant preferably at a 4-H event or working on a 4-H**project**

- i. Photo must be 5" x 7" or less and may be snapshots or professional photos
- ii. Photo should be clear and, while other people may be in the photo, the applicant must be prominent
- iii. Photo must be submitted electronically and titled Applicant Last Name Photo (example: Smith Photo) and attached to the email.
- iv. Photo may be used for promotional purposes

Résumés and cover letters with extreme quantities of text will be disqualified – documents with the most words will not receive preference! Résumés, cover letters, project lists (a total of three pages) and one photo must be received by the Wisconsin 4-H Foundation via a single email on or before March 15, 2018, 5:00 pm.

Applications received after this time (as time stamped in the email), and any USPS mailed applications will not be considered. **Apply early to avoid any confusion.**

Selection Process

A panel of experienced youth advisors will screen the applications and select finalists. Applications chosen as finalists will be screened by a second panel comprised of 4-H and youth development experts. The finalist applications will be ranked. The 4-H Foundation will assign available scholarships to the top-ranking applications based on scholarship criteria (example: scholarships are available for specific geographical areas and project areas).

Notification

Applicants who are awarded scholarships will be notified by postal letter in May. This letter will include information about how to access the scholarship. Scholarship awardees are required to send a thank-you note to the scholarship sponsor. Scholarship recipients and portions of their application materials (including their photo) may be featured in Wisconsin 4-H Foundation materials.

Questions?

Call or email the Wisconsin 4-H Foundation at 608.262.1597 or info@Wis4HFoundation.org

HELP THE HUMANE SOCIETY! The Humane Society of Burnett County contacted the office to see if any 4-H clubs or individual members would be interested in helping them crush aluminum

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cans for their ongoing fundraiser. They have a can crusher but need the people to stand there and crush each can. If you're interested, contact Peggy Tolbert at 715-222-9375 to set up a time during public hours. The HSBC is open Tu-Fri noon-5p.m. and Sat 11a.m.-3p.m. This could be an ongoing community service opportunity for a club or individual depending on how many bags of aluminum cans get donated. You can also donate your empty aluminum cans.



PROJECT GRANTS are to help achieve 4-H goals in the project area designated by the grant. A 4-H member may receive each grant only once in their 4-H career. Grants may be applied for with the form on page 10 of this *Bugle*, or online, which is posted along with the guidelines, at <http://burnett.uwex.edu/4-h-youth-development/for-members/member-forms/#ProjectGrants>. Grant applications are **DUE** February 12 at the Leaders' Meeting.

OFFICE HOURS - Burnett County UW-Extension Office hours are M-W 8:30a.m.-4:30p.m., open with support staff, and Th-F, by appointment with educators.

BUGLE DEADLINE The deadline to submit all *Bugle* articles, news, photos, etc. will be the 20th of the month. Please drop your items off at the office or email either Beth. Anything received after the 20th will go in the following month's *Bugle*.

Arts & Communication

2018 STATE COMMUNICATION ARTS TEAMS
Applications and information are available now!

Attention all youth grades 9-13...
Do you love the ARTS? Are you interested in further developing your artistic talents and your leadership skills? If you said yes to the above questions...then consider applying to participate in one of our WI 4-H State Arts Teams in 2018! The Wisconsin 4-H Art Team, 4-H

Communications Team, and 4-H Drama Company can all be applied for on-line at: <http://wi.4honline.com>. Application **DEADLINE** is January 31, 2018.

Our WI 4-H State Art Teams create a supportive and positive environment for youth leaders to gain confidence, develop valuable life skills and cultivate friendships and relationships with positive adults to last a lifetime! Consider applying today.

Adult Advisors are also needed to support the positive development of our youth leaders. If you are a Volunteer Leader interested in the arts, consider applying today in 4HOnline under "Events."

Team Descriptions, Adult Advisor Information, Photos, Video and Timelines can all be found on our website at <http://fyi.uwex.edu/wi4harts/state-art-groups/>.

The on-line application and additional application materials (see each teams' requirements) are **DUE** January 31, 2018. Please feel free to call or e-mail Amber Rehberg, WI 4-H Educational Programs Specialist, at 608.262.1557 or amber.rehberg@ces.uwex.edu with any questions or for more information.

CREX PHOTO CLUB meets the second Saturday of the month, 10am - noon at Crex Meadows Wildlife Area. Learn more about digital photography. Share images with fellow photographers to learn new techniques. Contact Crex Meadows Wildlife Area at 715-463-2739 or www.crexmeadows.org.

INVESTIGATE Arts & Communication projects at <http://fyi.uwex.edu/wi4hprojects/arts-communication/>.

Younger Members

DECEMBER PROJECT MEETING: Burnett County 4-H Cloverbud project members gathered in Siren on December 11th and in Grantsburg on December 12th. Cloverbuds learned how to make molten lava cakes in the microwave using store-bought cake mixes as the base. They then mixed up a batch together and learned how to measure 3 tablespoons into each gift bag.

Generosity is one of the four Essential Elements of Positive Youth Development. Encouraging youth to share generously can also

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Siren and Grantsburg Cloverbuds learned about measuring and generosity at their December meetings. They made molten lava cake and put together mixes for gift giving.



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teach them to value things that are given to them. It also develops the skill of empathy as they explore that someone else may enjoy a fun snack as much as they do. The Cloverbuds were encouraged to give away at least one of the gift baggies of Molten Lava Cake mix to someone.

A big thank you to Grace Lahners, 4-H Jr. Leader, who led the group in Siren and Lauri Nelson and McKenzie Johnson, adult leader and youth leader in Jolly H's 4-H club, who led the group in Grantsburg.

UPCOMING CLOVERBUD MEETINGS:

Paper Bag Pets with Beth Rank and Helena Wagner on:

- Monday, January 8: Siren Countywide Cloverbud Meeting, 6pm, Gov't Center
 - Tuesday, January 9: Grantsburg Countywide Cloverbud Meeting, 6pm, Grantsburg Library.
- You may attend either meeting or do the project at home.

INVESTIGATE the Cloverbud project at <http://fyi.uwex.edu/wi4hcloverbuds/>.

Youth Leadership

PURPOSE: Burnett County 4-H Junior Leaders' group is open to all youth who are in 6th grade or higher. This group is comprised of youth from all 4-H clubs in Burnett County. It provides a platform to discuss and participate in youth leadership activities appropriate for older youth.

BURNETT COUNTY 4-H JUNIOR LEADERS

MEETING MINUTES: Burnett County 4-H Junior Leaders met on Sunday, December 10, 2017 at 1:00 p.m. in the Burnett County Government Center. Leadership positions were appointed via lottery. Maiya Fuller led the meeting and Grace Lahners took notes.

Members present: Joel Hillman, Grace Lahners, Luke Lahners, Dominic St. John, Maiya Fuller, and Adin Treague.

Following introductions, Beth Rank coordinated The Great Candy Pass icebreaker.

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Maiya Fuller and Mandy Close represented Burnett County 4-H at the National 4-H Congress in November.

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Everyone picked three pieces of candy to put in front of their place at the table. If anyone answered "yes" to any of the questions Beth asked, he/she had to pass one piece of candy to the person to their right. The game ended with everyone learning something new about the other participants and they got a few pieces of candy (even if they didn't have any left in their own stash).

Pledges were then recited and Maiya read the minutes from the November 12, 2017 meeting.

Old Business:

- A discussion was held about the Bake Sale that was held on December 3rd during Christmas at the Forts. Thank you to everyone who contributed in some way. The group decided to table the discussion until September 2018 but was in agreement that they would be interested in having a bake sale at the Forts again.
- Members finished voting for their top two favorite recreation activities to do during this 4-H year. Adin Treague totaled the votes. The top three activities are:
 - Trampoline park (anytime)
 - Skiing/tubing at Trollhaugen (winter)
 - Water Park like Wild Mountain (summer)

New Business:

Because we need to get planning the skiing/tubing soon, Grace Lahners agreed to contact Trollhaugen to check prices and discount days.

Maiya adjourned the meeting.

Education: As a group the six Jr. Leaders present discussed potential changes to make it easier to enter Youth Leadership project items in the county fair. We reviewed Department 33- Youth Leadership for suggestions. Some main suggestions involved changing "poster" to "display/exhibit" to be more open to other possibilities instead of making exhibitors create a poster. The frustration is that the poster is judged on how well the poster is created and not always on the actual learning that is displayed on the poster. The other suggestion is to add a lot 17 Display Defining Expectations of a Youth Leader. These suggestions will be shared with the Fair Book committee in January or February, whenever they meet.

INVESTIGATE the Youth Leadership project at <http://fyi.uwex.edu/wi4hprojects/community-involvement/youth-leadership/>.

Club News

On 11/25/17, **WOOD CREEK 4-H CLUB** caroled at Siren's tree lighting ceremony at Veteran's Park, and at Lilac Grove apartments and Capes Assisted Living facility. Each 4-H member brought three homemade cards which were hung on each resident's door.

- Hannah Hillman and Nick Webster,
Heart officers

Wood Creek Club rang the Salvation Army bell at Fourwinds Market.





Wood River Beavers 4-H Club
caroled at Continuing Care
Center in Grantsburg.

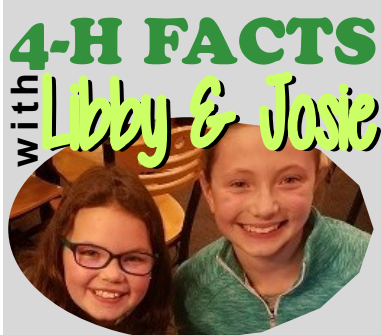




Wood Creek 4-H Club caroled at Siren's tree lighting ceremony at Veteran's Park, and at Lilac Grove apartments and Capes Assisted Living facility.



According to the Alpha Phi Omega 4H Fact Sheet, the 4-H organization began in the States in the early 1900s. The 4-H idea of reasonable and hands-on learning came from wanting to make public school learning more connected to country living. Early programs combined public and personal information for the purpose of helping rural youth. Through this effort to educate youth, it was found that new agricultural methods should be shared with grown ups. In 1914, when the United States Congress created the Cooperative Extension Service, 4H-type clubs that involved boys and girls and were related to agriculture were allowed to participate.





Burnett County 4-H Project/Camp Grant Application Form 2017-2018

Nancy Carlson Memorial Grant <input type="checkbox"/> (9 and 10 years old)	Claire Erickson Memorial Grant <input type="checkbox"/> (horse or horseless)	Bessie Peterson Memorial Grant <input type="checkbox"/> (11 to 14 years old)	Maxine Stone Memorial Grant <input type="checkbox"/> (gardening/agriculture)
Art Beat! Camp Grant <input type="checkbox"/> (Grades 3-5)		Arts Camp Camp Grant <input type="checkbox"/> (Grades 6-8)	

Name: _____ Birthdate: _____

Your Club: _____ Grade: _____

Have you achieved in your project work the last two years? ☐ Yes ☐ No

(Above question applies to applicants of the Bessie Peterson Grant.)

Explain what you will do with the grant money and your project results.

Why did you choose this project?

Your Parent's (or Guardian's) Signature: _____

Your Signature

Date

**Application DEADLINE is February 12, 2018 at the Leaders' Meeting or before Feb. 12 to:
UW-Extension Burnett County, 7410 County Rd. K #107, Siren, WI 54872.**

You may apply for more than one grant. If applying for more than one grant, submit a form for each.

Creating a Welcoming 4-H Environment

Does your club create a welcoming environment for new members? Use this checklist to think about whether you do or not, and how you might improve club meetings.

Does your club do the following things to welcome new members and keep meetings efficient and fun?

- ☐ Get to know you activities and icebreakers?
- ☐ Introduce new members to the group and giving them a chance to meet all of the current members?
- ☐ Pair new members with current members to provide a mentorship for the first year?
- ☐ Provide an agenda for all people participating in the meeting?
- ☐ Stick to a consistent meeting schedule?
- ☐ Stay on topic during the meeting?
- ☐ Discuss as a group what the best communication method is for everyone to be included? For example, some clubs have a Facebook page, some email, some call, or use [remind.com](https://www.remind.com).
- ☐ Have an educational and fun activity after the business portion of the meeting?
- ☐ Have a healthy snack for the meeting?
- ☐ Sing Happy Birthday to members born in the month you are meeting?
- ☐ Have a theme for each meeting to involve everyone?
- ☐ Have project demonstrations to show other members what they could do in a project?

Note: You do not need to include all of these things in your meetings, but if you can set a goal to slowly work on adding them each year, it will be very beneficial to your members and help retention. Also remember that these things should not all be organized by one person; everyone in the club should help to make them happen!



INFORMATION FOR NEW FAMILIES

The Burnett County UW-Extension website is loaded with information to guide families through 4-H. Please share this information with new families. Re-enrolling families might not be aware of all these resources either!

- **PROJECT GUIDE** - The 2017-2018 Burnett County 4-H Project Guide may be found on the For Members page under 4-H Youth Development. The link is <https://counties.uwex.edu/burnett/files/2017/09/Burnett-County-4-H-2017-2018-Project-Guide.pdf>.
- **ENROLLMENT HELP** can be found in several links on the 4-H Support page. The link to that page, which includes Enrolling as a New Family, How to Re-Enroll, Club Manager Guide, and a link to 4HOnline, is <https://burnett.uwex.edu/4-h-youth-development/4-h-support/>.
- **AWARD GUIDELINES** are also on the site on their own page, Youth Award Guidelines, under 4-H Youth Development/For Members. That link is <https://burnett.uwex.edu/4-h-youth-development/for-members/youth-award-guidelines/>.
- **COMMUNITY CLUBS** are also located under the 4-H Youth Development tab. Contact information for each club as well as club location are included.



Burnett County Extension Office
7410 County Road K, #107
Siren, WI 54872

Burnett County 4-H Bugle



Northwest District Office

Phone: (715) 232-5477

Julie Keown-Bomar, Regional Director

Nicholas Huston, Program Assistant

Stacey Evans, Program Assistant

Spooner Agricultural Research Station

Phone: (800) 528-1914

Kevin Schoessow, Area Ag Agent

Burnett County

Government Center

Phone: (715) 349-2151

Fax: (715) 349-2102

Email: beth.rank@ces.uwex.edu

Website: www.burnett.uwex.edu/4h

Lori Baltusis, Area Extension Director

Beth Rank, 4-H/Youth and Family Development Educator

Mike Kormann, Community Development Educator

Julie Yezek, Nutrition Education Program

Beth Greiff, Support Staff

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Burnett County 4-H Leaders Association Executive Committee
Phil Stiemann: President, Don Strabel: Vice President,
Adrienne Fuller: Secretary, Karin Reinert: Treasurer