

November 2014

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A Note from the Agent -



A Time For Thankfulness

The last quarter of the year always seems to increase our emphasis on family, traditions and celebrations. One way to embrace the warmth of the season and cement memories is by creating conversation about these important topics using the word "thankfulness" as the catalyst.

Why would we want to be thankful for our family? Perhaps even how we define our "family" is a topic to start the thankfulness discussion. Is there a tradition from your childhood or current family happenings that you are truly thankful for? Have you shared this tradition with your children or friends? Below are some ways to start the conversation using the art of questioning.

Family

Are you and your family spending quality time together? Do you eat dinner together at the table? Are electronics allowed during the meal? If your family is anything like mine, the answer could be yes and sometimes no.

The two questions the majority of youth get asked after their school day are, 1) "How was your day?", and 2) "What did you have for lunch?". The response usually varies from "fine" to "stuff", depending on the age of the children living in your household.

Why not try asking questions that evoke thankfulness? "What was the best part of your day?" "What new thing did you learn today?" "What were you thankful for today?" Asking open ended questions prohibits single word answers, and encourages youth to stop, reflect and be thankful.

(Continued on page 3)

NOVEMBER ZOTA

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2 Daylight Sav- ings Time Ends	3	4 Election Day	5	6	7	8
Leaders' Banquet, 6:30pm, Cozy Kitchen. Includes Leaders' and Jr Leaders' Meet- ings		VOTE				
9	10 County Cloverbud Meeting, 5:30pm-6:30pm,	11 Veterans	12	13	14	15 4-H Hall of Fame, Chula Vista
	Gov't Center	Day			Fall Forum	
Fall Forum	17	18	19	20 Countywide LEGO Project, 4:45pm - 5:45pm, Gov't Center	21	22
23	24	25	26	Happy Thanksgiving	28	29
					National 4	-H Congress ———
National 4-I	H Congress ———	-				

DECEMBER 2014

Sun	Mon	TUE	WED	Тни	FRI	SAT
	1 National 4-I	2 H Congress	3	4	5	6
7	8	9	10 Human Rights Day	11	12	13
14	15	16 First Day of Hanukkah	17	18 Countywide LEGO Project, 4:45pm - 5:45pm, Gov't Center	19	20
21 Winter Solstice	22	23	24	25 Christmas	26 First Day of Kwanzaa	27
28	29	30	31 New Year's Eve			

(Continued from page 1)

Traditions

Inevitably, there are food items on the family's holiday table that are exclusive to the family's history. Try asking such questions as, "Where did this dish come from?", or, "Is there a secret ingredient in your recipe?".

My family loved my grandmother's apple pie. I was recently gifted pie plates, her pie crust recipe and the expectation that I take on the pie making tradition since grandma passed away. I feel a great burden to make pies as good as grandma did but I also realize that she had many, many more years of practice than I. Though I will probably make at least one pie using grandma's recipe, my adventurous cooking side may also make at least one variation of the traditional apple pie.

Celebrations

Does your family decorate the house a certain way for the holiday season? Have you ever

wondered why you decorate the way you do? A simple way to start a family conversation is to ask, "What is the one special event during the holiday season you cherish the most?" The highlight for many youth during the holiday season are may involve gifts from far away relatives. Hold onto the traditional celebrations, but challenge your family to establish new ones. Why not ask your child what they think would be a new way to celebrate?

Questions lead to discussion, which creates communication between all ages in the household. Starting small, with everyday questions, can help ease those harder discussions that are sure to come at some point in time.

The topic of thankfulness provides an easy way to start the conversation. To be thankful for family, traditions or celebrations opens the door for many hours of why, what, whom and where for the whole family to answer, which builds a strong and lasting bond.

Article adapted from original article written by Tara Markley, 4-H/Youth Development agent Johnson County, Kansas



4-H News

DATES TO REMEMBER

November

- 2 Leaders' Banquet,6:30pm, Cozy Kitchen,Grantsburg
- 14-16 Fall Forum and Centennial Celebration. Chula Vista, WI Dells
- 28- Dec. 2 National 4-H Congress, Atlanta, GA

2014-2015 4-H ENROLLMENT

Enrollment for the new 4-H year is going well! Burnett County has 65 youth and 24 adult volunteers registered. Some of you are missing though so please go to https://wi.4honline.com today and enroll. Instructions for families to re-enroll are on the site

but if you have any problems,

the office is happy to help.

NOTE:

If you enrolled last year, **DO NOT** create a new profile. Follow the link on the front page of 4HOnline for re-enrolling directions. If you don't remember your password, click on the "I forgot my password" choice or contact the office and we can reset your password for you.





4-H News

WINDOW DISPLAY CONTEST

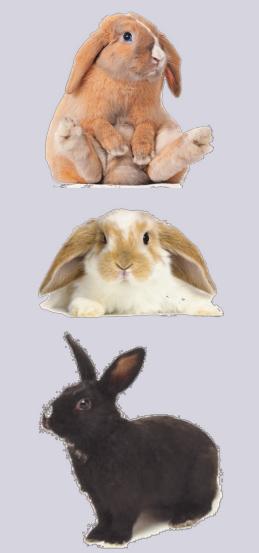
Orange, Wood Creek, and Wood River Beavers Clubs participated in the annual Window Display Contest during 4-H week. Good work everyone!





RABBIT HUTCH AVAILABLE

Looking for a rabbit hutch? A county 4-H family has one available that will house 2-3 rabbits with removable dividers. The floor will need to be replaced but it is easy to do. The hutch has been kept in a lean-to. The cost? FREE! Contact the Extension office for more information.





4-H News

WELCOME NEW MEMBERS

First of all, WELCOME! Everyone in your clubs and in Burnett County 4-H is glad you're here.

With all the new terms, processes, and procedures you may be feeling like you don't have a clue what was happening. Do you feel like everyone, but you, knows what's going on?

The purpose of this article is to help answer some of your questions. Your county 4-H educa-

tor is Beth Rank, who grew up in 4-H in Washburn County and worked there as an interim 4-H educator before she completed her masters degree. Her phone is 715-349-2151, ext. 3. Her email is beth.rank@ces.uwex.edu.



Other county contacts are:

Jolly H 4-H Club (Grantsburg) General Leader:

Lauri Nelson: 715-491-4311

Orange 4-H Club (Webster) General Leader:

Amy Kopecky: 715-866-4529

Wood Creek 4-H Club (Siren) General Leader:

Marge Peterson: 715-349-2844

Wood River Beavers 4-H Club (Grantsburg) General Leaders:

ai Leaueis.

Sally Lahners: 715-689-3278 Heather Stahl: 715-566-0273

4-H Leaders' Association President:

Phil Stiemann: 715-653-4140

UW-Extension Burnett County: 715-349-2151

Much of what you will need to know is on the county UW-Extension website. Take a few minutes to explore the pages under the 4-H tab

at the top of the home page:

http://burnett.uwex.edu/. You will find information about 4-H in general, seasonal events, club contact information, youth opportunities such as Junior Leaders, events, award trips, and record books, parents and adult leader information, an archive of these newsletters, and helpful links.

Some of those links are:

- https://wi.4honline.com where you control your enrollment information and club leaders may access their club's enrollment information.
- http://www.uwex.edu/ces/4h/ is the Wisconsin 4-H site with information about all the state opportunities that all Wisconsin 4-Hers are eligible for, calendar of events, 4-H project information, project publications, and much more. This is an important site to become familiar with.
- http://www.4-h.org/ is the national 4-H site with links to everything 4-H, including 4-H Around the World.
- And last but certainly not least, join Burnett
 County 4-H on Facebook at
 https://www.facebook.com/BurnettCounty4H.
 It is a good idea to follow this page if you are a Facebook user because we post updates and photos and program changes.

Finally, ask questions! No one knows what you don't know but you. Call your club leader, call the office, and talk to families who've been around the 4-H block a few times. Everyone will be happy to help you! Everyone wants your time in 4-H to be successful, fun, and full of personal development.



4-H News

WISCONSIN 4-H CENTENNIAL

Wisconsin 4-H turns 100 years old in 2014! For news and ideas of how to celebrate check out the Wisconsin 4-H Centennial website at http://blogs.ces.uwex.edu/4hcentennial/2013/11/06/100-waysto-celebrate-the-wisconsin-4-h-centennial/...

CENTENNIAL CELEBRATION IDEAS

1. Host a 4-H heritage day where old projects, brochures, newsletters and etc., are brought in for display

2. Sponsor a 4-H radio trivia contest with your local radio station

3. Include centennial information or fun facts about 4-H in your county in newsletters, on county websites and social media outlets

4. Hold a fun competition [hula hoop, juggling, etc.,] where contestants have to do 100 turns, 100 seconds, or similar without making mistakes. Award prizes

5. Invite 4-H ambassadors to hand out clover stickers at the county fair, every 100th recipient wins a prize

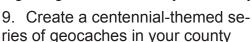
6. Organize a supply drive for local schools: gather 100 items such as mittens, hats, personal sized Kleenex, notebooks, pencils, or crayons, etc.

100 Years of Growing WISCONSIN LEADERS:

booth at your county fair

8. Create a drama event celebrat-**4-H YOUTH DEVELOPMENT** ing the growth of 4-H in your county

7. Organize a clover face-painting



10. Paint a 4-H mural in your com-

11. Plant a centennial garden and donate produce to the local food pantry



DATES TO REMEMBER

November

 Crex Photo Club, 10amnoon. (Crex Meadows Wildlife Area)

December

16 - Crex Photo Club, 10amnoon. (Crex Meadows Wildlife Area)

CREX PHOTO CLUB

Second Saturday of the month, 10am - noon at Crex Meadows Wildlife Area.

Learn more about digital photography with the Crex Photo Club. Share images taken at Crex Meadows WA and the surrounding area with fellow photographers to learn new techniques.



Contact Crex Meadows Wildlife Area: 715-463-2739, www.crexmeadows.org, kristina.pupak@wisconsin.gov



Lori Baltrusis, AKA Squirt the Clown, Sawyer County Family Living Agent, is willing to be a clowning resource for youth interested in the clowning project. She led a very interesting and fun session at the Fall Project Day about clowning. Contact her at 715-416-0301.



FALL PROJECT DAY

On October 4th, twenty-nine kids from Kindergarten through 9th grade had fun at Siren School learning about eleven different projects that included infinity scarves, games, cookies, small animals, clowning, Legos, paper airplanes, crocheting, cardmaking, scrapbooking, and promotional posters. Thank you to all the presenters who shared their time and interests, to all the kids who brought their enthusiasm, and to all the parents who gave up a Saturday afternoon and supported their kids being there. It was a great, high energy, fun day!



FALL PROJECT DAY





DATES TO REMEMBER

November

- 2 Western Wisc Assoc of Rocketry Meeting, Grantsburg Airport, contact Craig Bowman (715-463-2684 or 715-220-6459)
- 20 County-wide LEGO Project Meeting, 4:45 5:45pm. (Government Center)

December

- 7 Western Wisc Assoc of Rocketry Meeting, Grantsburg Airport, contact Craig Bowman (715-463-2684 or 715-220-6459)
- 18 County-wide LEGO Project Meeting, 4:45 5:45pm. (Government Center)

LEGO PROJECT

At the October 23rd meeting, Lego engineers constructed individual Halloween costumes and group fall scenes with new Legos do-



EDUL WEATHER

If area schools are closed early or for a full day due to weather, Lego project meetings are canceled. Lego meetings will still be held on late start days.



Younger Members



The next Cloverbud Meeting

will be held on Monday, November 10th from 6:00pm - 6:45pm in the Burnett County Government Center, Room 165.

October Cloverbuds made pumpkins! In November, we will learn about making motions in meetings while creating our snack.







Youth Leadership

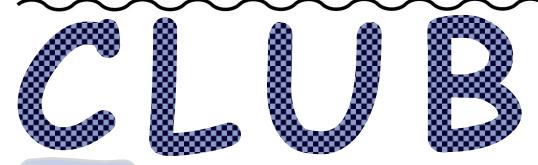
DATES TO REMEMBER

November

2 - Junior Leader's monthly meeting will coincide with the Leaders' Banquet at Cozy Kitchen, Grantsburg at 6:30pm Looking for volunteer opportunities? Check out http://volunteer.truist.com/w
evol/volunteer/ to connect with Marshfield Clinic, Serve Wisconsin, and Volunteer Centers and find current listings. You can help your community!







Wood River Beavers participated in this year's annual Grantoberfest. Activities provided included fingerprint Indian corn, rainbow rice, and Legos. We had a great time promoting 4-H.













Leaders' Pages

LEADERS' ASSOCIATION MINUTES

October 13, 2014

President Phil Stiemann called the meeting to order at 7:10 pm. The pledges were recited. Members present: Philip Stiemann, Sheryl Stiemann, Heather Stahl, Brian Webster, Marge Peterson, Adrienne Fuller, Beth Johnson, Dave Close, Charlene Strabel, Don Strabel, Amy Thiex, Lauri Nelson, Sally Lahners, Amy Kopecky.

Junior Leaders present were: Emily Stiemann, Allie Webster, Jordan Webster, Maiya Fuller, Ricky Stahl.

Motion by Marge to approve Secretary's report as printed. Second by Adrienne. Motion carried. reasurer's report was given. Motion by Phil to approve Treasurer's report and pay bills. Second by Marge. Motion carried.

Club reports:

- Jolly Hs: They had a hayride, without any rain; 11 new kids have joined the club.
- Orange: They had a potluck in September; some new members have joined; they worked on a window display; they will be offering enrollment help for new and current members at the Webster Library the next few Saturdays.
- Wood Creek: They had a meeting and elected officers; they are hosting an open house this week, and having a meeting and pizza party before attending Achievement Night; they are writing the last of the monthly newspaper articles to the editor this month.
- Wood River Beavers: They recently had a meeting and elected new officers; they gained some new members through their promotion at Grantoberfest, which was very successful.

Extension: The office is busy with Achievement Night readiness; enrollments seem to be coming in steadily; platbook sales are remaining pretty constant.

Old Business:

- Project Day—27 youth came—a good mix of 4-H and non-4-H youth as well as Burnett and Washburn county youth and adults.
- National 4-H Week---windows have been judged. Kevin S. was the judge. Many people forgot to put out signs in their yards. There is a paper clover campaign nationally with Tractor Supply—no one knows much about that.

New Business:

- Achievement Night—Saturday, October 18, 2014 at 6 pm—Siren auditorium---determined who would announce all the awards. All plaques may not be here in time.
- Leader's Banquet
 —November 2, 2014 at 6:30 pm
 —Cozy Kitchen—decided to have chicken and ham as meats. Motion by Phil, second by Amy K. to put the cost at \$5. The leaders will pay the remaining. RSVP to Charlene, if you did not do so at the meeting.
- Burnett County Award Guidelines were revised. The revisions were gone over by the group. Motion by Marge to accept these changes. Second by Charlene. Amy K noted that Appendix A needs to be taken out. Dave noted the ages of the Madison trip. It should be changed to "Grades 7-10 as of January 1 of the current 4H year." Motion passed with those change at this time. Beth will put the

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Leaders' Pages

(Continued from page 14)

changes out on the website.

- Review calendar of county wide events. .had a discussion regarding opening up some events to Washburn county.
- 4-H Promotion Events—Active Trails Passport Challenge event on Sunday, October 19th –let Beth know if interested in going and being a "point person" for information
- Fort Folle Avoine Christmas at the Fort--seeking middle school and older youth to help
 volunteer on December 6,7, or 13th. This would
 be a good opportunity for community service.

Junior Leader report: Finished camp video and worked on ice breakers.

Next meeting is the annual meeting and Leader's Banquet on November 2, 2014.

Meeting adjourned at 8:15 pm.

Sheryl Stiemann, Leaders' Association Secretary

LEADERS' BANQUET

The November Leaders' Association Meeting will take place at the annual Leaders' Banquet on Sunday, November 2, starting at 6:30pm at Cozy Kitchen, Grantsburg. All leaders and junior leaders are welcome. Mark your calendars!

CHARTERING 4-H CLUBS

All 4-H clubs, groups or committees that use the name and emblem must be chartered. The 4-H charter grants permission to that group to use the 4-H name and emblem and are then entitled to all the support and privileges that accompany it. The 4-H Youth Development staff person is your link to the county, state and national 4-H program, including its policies and guidelines. The Wisconsin 4-H charter and annual renewal process is key to ensuring your 4-H status is maintained. Charters are issued when a 4-H club, group or committee form and must be renewed annually.

LEADER LINKS

- I'm a 4-H Project Leader: Now What Do I Do?

 http://4h.uwex.edu/pubs/showdoc.cfm?d
 ocumentid=345
- Wisconsin 4-H Projects:
 http://4h.uwex.edu/onlinpro/allprojects.cf
 m
- Community Service and Service Learning Projects:
 http://4h.uwex.edu/pubs/showdoc.cfm?d
 ocumentid=22661
- 4-H Project Leader Training: multiple subjects linked to this page: http://4h.uwex.edu/clubs/volunteersproje ct.cfm



Burnett County Extension Office 7410 County Road K, #107 Siren, WI 54872

Official Business
Penalty for Private Use, \$300

Burnett County 4-H Bugle

Burnett County Government Center

Phone: (715) 349-2151 **Fax**: (715) 349-2102

Email: beth.rank@ces.uwex.edu
Website: www.burnett.uwex.edu/4h

Beth Rank, 4-H/Youth and Family Development Educator

Mike Kornmann, Comm. Development Educator

Julie Yezek, Nutrition Education Program

Beth Greiff, Support Staff

Northwest District Office

Phone: (715) 232-5477

Julie Keown-Bomar, Regional Director Michael Tvaruzka, Office Operations Associate Nicholas Huston, Program Assistant

Spooner Agricultural Research Station

Phone: (800) 528-1914

Kevin Schoessow, Area Ag Agent Richard (Otto) Wiegand, Area Ag Agent

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Burnett County 4-H Leaders Association Executive Committee

Phil Stiemann, President; Brian Webster, Vice President; Sheryl Stiemann, Secretary; Charlene Strabel, Treasurer